

CITY OF  
**PORTAGE**  
*A Place for Opportunities to Grow*

# **HUMAN SERVICES BOARD**

**October 6, 2011**



# CITY OF PORTAGE HUMAN SERVICES BOARD

## A G E N D A

Thursday, October 6, 2011

(6:30pm)

Conference Room #1

### APPROVAL OF MINUTES:

- \* August 4, 2011  
(September 1, 2011 – Not applicable, as there was not a quorum of the Board present)

### OLD BUSINESS:

- \* 1. Human Services Fair:
  - Summary of United Way forums and resources
  - Board discussion, event planning/preparation

### NEW BUSINESS:

- \* 1. Red Ribbon Week (October 22-30, 2011) activities – draft Proclamation and discussion
- 2. Metro Transit ADA Advisory Committee – update by Meulman

### STATEMENT OF CITIZENS:

### ADJOURNMENT:

### MATERIALS TRANSMITTED

Star (\*) indicates printed material within the agenda packet.



**CITY OF PORTAGE HUMAN SERVICES BOARD**  
Minutes of Meeting, August 4, 2011

 **DRAFT**

**CALL TO ORDER:** 6:30 p.m.

**MEMBERS PRESENT:** Pamela Gilchrist, Bill Lenehan, Angela Manahan Ilori, Elma (Pat) Maye, Marc Meulman, Nadeem Mirza, Sandra Sheppard

**MEMBERS EXCUSED:** Diane Durian

**MEMBERS ABSENT:** Genna Nichols, Kyle Huitt (Youth Advisory Committee Liaison)

**STAFF PRESENT:** Vicki Georgeau, Deputy Director of Neighborhood Services, Elizabeth Money, Neighborhood Program Specialist

**APPROVAL OF MINUTES:** August 4, 2011 minutes were approved as submitted 7-0.

**OLD BUSINESS:**

1. Human/Public Services Public Education – Community Forum – Board discussion: Meulman summarized the staff report included in the agenda and indicated that City Council is supportive of the proposed Human Services Fair, but requested additional event planning and details (as specified in the staff report included in the agenda) be accomplished prior to moving forward with the event. Meulman indicated the proposal, as presented to Council, was less focused on inviting the general public than staff from agencies and organizations that come into contact with persons in need, but that are not necessarily typical human service agencies. Discussion occurred as to the best method to promote the event to ensure successful attendance, including targeted mailings and promotion through the Portager and Portage Gazette. Mirza asked how the Board is defining a “successful” event. Meulman and staff indicated the event needs to provide meaningful information that includes documentation that attendees can take back to work, and that event attendance should far exceed the Board members, staff, and presenters in attendance. With regard to the actual event format or agenda, staff suggested the Board consult with the United Way and the Gryphon Place, which provides information and referral training each year in various areas of interest or service. Lenehan concurred with this suggestion, and recommended Portage human/public service grantees could also be in attendance to provide basic information regarding their services to Portage residents. In addition, Lenehan recommended that the United Way and/or the Gryphon Place be invited to the next Board meeting to provide an overview of the training the agencies may be able to provide during the Fair. Ilori recommended that Board keep the September 27<sup>th</sup> date for the Fair, but there was Board consensus that there was not enough time to effectively plan the event and keep that targeted date. Ilori inquired if the Portage Community Center was the best place to host the event, and also indicated there may be a problem with room capacity if attendance was significant. Meulman indicated that detail could be determined at a later date. Regardless of facility capacity, Sheppard recommended the Board coordinate the Fair with the assistance of the Portage Community Center, which is the primary human service agency in Portage. After further discussion, there was Board consensus that the United Way and/or Gryphon Place be invited to attend the next Board meeting. In addition, each Board member was requested by the Chair to prepare a list of potential invitees for the Fair.

**NEW BUSINESS:**

1. Metro Transit ADA Advisory Committee–Member report: Lenehan and Meulman reported they had both attended the most recent meeting of the ADA Advisory Committee, and that changes to the grocery shopping assistance program were discussed, and additional study would be ongoing to determine if the service can be expanded beyond groceries to larger quantities and size of purchased goods.

**STATEMENT OF CITIZENS:** None

**ADJOURNMENT:** There being no further business before the Board, the meeting was adjourned at 7:40 p.m.

Respectfully submitted,  
Vicki Georgeau, Deputy Director of Neighborhood Services



## CITY OF PORTAGE

## COMMUNICATION

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**TO:** Human Services Board

**DATE:** September 28, 2011

**FROM:** Vicki Georgeau, <sup>VG</sup> Director of Community Development

**SUBJECT:** Human Service Information and Referral Resources

To assist the Board with further review of the proposal to organize and host a Human Services Fair, the following information is provided that summarizes the existing human service information and referral resources presented by Peggy Gagen, Associate Director of Community Investment, Greater Kalamazoo United Way on September 1, 2011.

- 2-1-1 / HELP-Line: 24-hour help line that provides referrals to health and human services, crisis intervention/counseling, and volunteer opportunity information. This service is operated by the Gryphon Place in partnership with the United Way. Also available on the Gryphon Place web site is a 2-1-1 searchable database for service providers and consumers.
- Greater Kalamazoo United Way Service Maps: Maps or flow charts have been developed annually by the United Way to assist health and human service providers, planners and other funders better understand services provided in the community and funded by the United Way.
- Emergency Services Guide: This guide is also updated annually by the United Way and Gryphon Place to assist health and human service providers with directing consumers to appropriate resources for: Housing Assistance; Utility Assistance; Food Assistance; and Other Emergency Needs & Community Centers.
- Navigating Health Care Guide; Navigating Health Care Brochure, Youth Out of School Time Guide; Youth Mentoring Guide: Similar to the Emergency Services Guide, the United Way and Gryphon Place annually update additional resource information to assist service providers and consumers with health care services, youth development and youth mentoring resources.
- Annual Forums: The United Way facilitates four annual forums to provide updates regarding: 1) Energy Assistance; 2) Housing Assistance; 3) Medical/Dental Assistance; and 4) Food Assistance. These forums are open to service providers throughout the greater Kalamazoo area.
- Community Housing Information Center: A weekly "housing hour" is provided at Housing Resources Inc. and includes several agencies that provide information regarding housing assistance, human services, legal aid and health care assistance. The housing hour is open to service providers and consumers.

Information regarding the above resources are included in your agenda for reference, and further discussion during the October 6, 2011 Board meeting.



# 2-1-1<sup>★</sup>

Get Connected. Get Answers.



A service of Gryphon Place  
1104 South Westnedge  
Kalamazoo, MI 49008



# 2-1-1<sup>★</sup>

Get Connected. Get Answers.



**GIVE HELP | GET HELP**

**Thousands of programs. One call.**

*When you don't know where to turn...*

**DIAL 2-1-1 or 381-HELP**

**24 hours a day / 7 days a week**



# GIVE HELP | GET HELP

# Thousands of programs. One call.

Knowing you need help is one thing. Finding someone who can help you is another. In times of need, you can simply dial 2-1-1.



Whether it's day or night, a caring crisis specialist is ready to assist you in finding the help you need. Just one call will put you in touch with thousands of programs and hundreds of local agencies. You may also use the Gryphon Place website to access a database of agencies and programs that serve the community. [www.gryphon.org](http://www.gryphon.org) select "LOCAL RESOURCES"



Call the 2-1-1/HELP-Line:

- For referrals to health and human services
- During times of crisis
- For volunteer opportunities in the community

The 2-1-1/HELP-Line is a free service for people in Kalamazoo County. For more information, visit [www.gryphon.org](http://www.gryphon.org) or [www.kalamazoounitedway.org](http://www.kalamazoounitedway.org)



FOOD

SHELTER

UTILITIES

TRANSPORTATION

DOMESTIC VIOLENCE

HEALTH CARE

RENT/MORTGAGE ASSISTANCE

CHILD ABUSE/NEGLECT

SUBSTANCE ABUSE

SUICIDE

*are only some of the issues that may prompt a call*



*Get Connected. Get Answers.*



# GET HELP

# Greater Kalamazoo United Way 2010 Service Maps

## **Purpose**

The Greater Kalamazoo United Way has created service maps every other year since 2000 to help its funding teams understand the larger contexts into which GKUW-funded programs fit. The service maps have proven helpful to health and human service providers, planners and other funders. GKUW, working in partnership with Gryphon Place, is pleased to offer updated service maps for 2010.

## **Structure and Contents**

The GKUW Service Maps offer a snapshot of local services in the four key sectors or outcome areas in which GKUW invests. Maps of services in each area are categorized by outcome area, as well as in accordance with a national standard for information & referral, the Info-Line Taxonomy. Information & referral providers around the country—including 2-1-1 call centers—use the taxonomy. The common classification system makes service identification easier within and across different communities. Some labels include taxonomy codes.

### **Outcome Area**

#### **Physical and Mental Health**

### **Relevant Service Maps**

Coping with Illness (p. PMH 1)  
Mental Health Care & Counseling (pp. PMH 2-3)  
Substance Abuse & Addiction (p. PMH 4)  
Health Supportive Services (p. PMH 5)  
Health Screening and Diagnostic (p. PMH 6)  
Health Care Environmental Quality (p. PMH 7)  
Health Education (p. PMH 8)

#### **Strengthening Families & Youth**

Reproductive Health (p. PMH 9)  
Family Substitute Services (p. SFY 1)  
Family Support Services (p. SFY 2)  
Support Groups & Parenting (p. SFY 3)  
Youth Development (pp. SFY 4-5)  
Youth Support & Collaboration (p. SFY 6)

#### **Increasing Self-Sufficiency**

Emergency Food (p. ISS 1)  
Emergency Temporary Financial Aid (p. ISS 2)  
Emergency & Transitional Housing (p. ISS 3)  
Low Cost Housing Search & Info. (p. ISS 4)  
Home Improvement & Home Loans (p. ISS 5)  
Legal Assistance (p. ISS 6)  
Income Security, Employment (p. ISS 7)  
Employment Preparation (p. ISS 8)  
Specialized Employment & Training Programs (p. ISS 9)  
Employment: Persons with Disabilities (p. ISS 10)  
Income Sufficiency (p. ISS 11)  
Other Supportive Services (p. ISS 12)

#### **Strengthening Community**

Coping with Crisis (p. SC 1)  
Community Building (p. SC 2)

## **Acknowledgements**

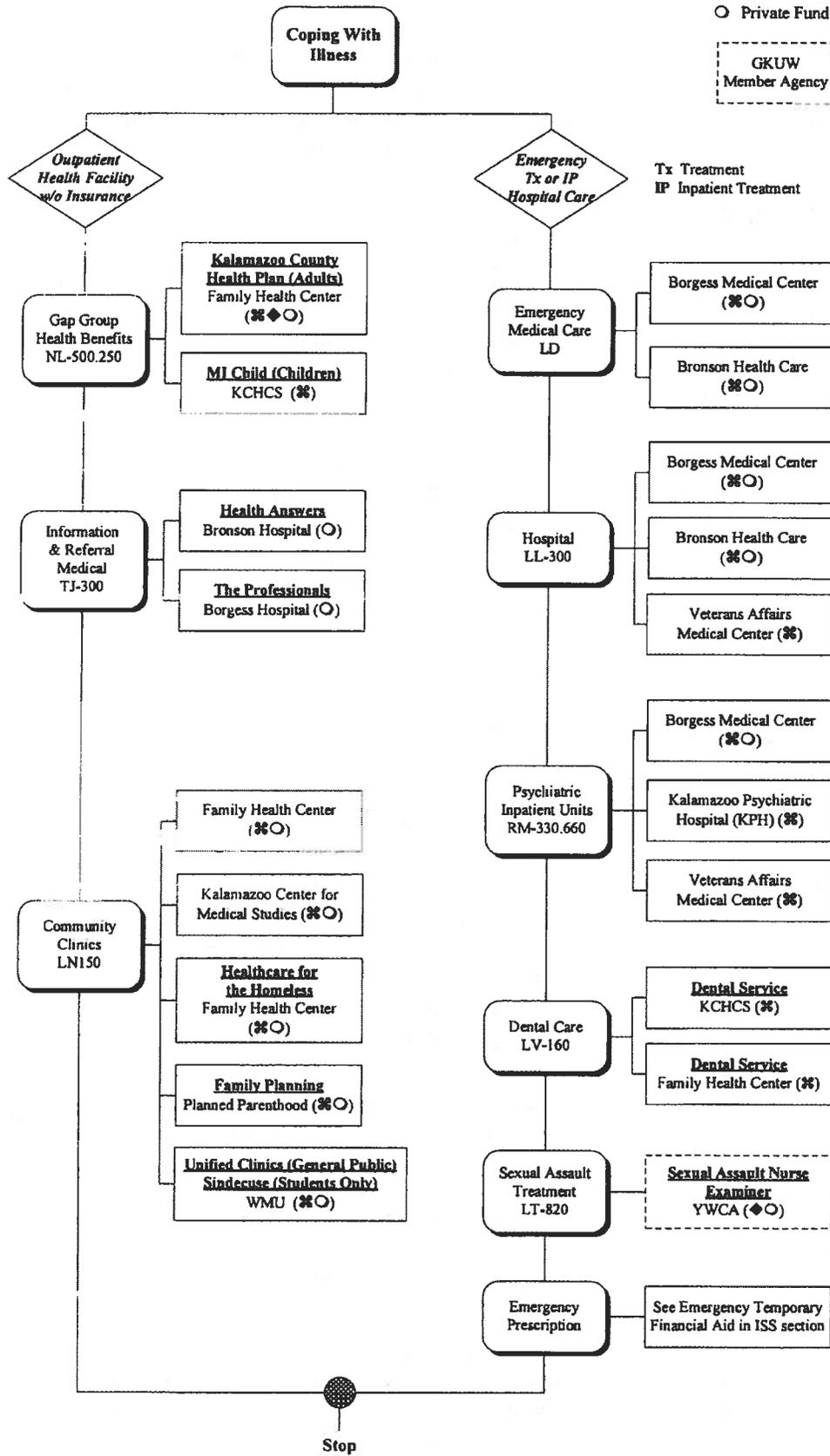
Thanks to service providers in each outcome area for providing updates to the Service Maps, and a special thanks to Gryphon Place for making the updates to the Service Maps.

For more information, please call 2-1-1 or check Local Resources at [www.gryphon.org](http://www.gryphon.org).

# Physical and Mental Health

- ⌘ Government Funding
- ◆ GKUW Funding
- Private Funding

GKUW  
Member Agency

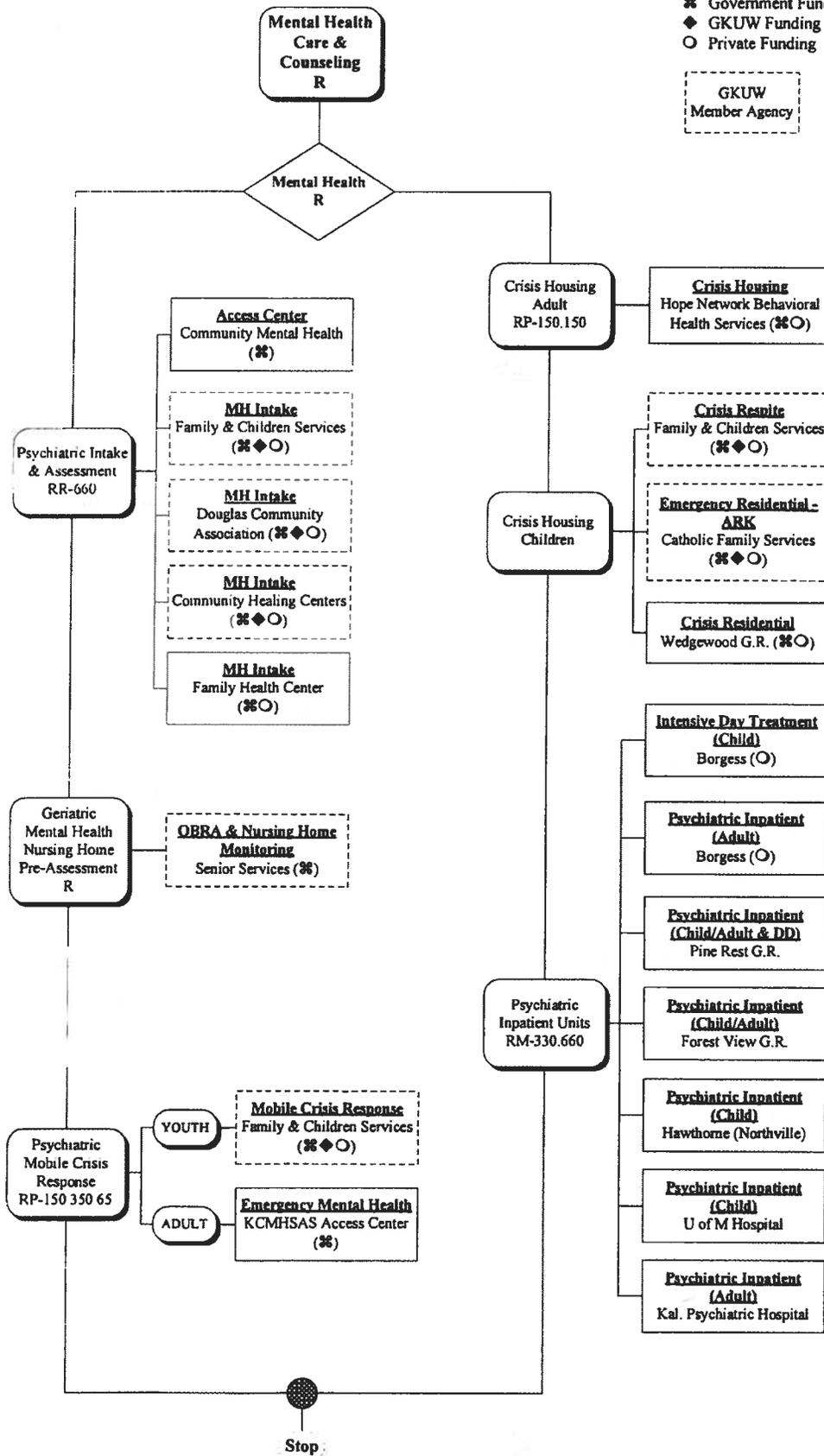


Tx Treatment  
IP Inpatient Treatment

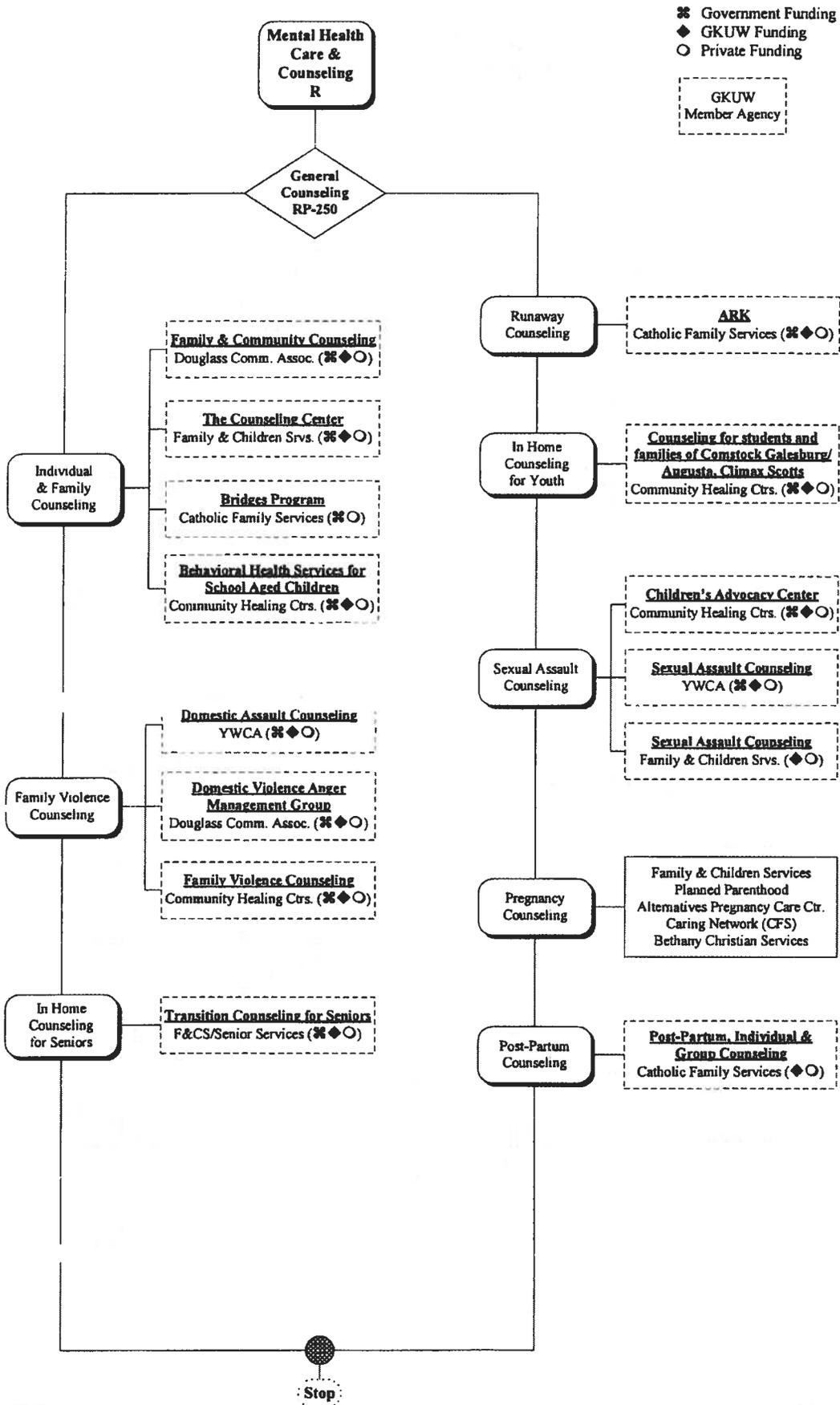
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Member Agency



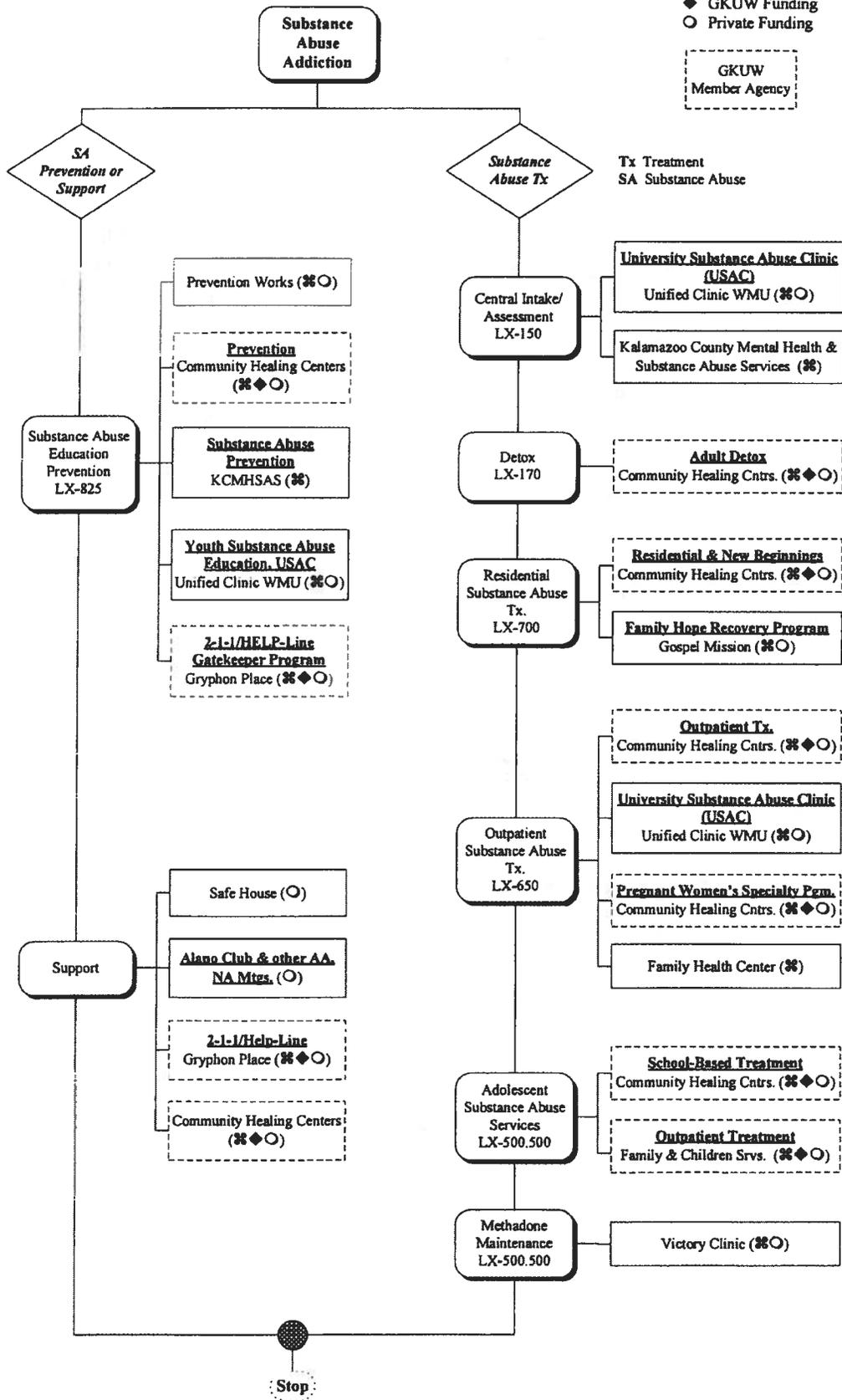
# Physical and Mental Health



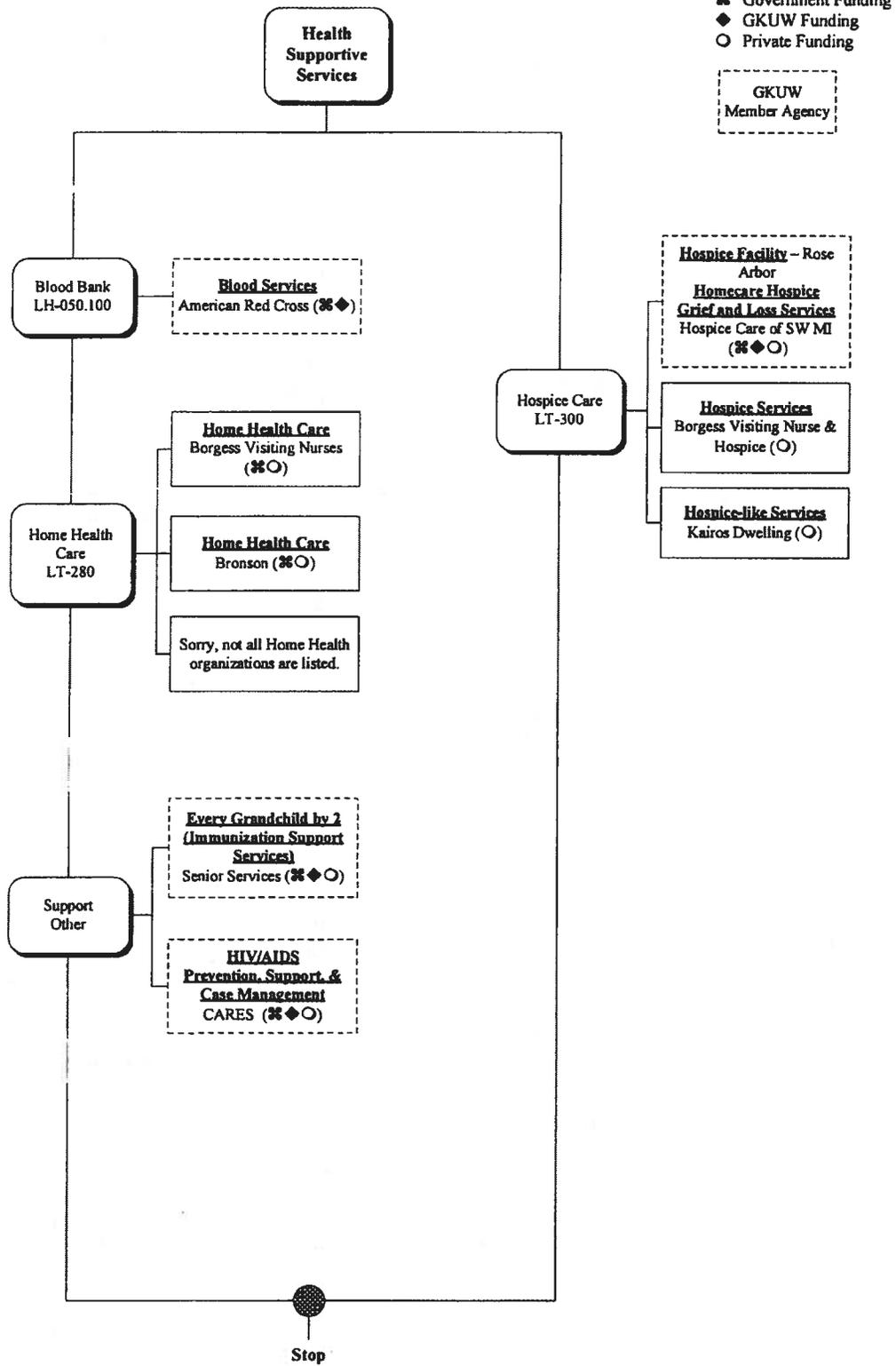
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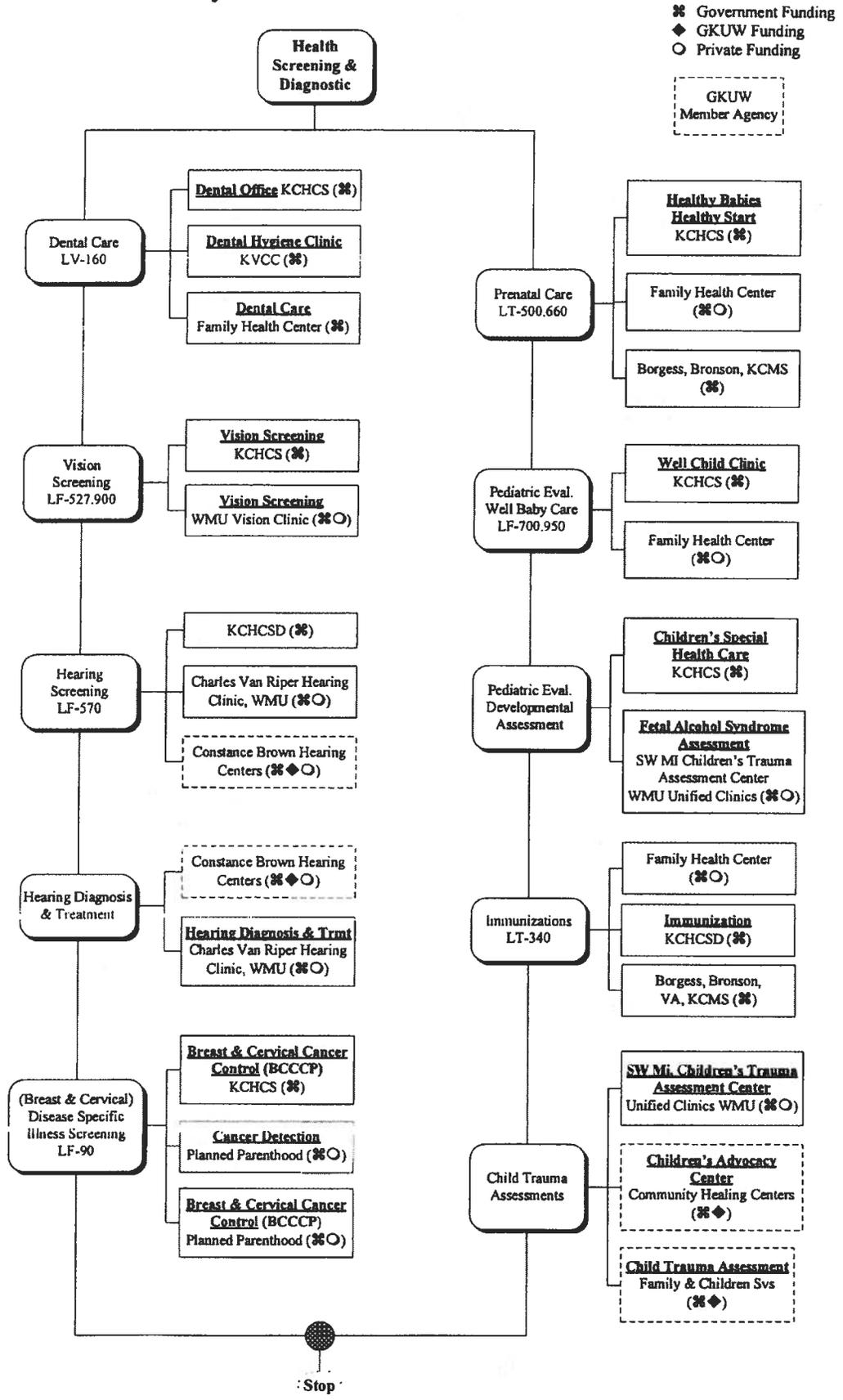
GKUW  
Member Agency



# Physical and Mental Health



# Physical and Mental Health



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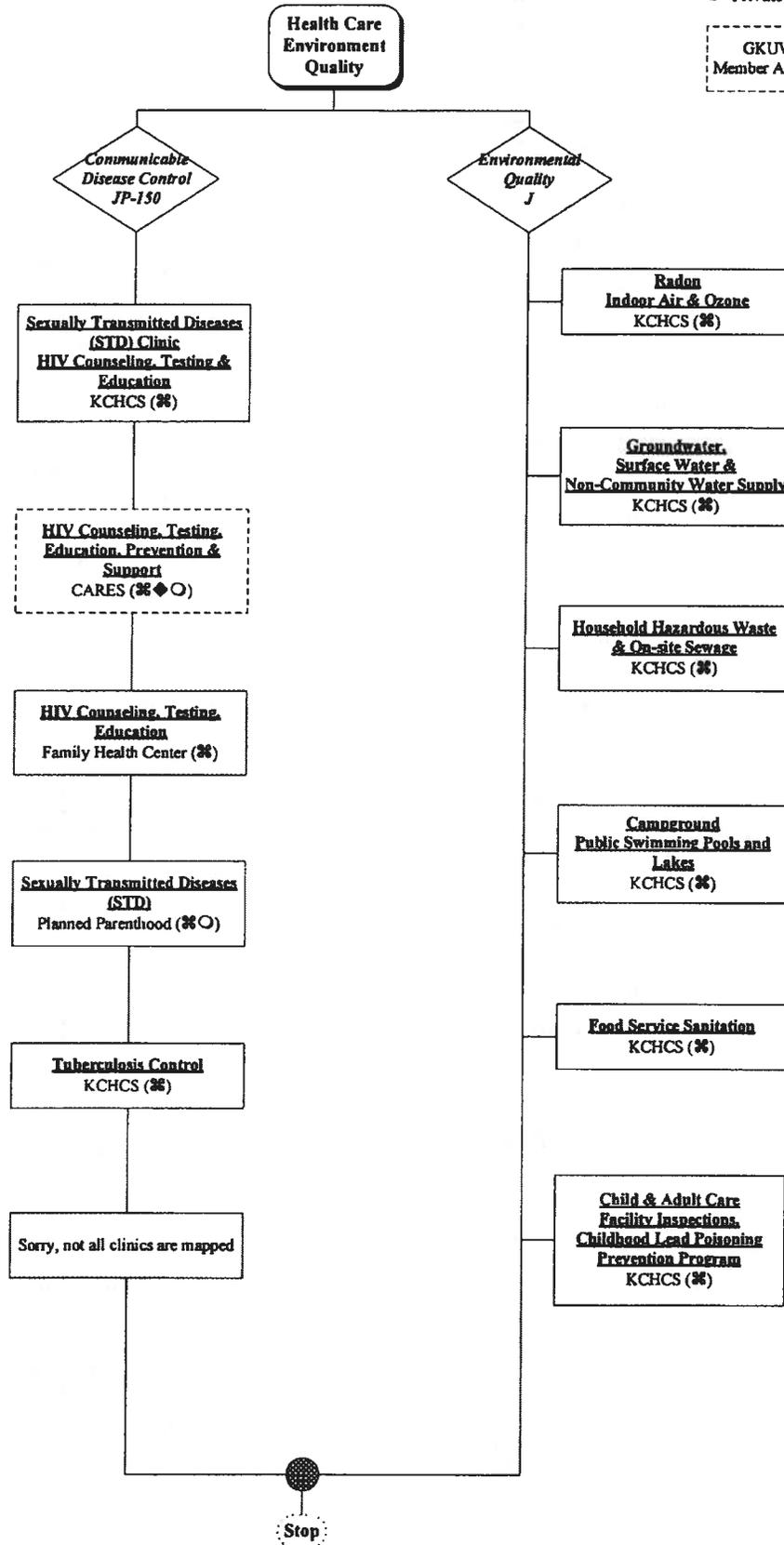
GKUW Member Agency

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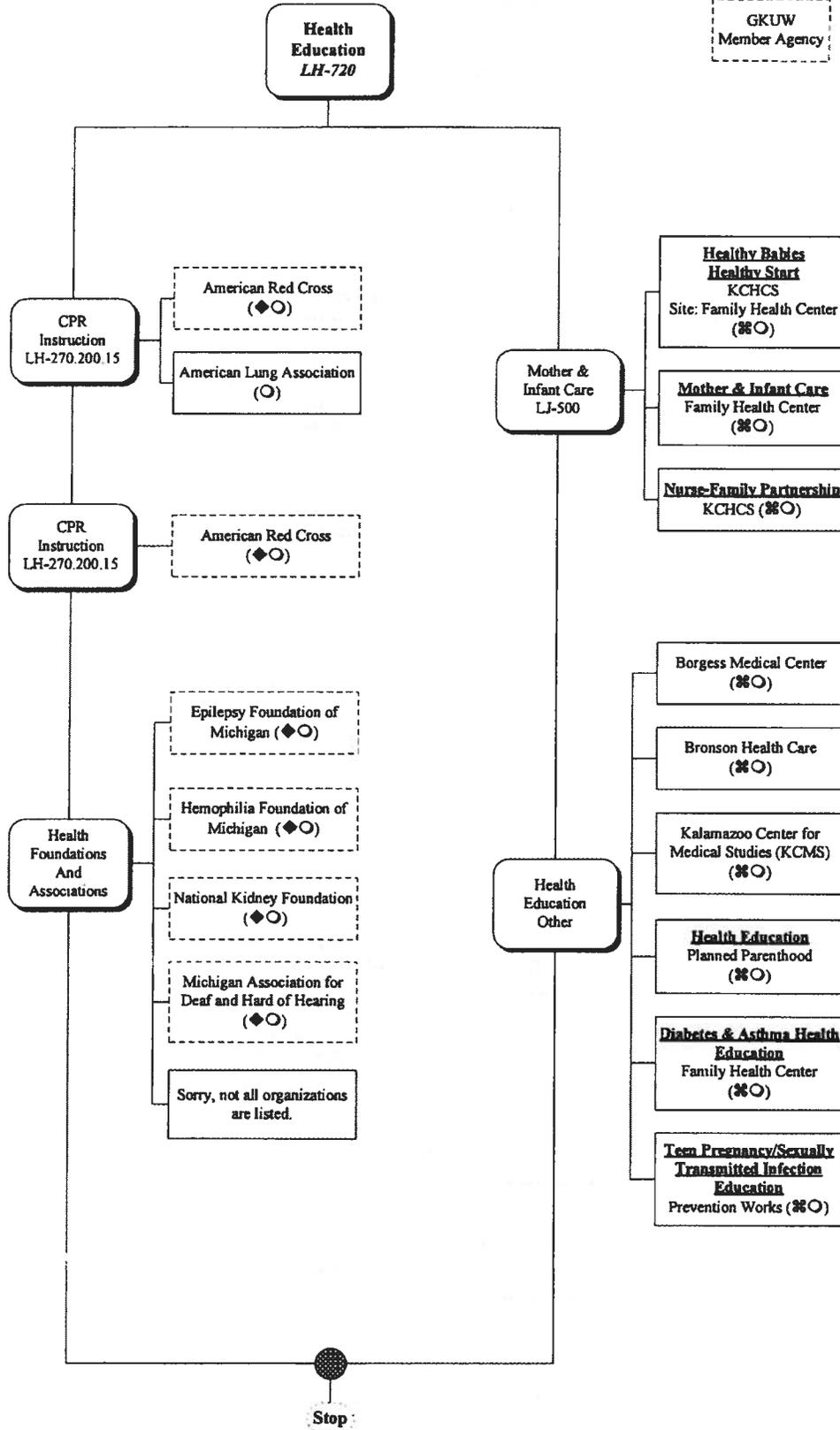
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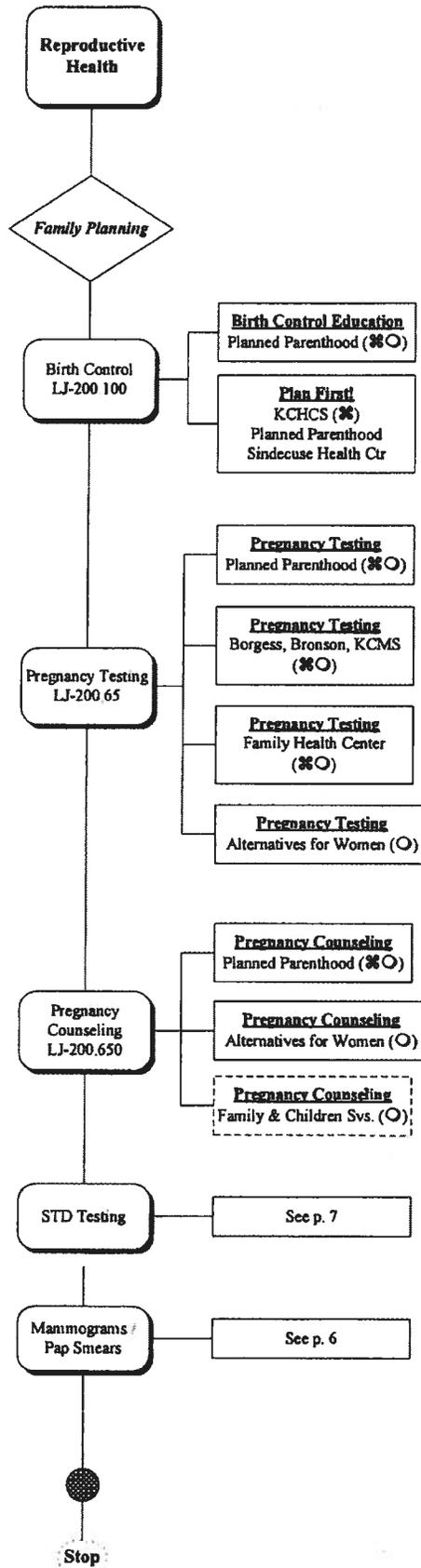
GKUW  
Member Agency



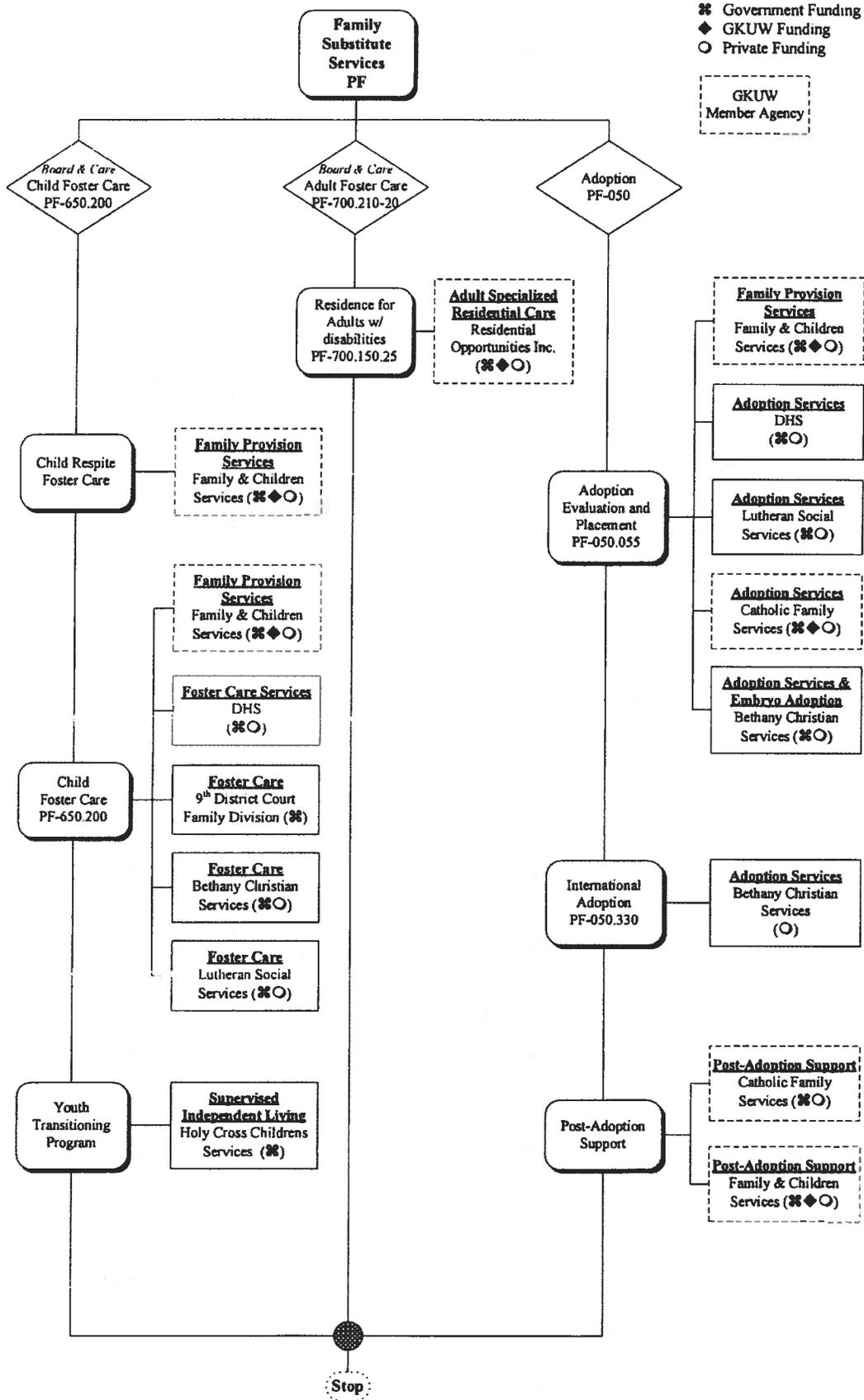
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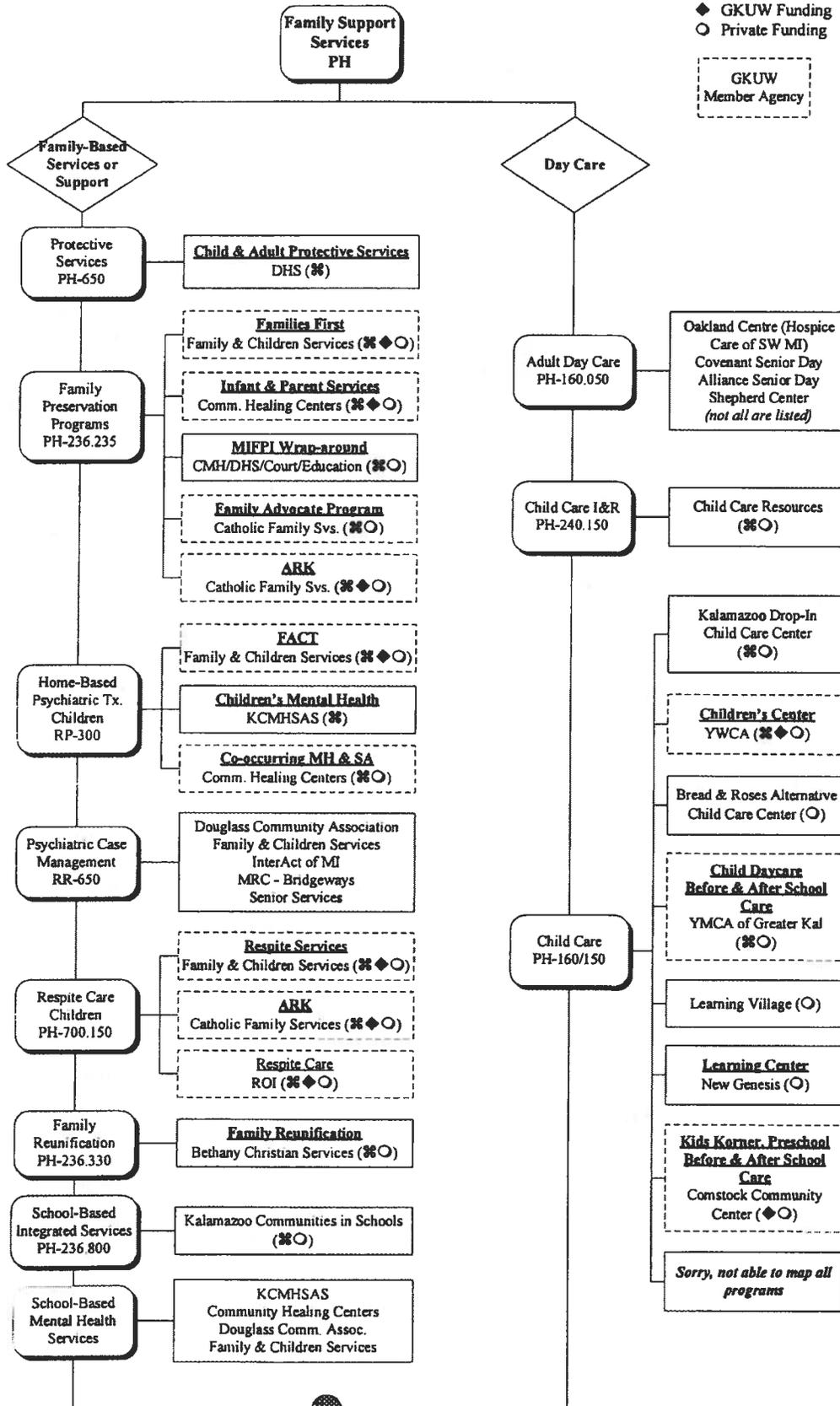
# Strengthening Families and Youth



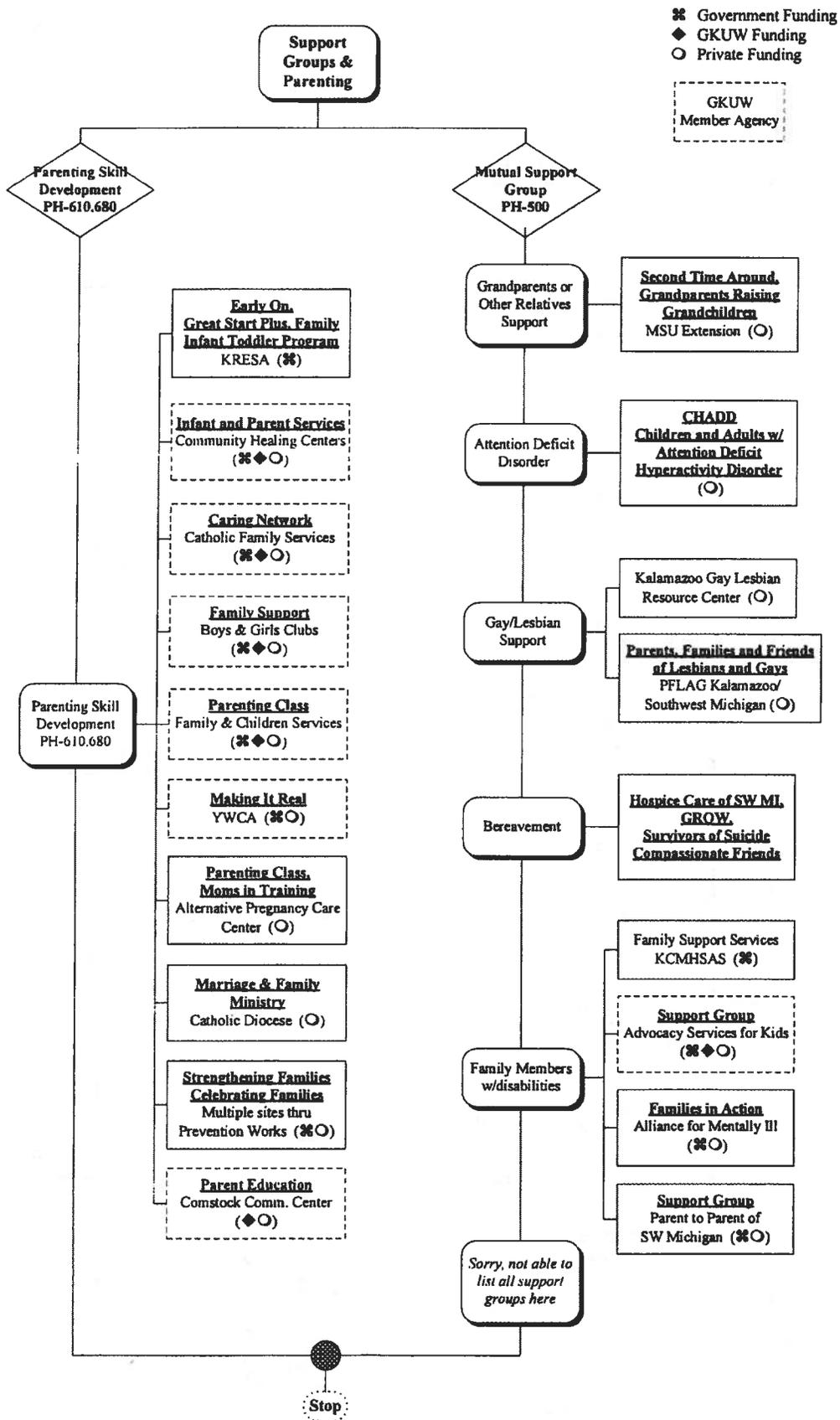
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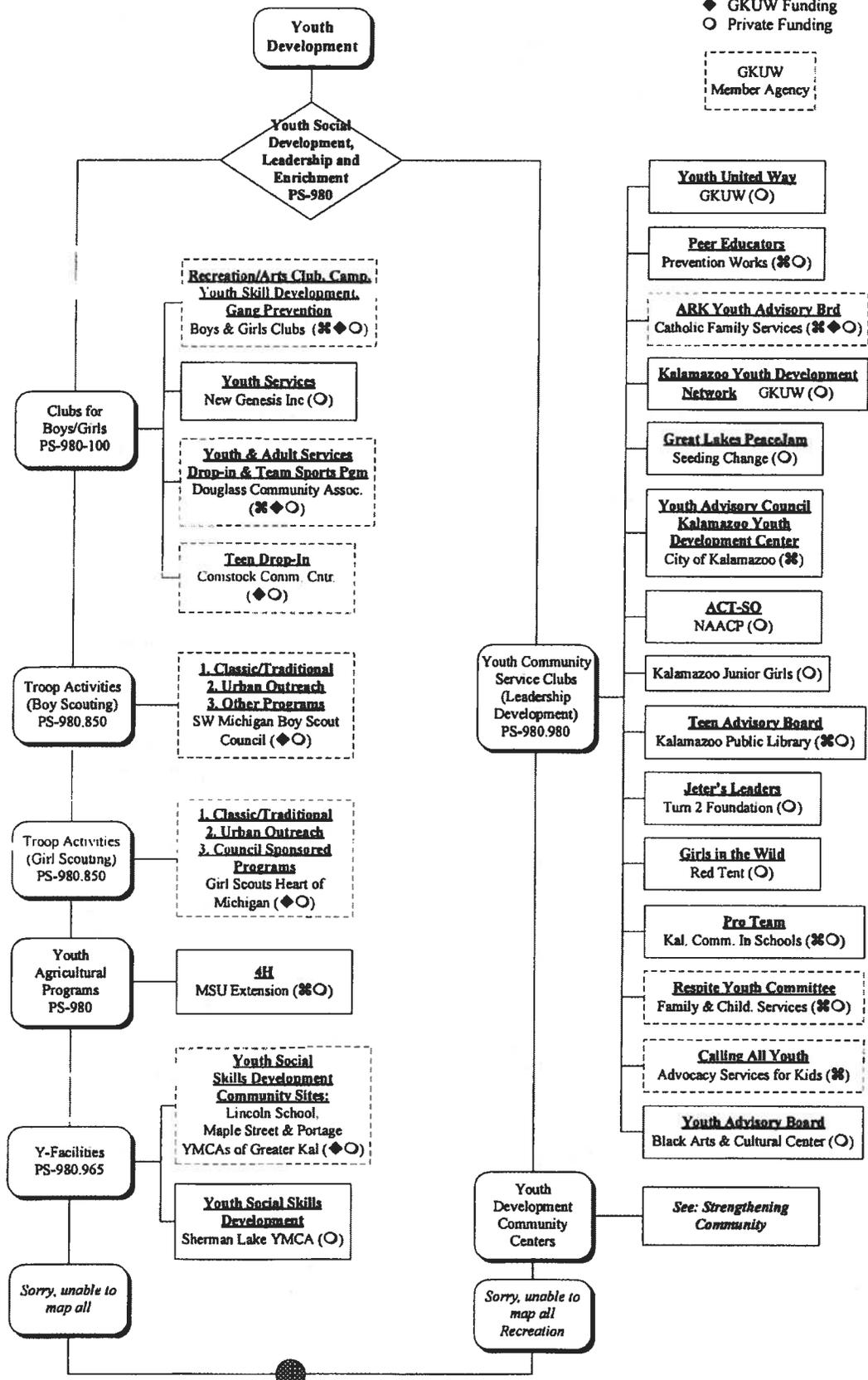
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 ◆ GKUW Funding  
 ○ Private Funding

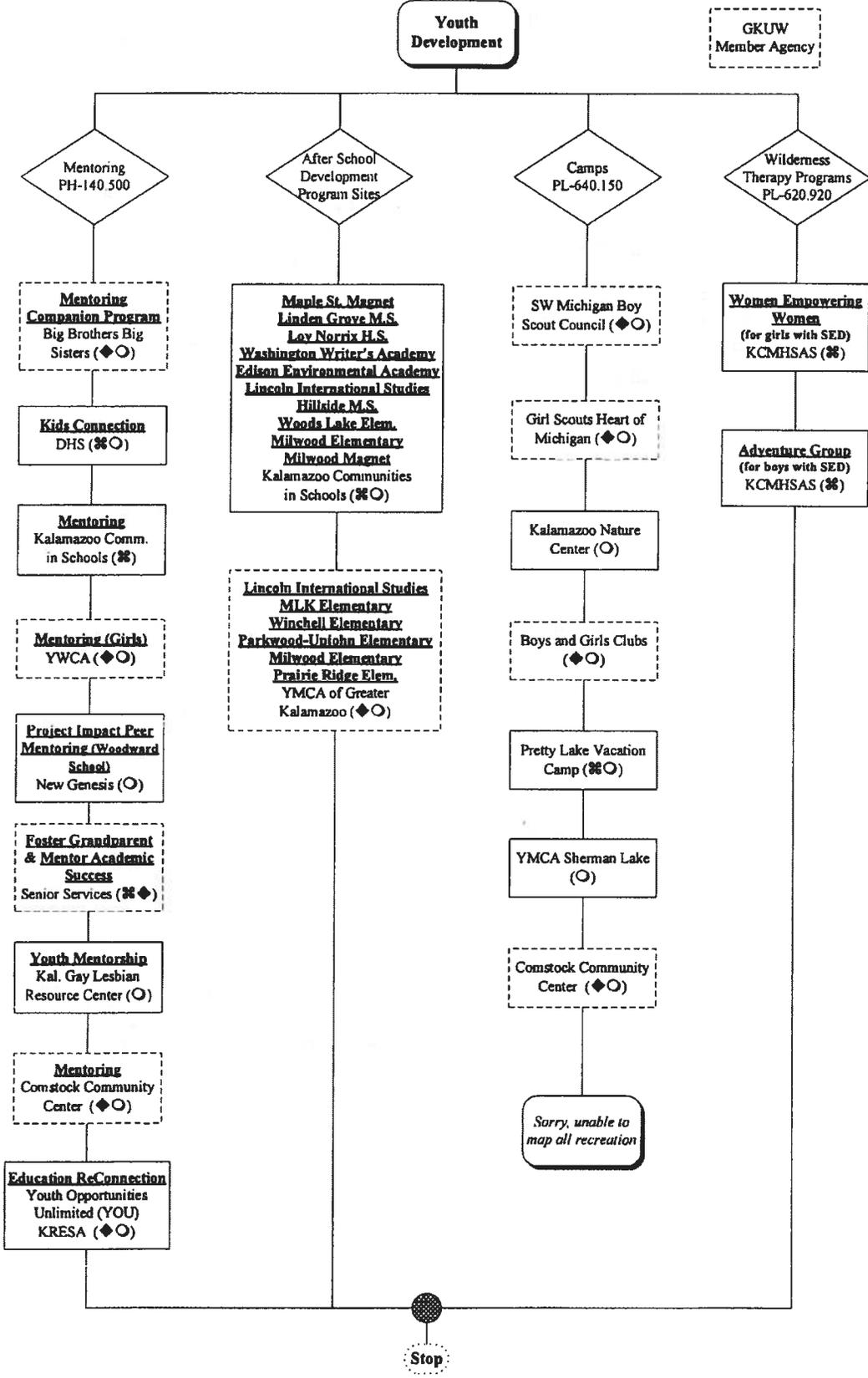
GKUW  
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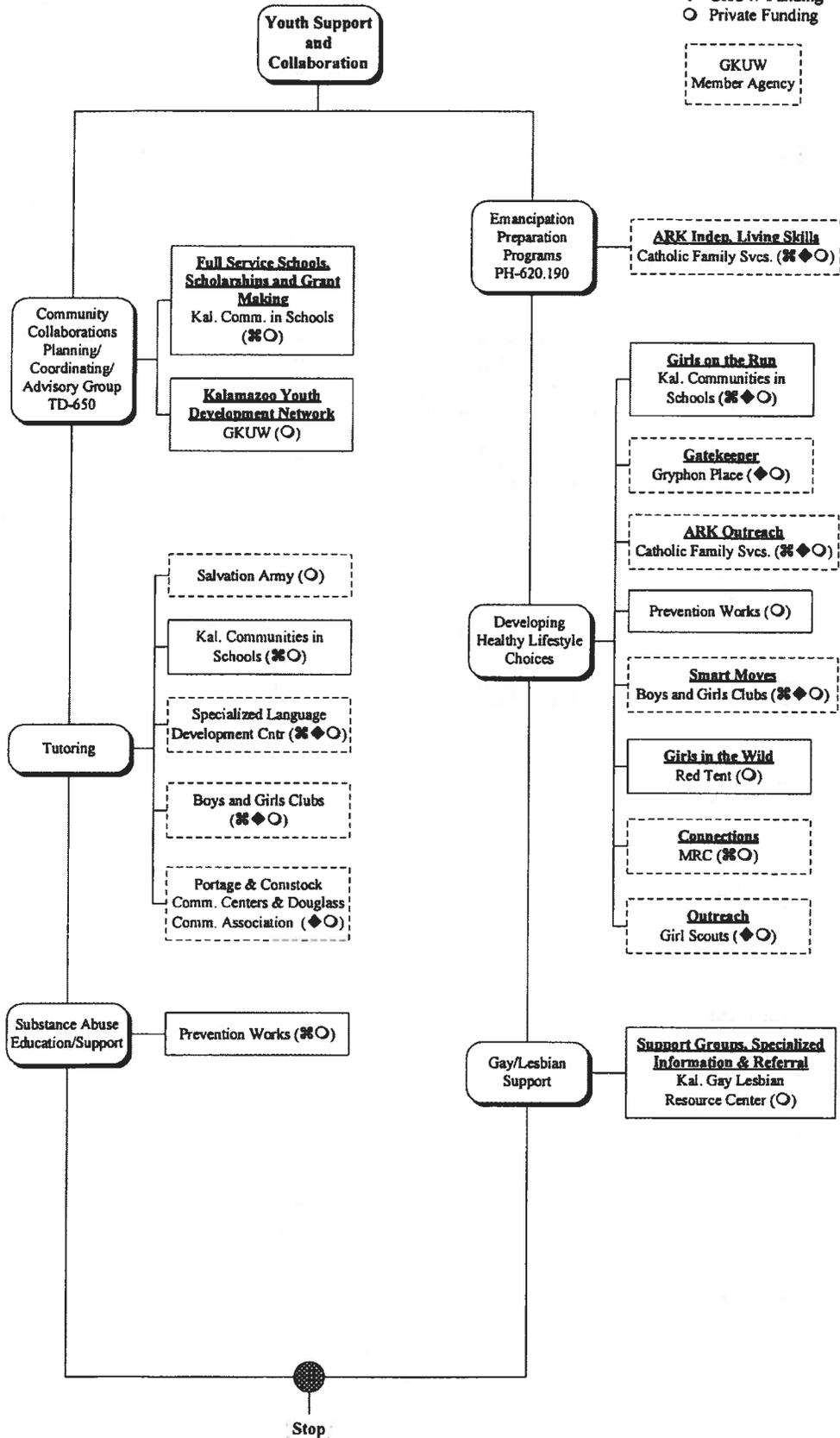
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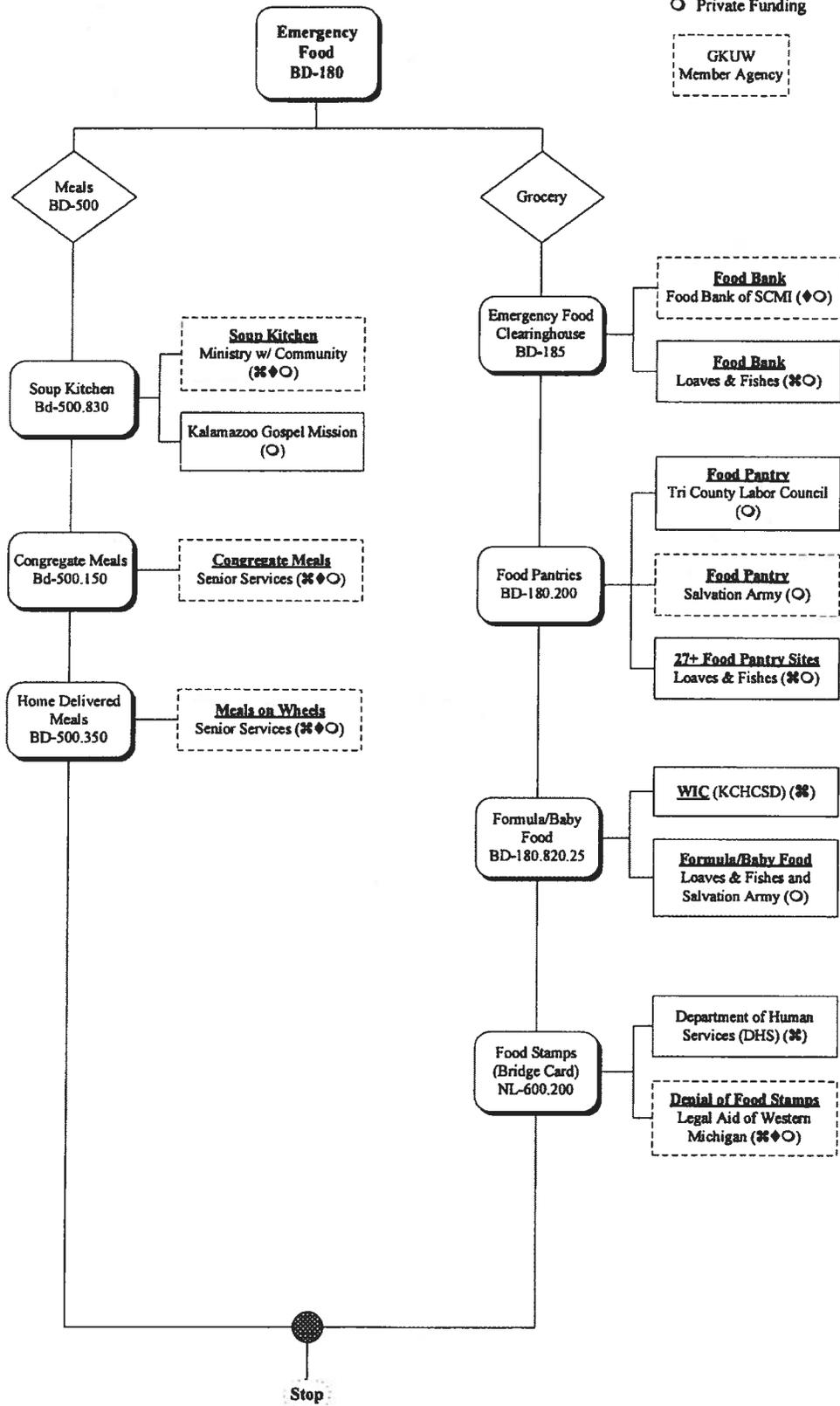
GKUW  
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# Increasing Self-Sufficiency

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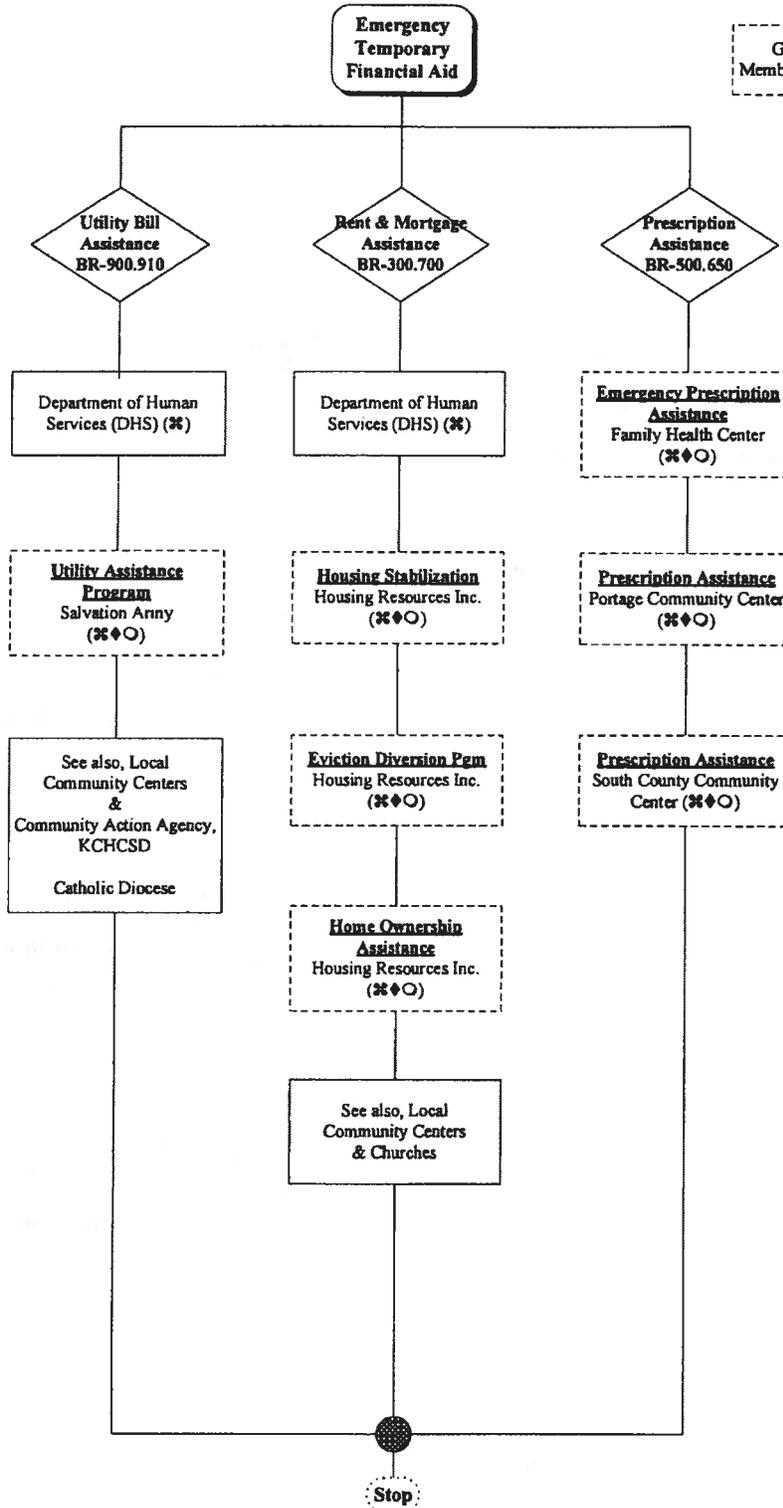
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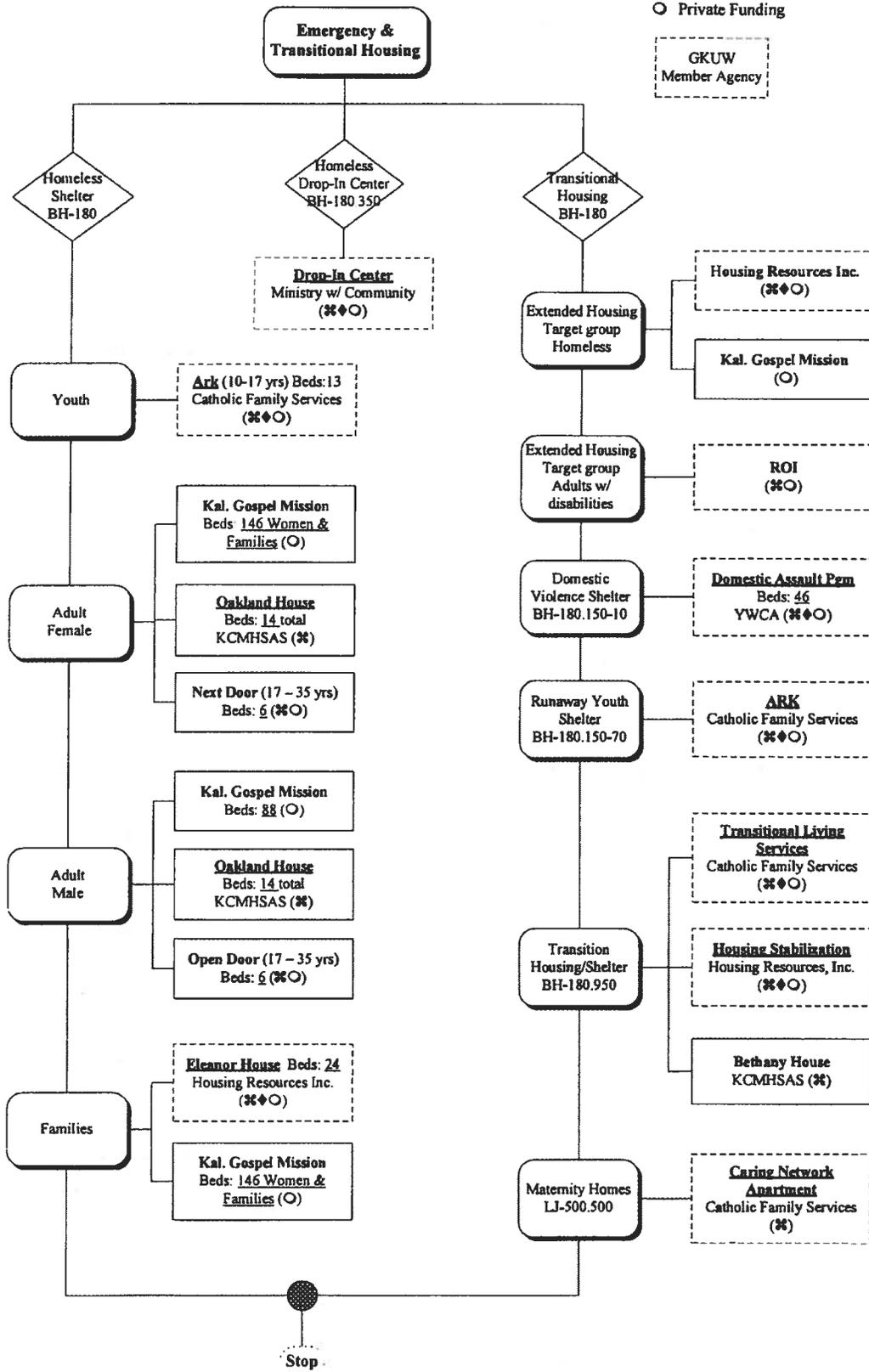
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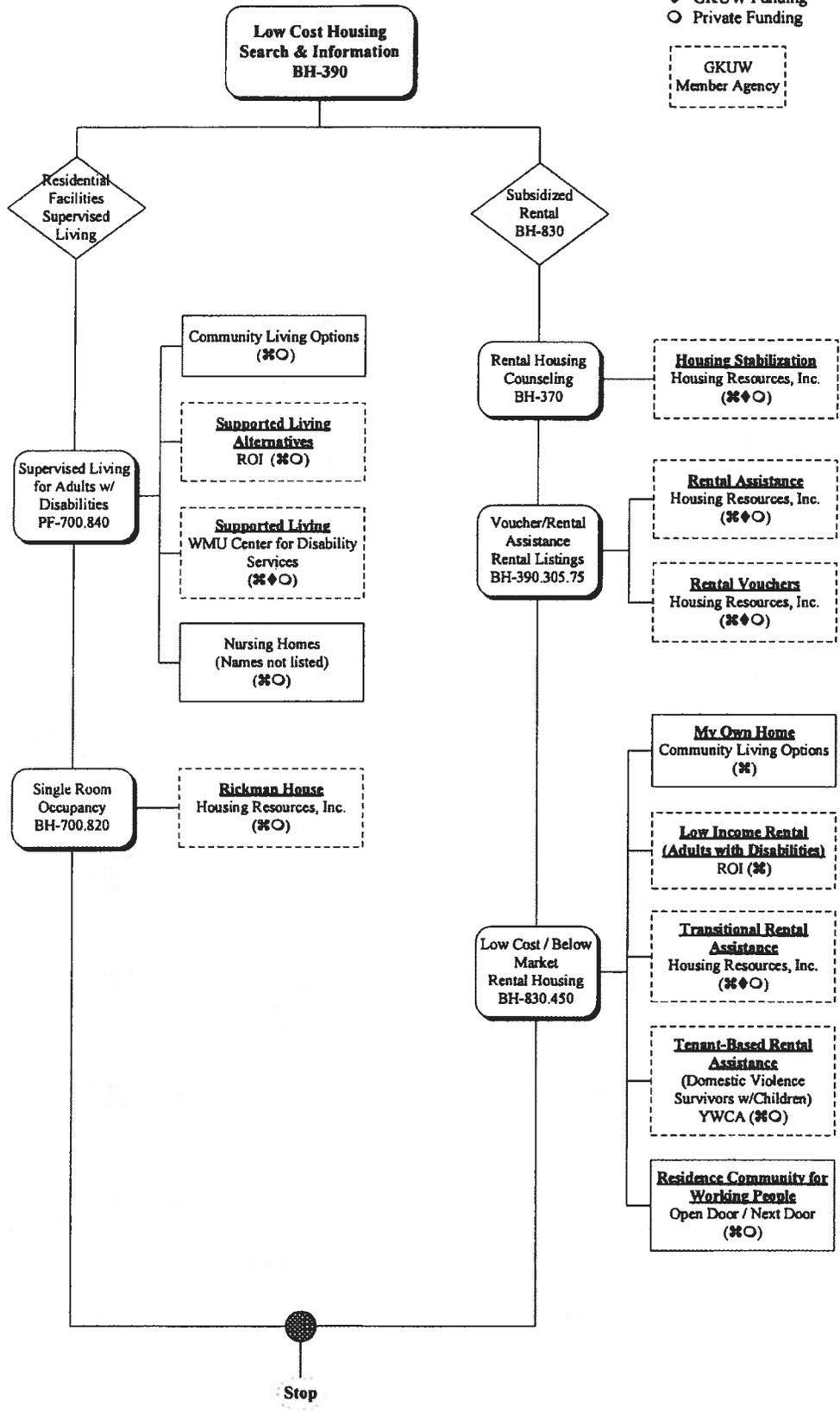
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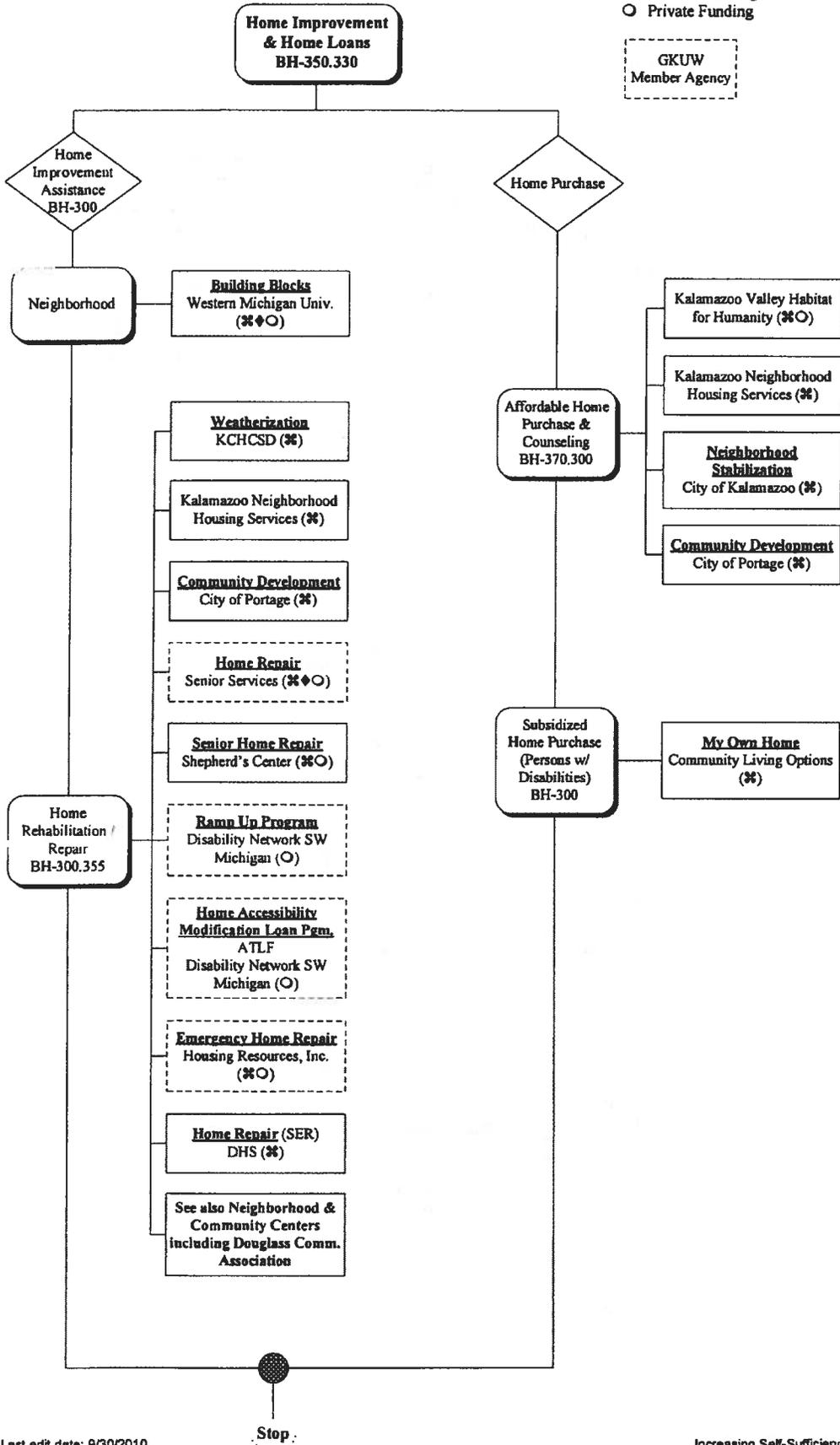
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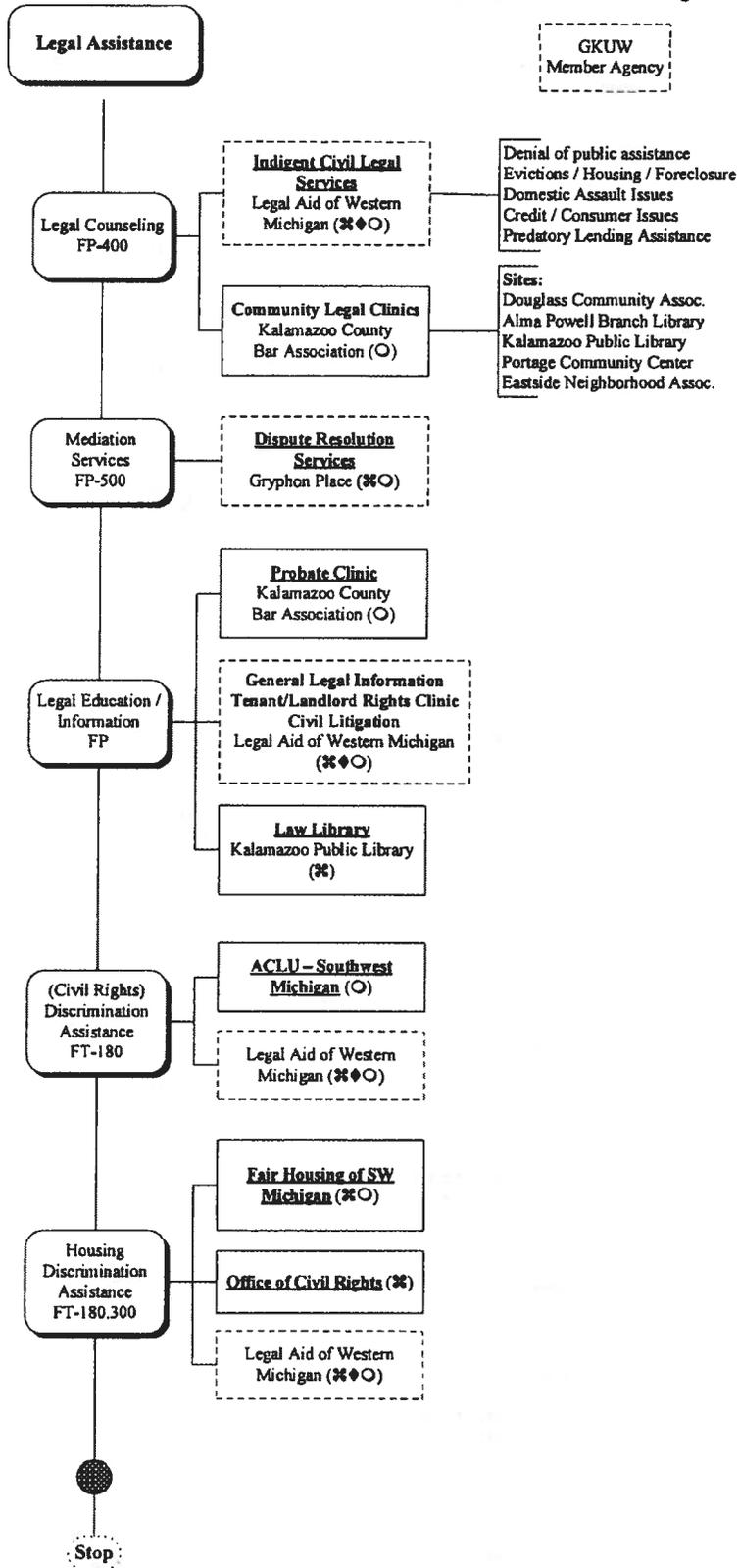
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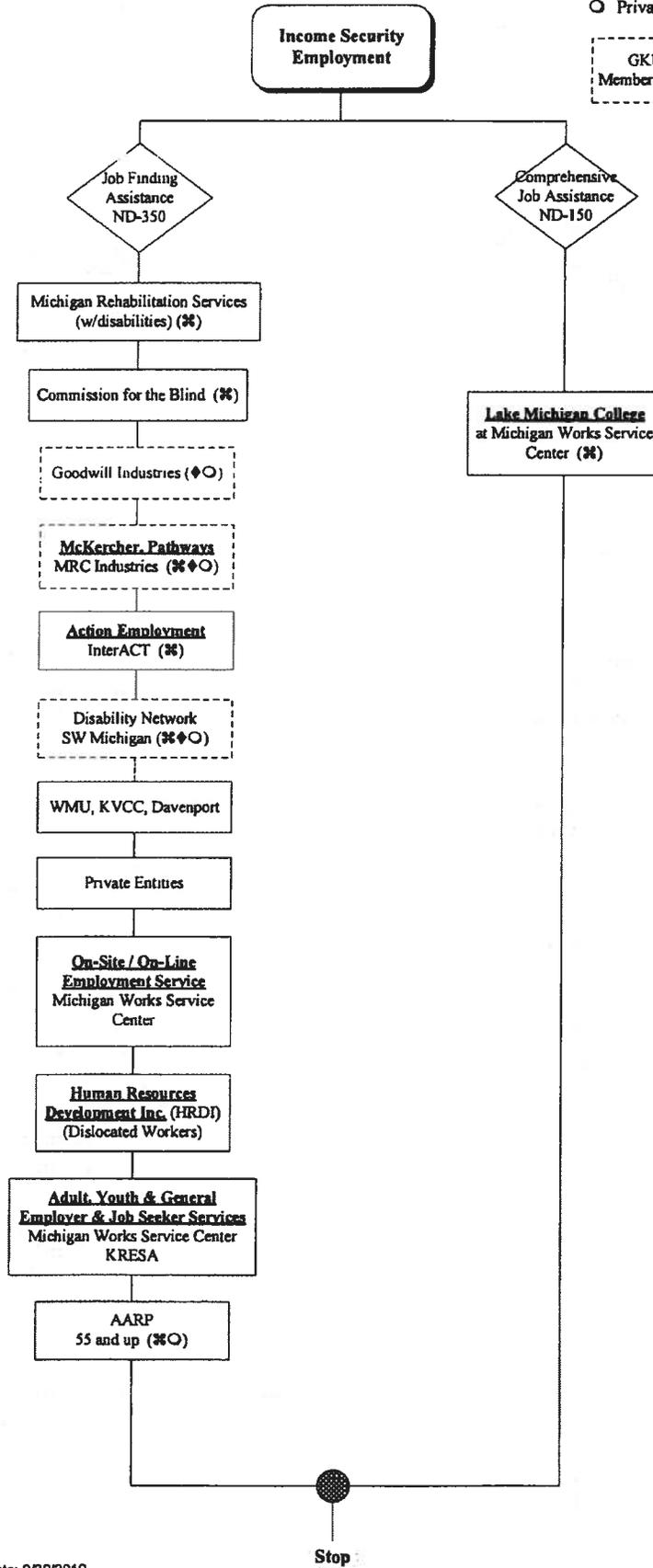
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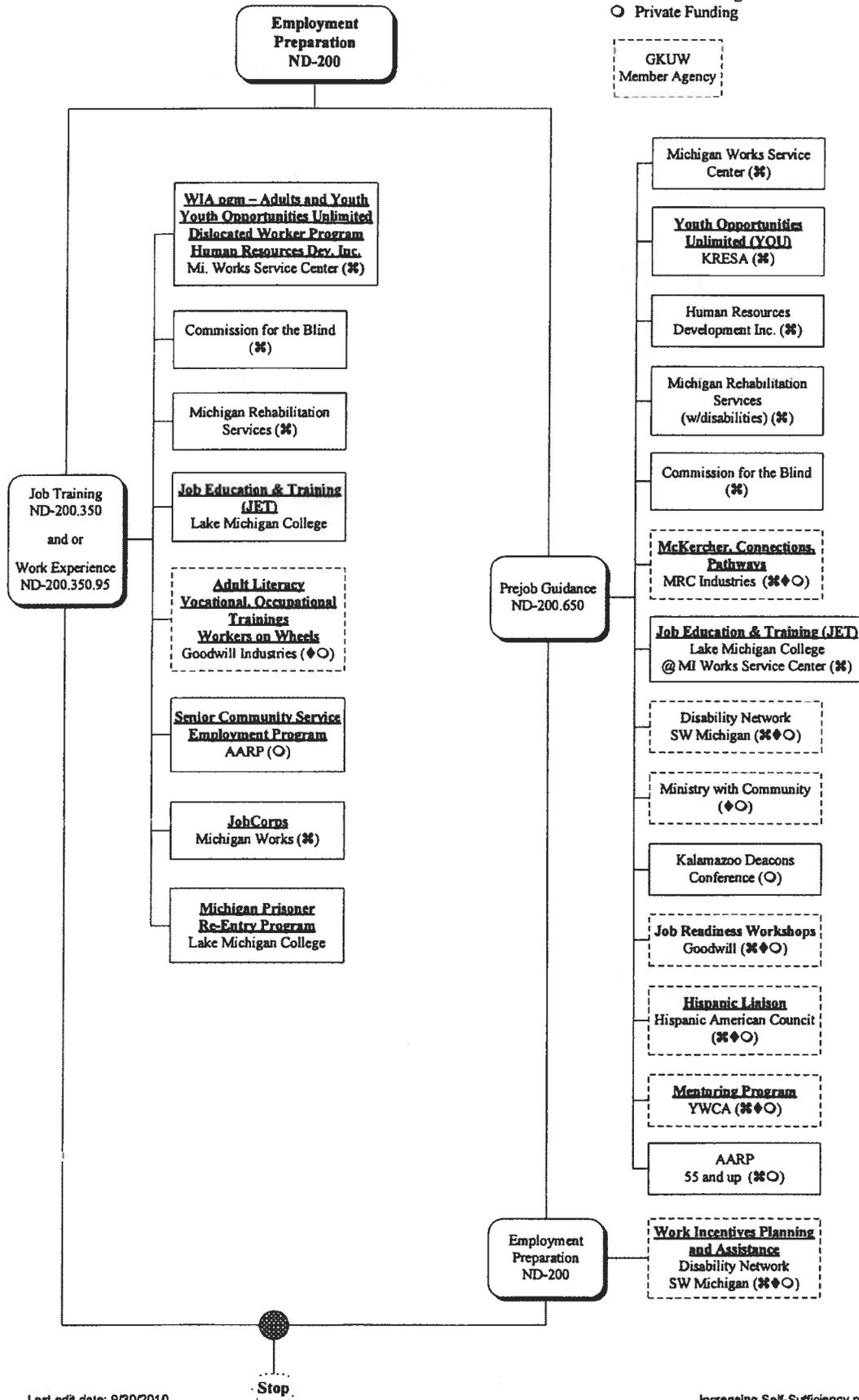
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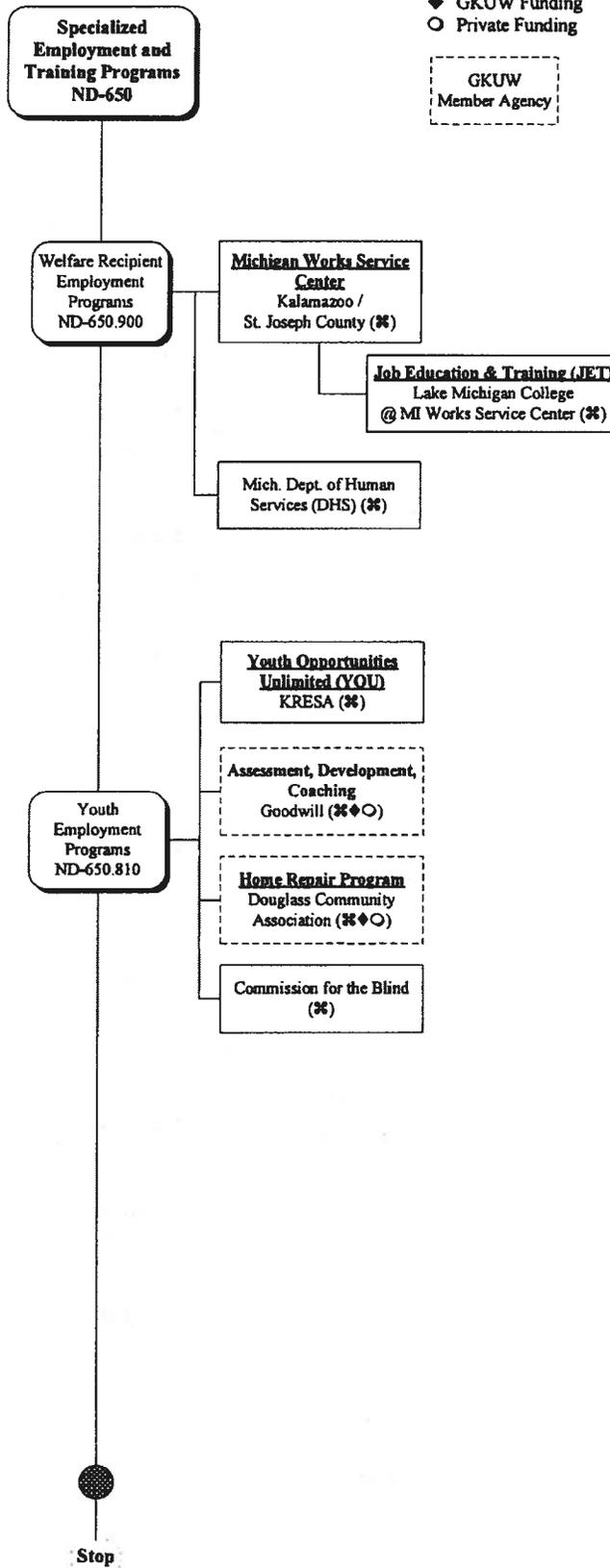
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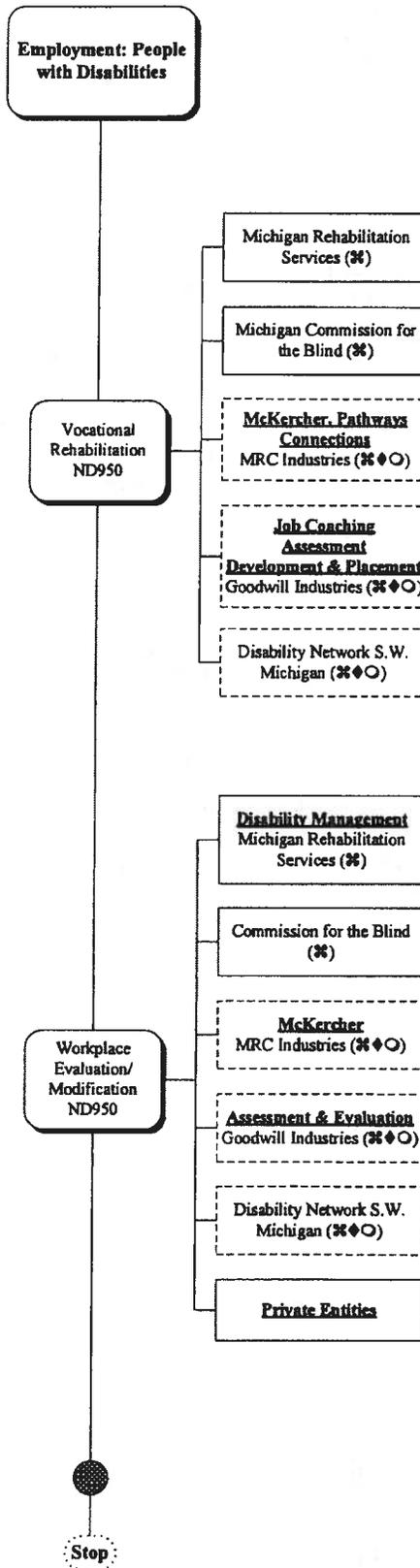
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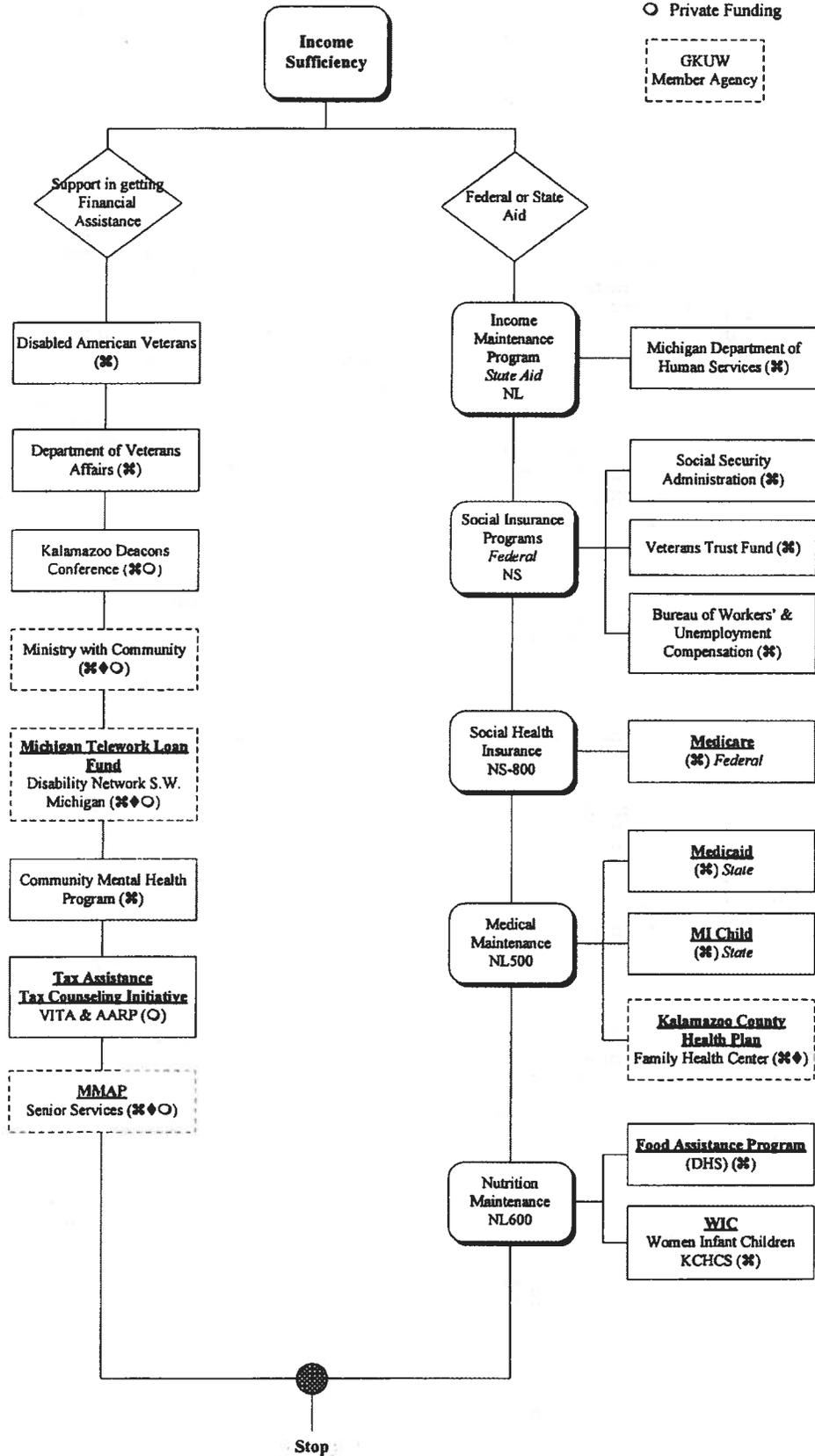
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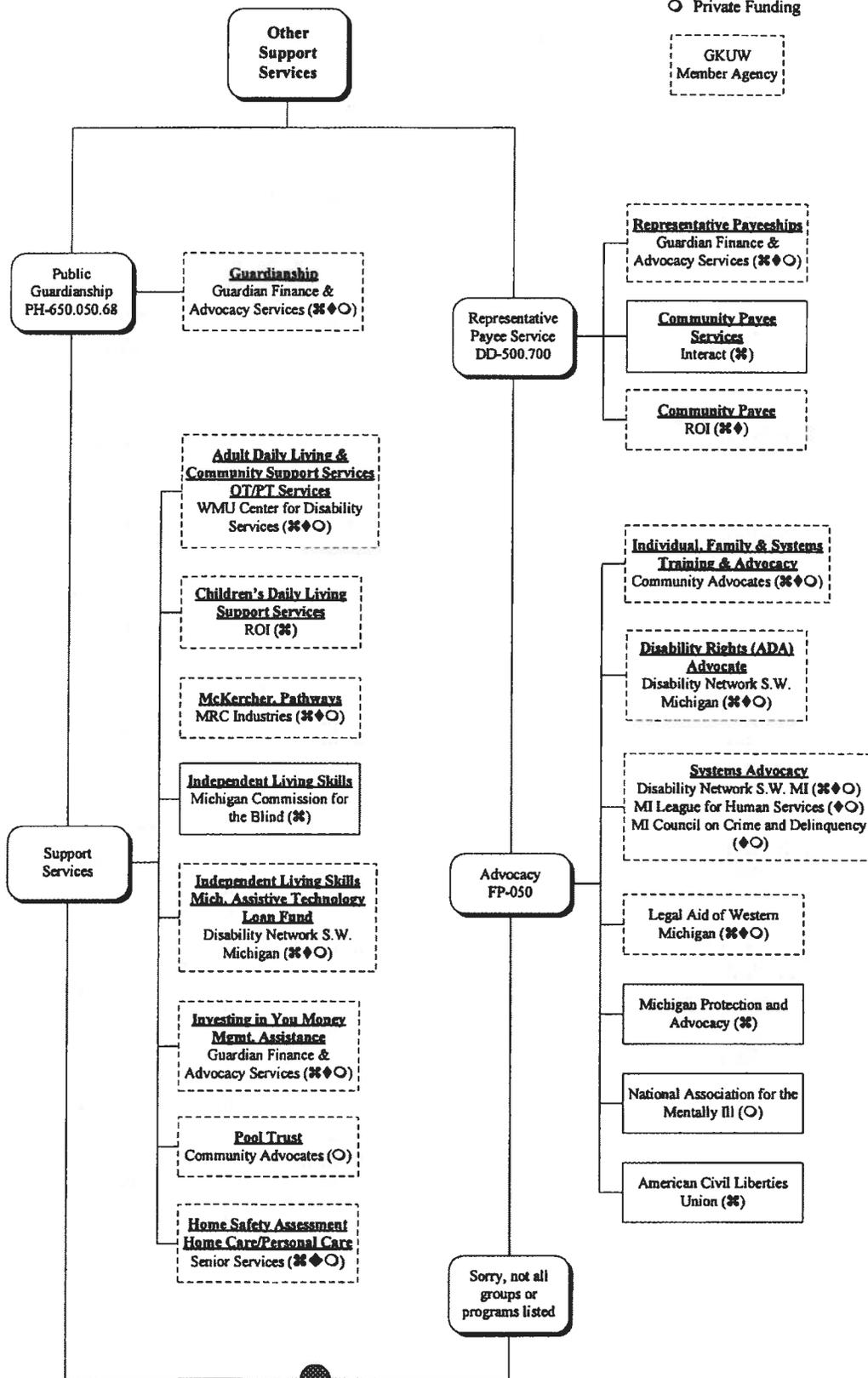
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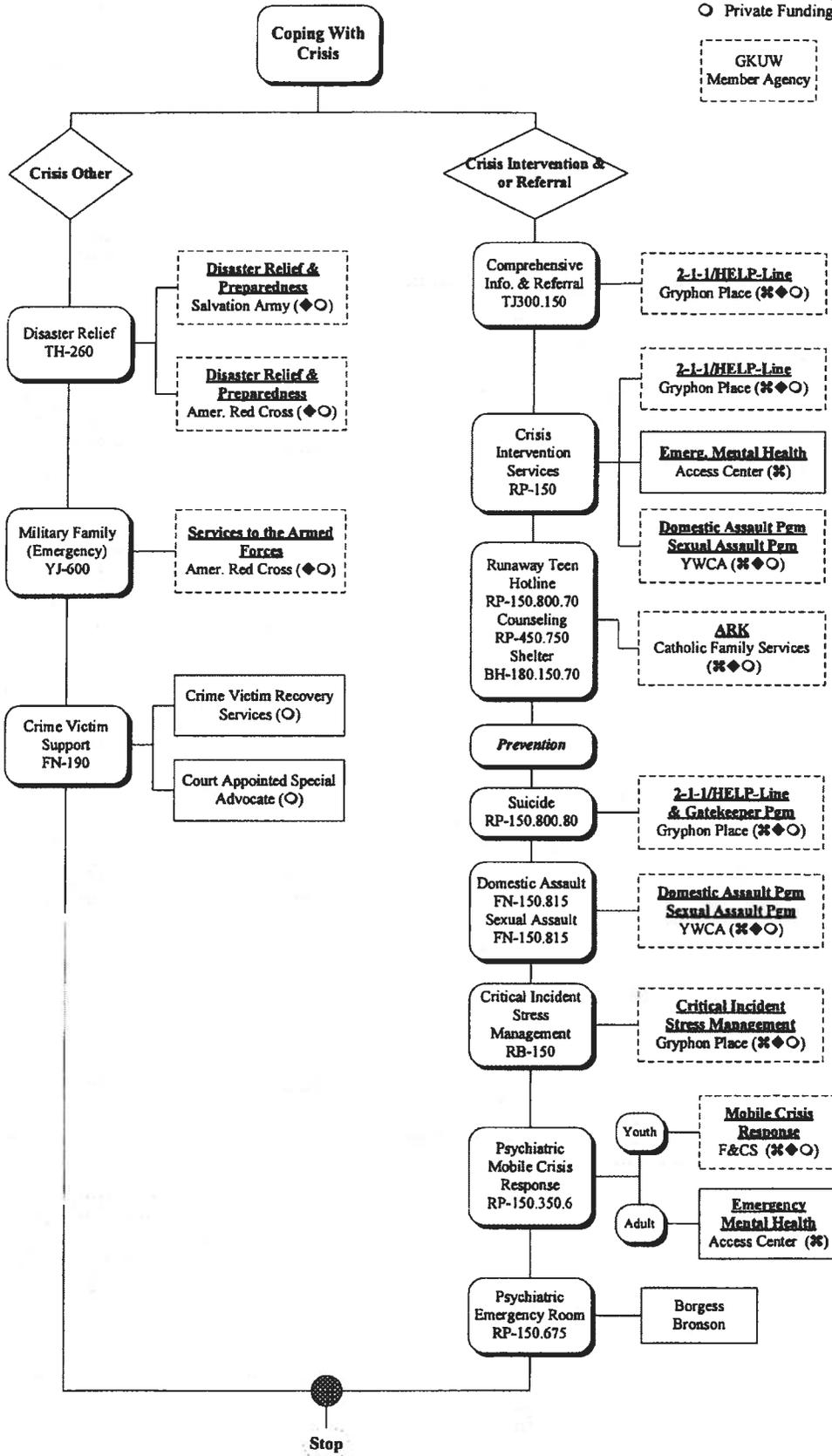
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# Strengthening Community

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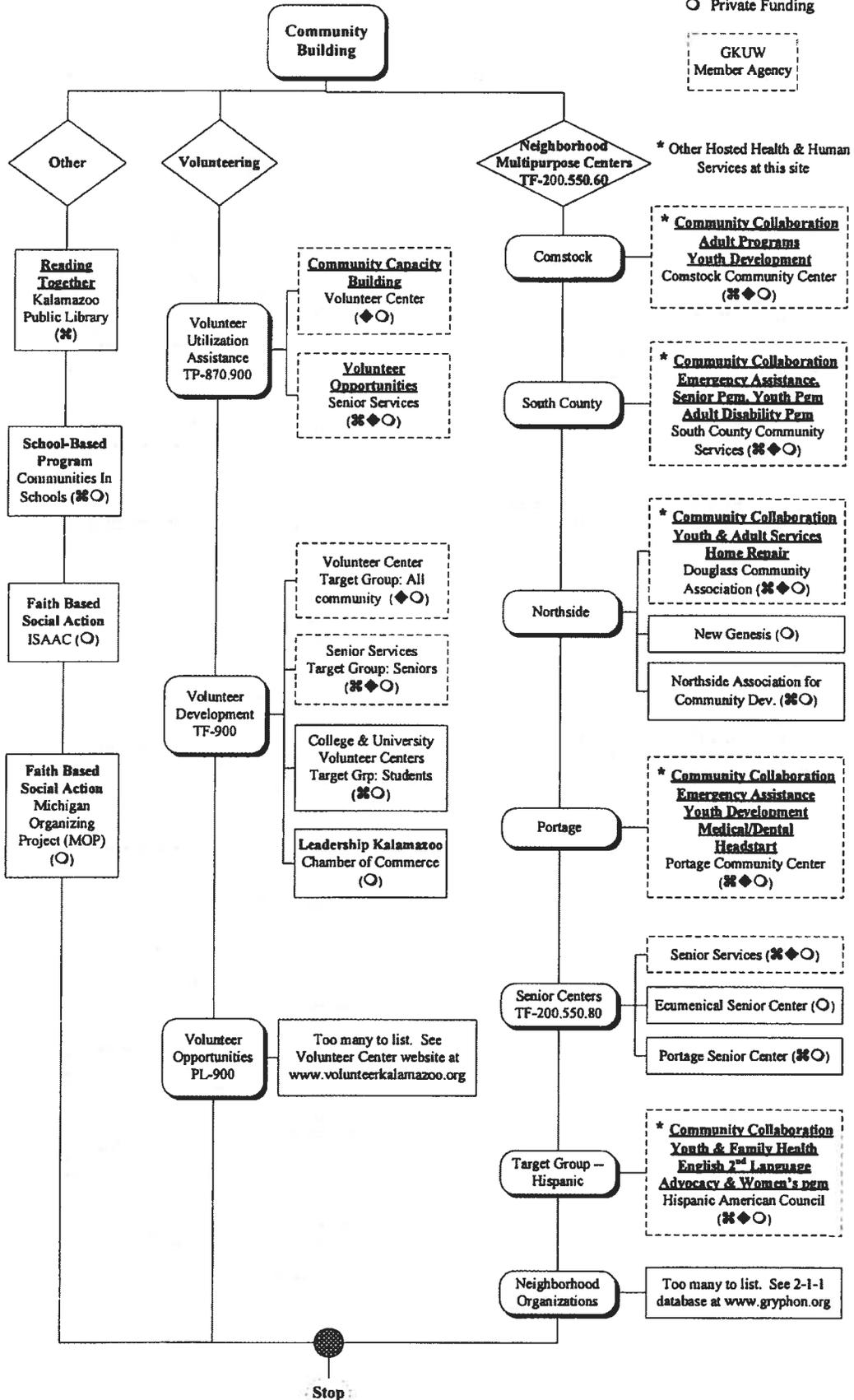
GKUW  
Member Agency



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GKUW  
Member Agency



\* Other Hosted Health & Human Services at this site

\* **Community Collaboration**  
**Adult Programs**  
**Youth Development**  
Comstock Community Center  
(⌘◆○)

\* **Community Collaboration**  
**Emergency Assistance**  
**Senior Perm. Youth Perm**  
**Adult Disability Perm**  
South County Community  
Services (⌘◆○)

\* **Community Collaboration**  
**Youth & Adult Services**  
**Home Repair**  
Douglass Community  
Association (⌘◆○)

\* **Community Collaboration**  
**Emergency Assistance**  
**Youth Development**  
**Medical/Dental**  
**Headstart**  
Portage Community Center  
(⌘◆○)

\* **Community Collaboration**  
**Youth & Family Health**  
**English 2nd Language**  
**Advocacy & Women's perm**  
Hispanic American Council  
(⌘◆○)

# Emergency Services Guide

**2010-2011**

Feel free to copy and distribute to others.

Available in PDF form online at

[www.gryphon.org](http://www.gryphon.org)

and

[www.kalamazoounitedway.org](http://www.kalamazoounitedway.org)



*Get Connected. Get Answers.*



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# Housing Assistance Homeless Prevention



Request for  
Financial Aid for Rent  
Assistance

Do you have an Eviction  
Notice?

7 day  
Notice to Quit  
or  
No Eviction Notice

Court  
Summons

Court  
Judgment

**Go To Page 4**  
Community Housing Information  
Center

**Go To Page 2**  
Department of Human Services

It is rare for someone who is at the  
Court Judgment stage to be able to  
salvage their rental situation.  
You have the 10 days to resolve it.

Have you contacted Department of  
Human Services?

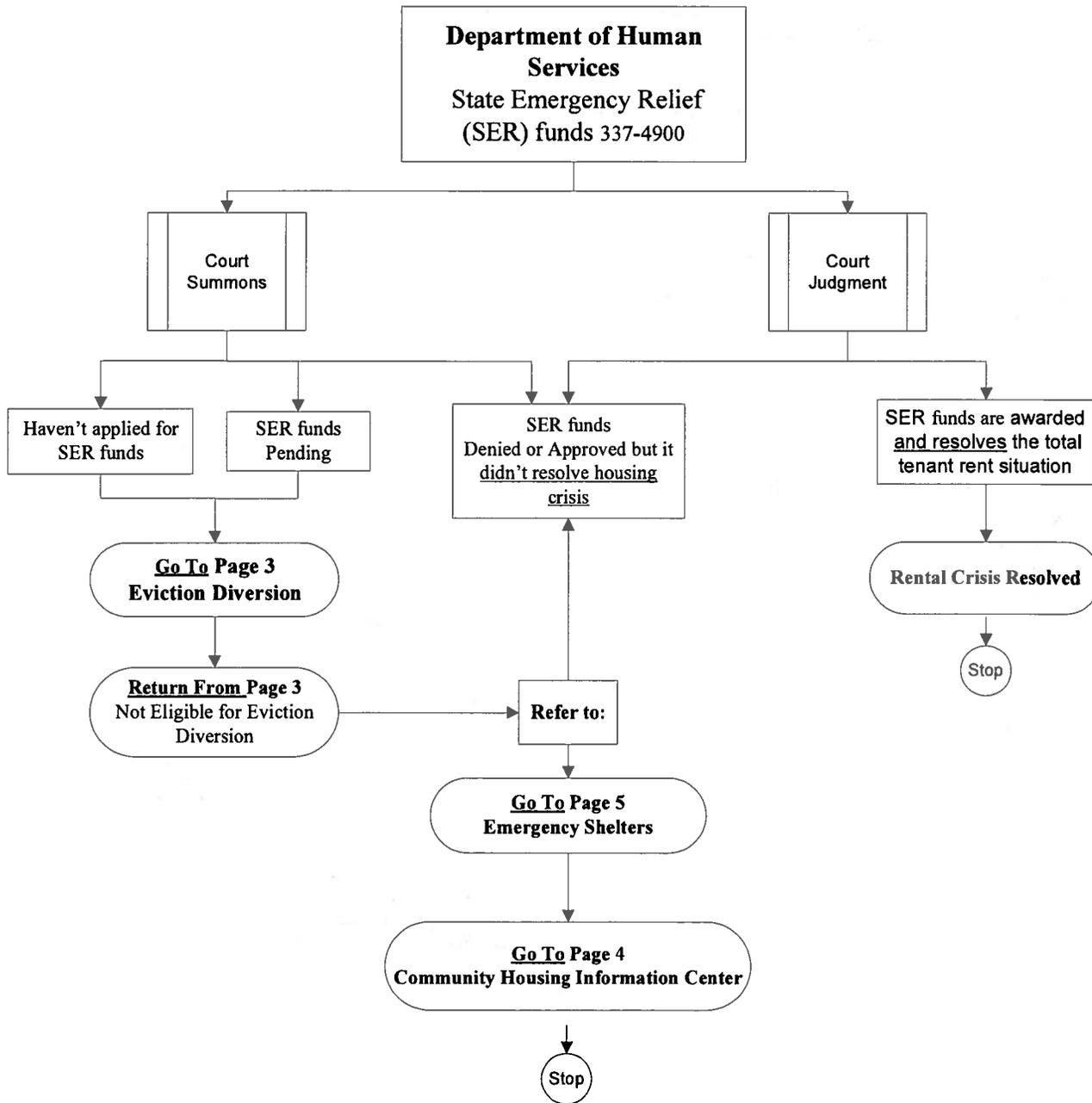
Yes

No

What is the status of SER?  
**Go To Page 2**  
Department of Human Services

**Go To Page 2**  
Department of Human Services

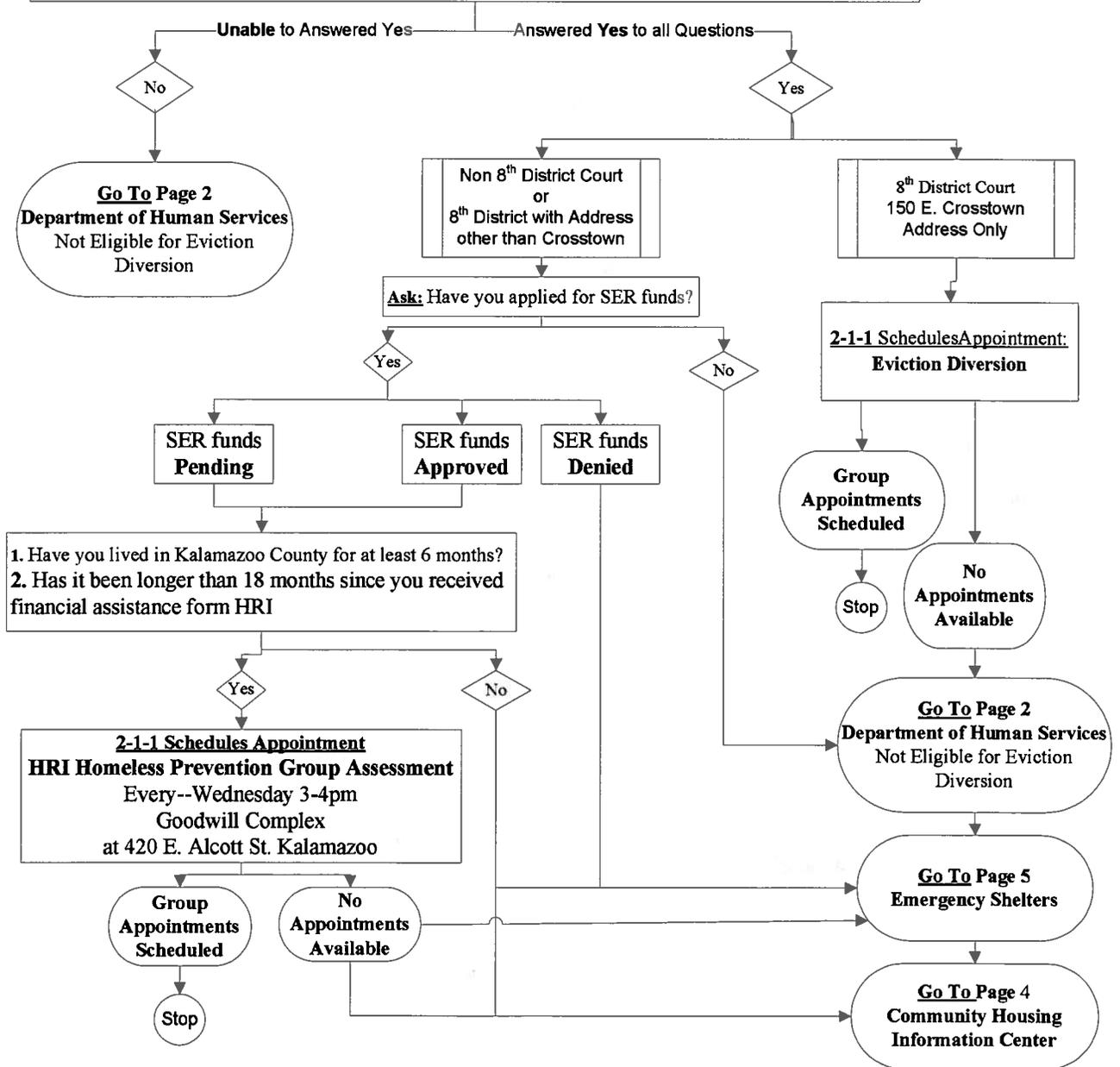
**Housing Financial Assistance  
 through the  
 State of Michigan**  
 Continued from previous page



**Eviction Diversion  
Screening**



**Eviction Diversion, Questions**  
 1. Do you have dependable income to pay next month's rent if your eviction is resolved at this unit?  
 2. Is the unresolved rent owed less than 3 months?  
**Must answer Yes to all Questions**



Community Housing Information Center

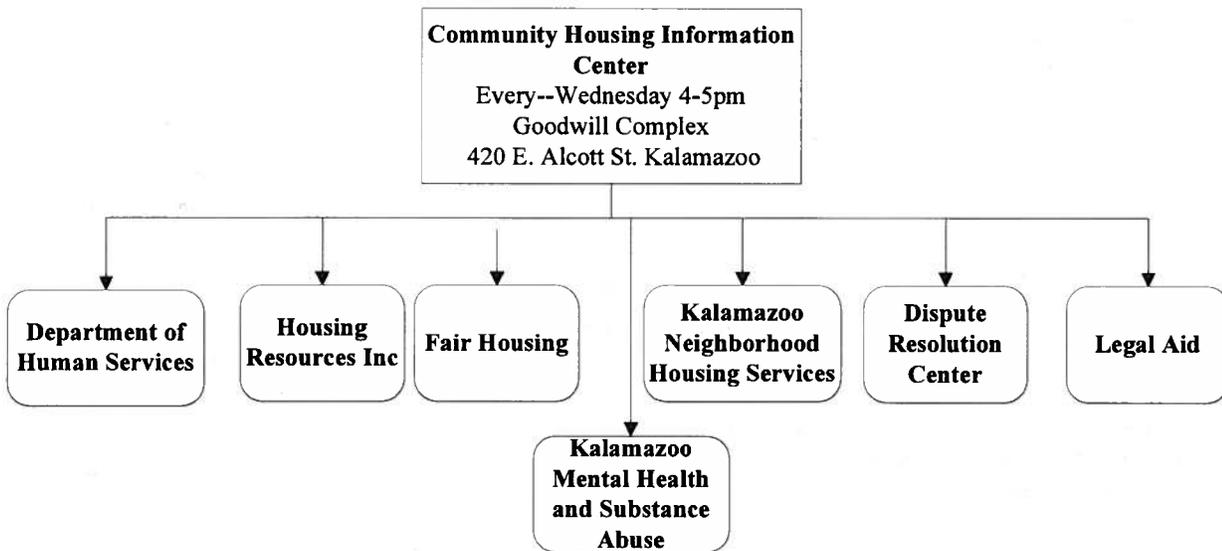


There are No financial resources available at the Community Housing Information Center

Housing Information that is available at the Center

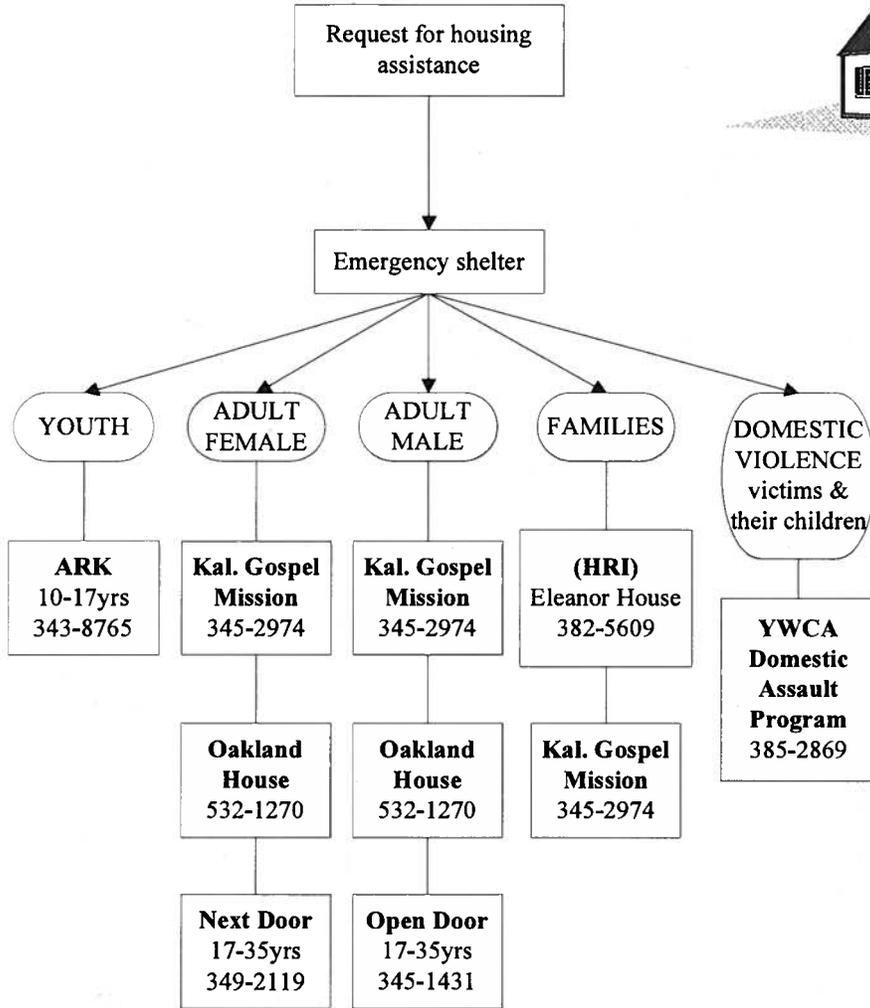
Information about:

- 1. Affordable alternative housing options and vacancies
- 2. Eviction/foreclosure process
- 3. Determining an affordable housing budget.



Community representatives and/or information will be available from the agencies listed above.

# Housing Assistance



# Housing Assistance

Housing Resources Inc.  
(HRI)  
382-0287

Eleanor House  
382-5609

Kalamazoo  
Gospel Mission  
345-2974

Oakland House  
(KCMHSAS)  
532-1270

ARK  
343-8765

Next Door (Females)  
349-2119

Open Door (Males)  
345-1431

YWCA  
Domestic Assault Program  
385-2869

## ADULTS & FAMILIES

**Housing Resources, Inc.**  
382-0287  
420 E. Alcott Suite 200  
www.housingresourcesinc.org

ELIGIBLE: Kalamazoo County residents experiencing a housing emergency.

SERVICE: Clearinghouse for emergency housing assistance. The services include general housing information & counseling, referral to appropriate community agencies, emergency shelter placements, advocacy services (e.g., landlord/tenant intervention), housing options (assistance with securing emergency, transitional, and permanent housing), & limited financial assistance. Due to limited resources, 1 out of 10 people receive financial grants.

**Community Housing Information Center**  
*Open every Wednesday from 4-5pm.*

HIR staff in collaboration with multiple community partners are available at the Goodwill/HRI campus. Information regarding housing solutions for both renters and homeowners is available. Staff will answer general housing questions and provide housing information for tenants, landlords and community agencies. No appointment is necessary. Note: No financial resources will be available during the Community Housing Hour.

**Grant minimum eligibility requirements:**  
1. Kalamazoo Co. resident for at least 6 months.  
2. Must have financial resources to sustain housing.

HRI also provides supportive services and rental assistance to homeless individuals and families making a transition to permanent housing and to tenuously housed persons to help stabilize their housing and prevent homelessness.

Primary financial assistance for resolving evictions is done in collaboration with community partners participating in the Eviction Diversion Project with 8th District Court and Department of Human Services. Contact 2-1-1 for eligibility and screening.

HRI operates the Rickman House, permanent subsidized housing for homeless single adults, primarily with mental illness, along with Pinehurst Townhomes, Summit Park Apts. and Rosewood, permanent housing for families with low incomes.

CONTACT: Galyn Barnum  
gbarnum@housingresourcesinc.org

## **Eleanor House (HRI)**

382-5609  
522 Eleanor Street

ELIGIBLE: Homeless families with children from Kal. Co.

SERVICE: Provides 24-hr. shelter for **families in need of emergency shelter**. Housing search assistance & support services available to help rapidly re-house homeless families. Will accept two-parent and single-parent families. Must wait six months before repeated use.

*Number of beds: 6 rooms (24 person capacity)*

CONTACT: Jeanette Weatherspoon  
jweatherspoon@housingresourcesinc.org

## ALL AGES / FAMILIES TOO

### **Kalamazoo Gospel Mission**

345-2974  
448 N. Burdick

ELIGIBLE: Persons 18 and older. Younger persons if accompanied by a legal guardian.

SERVICE: Offers emergency shelter and longer term services. Has housing units and programs for men, men w/children, women, women with children and married couples with or without children.

*Number of beds: 234 (75 for longer term programs)*

Three meals a day provided on site  
Monday - Sunday.

CONTACT: Women Ext. 231  
Men Ext. 227

## 18 YEARS & OLDER

### **Oakland House (KCMHSAS)**

532-1270  
1207 Oakland Drive

ELIGIBLE: Adults 18 yrs. and older

SERVICES: Provides an 14-bed shelter for vulnerable, hard to place single persons. Assistance is provided to help the person set goals to address barriers to housing.

Meal served at breakfast and dinner. Residents are asked to leave by 8am and can return at 4pm, curfew at 6pm.

*Number of beds: 14*

CONTACT: Erica Northup



for additional information about community services, or  
go to [www.gryphon.org](http://www.gryphon.org) and select Local Resources

# Housing Assistance

Housing Resources Inc.  
(HRI)  
382-0287

Eleanor House  
382-5609

Kalamazoo  
Gospel Mission  
345-2974

Oakland House  
(KCMHSAS)  
532-1270

ARK  
343-8765

Next Door (Females)  
349-2119

Open Door (Males)  
345-1431

YWCA  
Domestic Assault Program  
385-2869

## FEMALES 17 - 35 YEARS

**Next Door Shelter for Women**  
349-2119  
1215 W. North Street

ELIGIBLE: Women 17-35 yrs. Does not accept pregnant women.

SERVICE: Provides room and board for six single women between 17 and 35 yrs. It is a structured individualized program including job search, budgeting and goal setting.

*Number of beds: 6*

CONTACT: Stephanie Hoffman

**Eligibility** for both  
Open or Next Door Shelters

1. Single between 17 and 35 yrs. old.
2. Working or able to work a minimum of 35 hours per week.
3. Not receiving any Disability or SSI payments.

## MALES 17 - 35 YEARS

**Open Door Shelter for Men**  
345-1431  
414 Ranney Street

ELIGIBLE: 17-35 yrs. Males only.

SERVICE: Provides room and board for six single men between 17 and 35 yrs. It is a structured individualized program including job search, budgeting and goal setting.

*Number of beds: 6*

CONTACT: John Smith

## YOUTH 10 - 17 YEARS

**ARK, The (CFS)**  
(800) 873-TEEN  
343-8765  
990 W. Kilgore

ELIGIBLE: 10-17yrs. Adolescent homeless youth, runaways, and youth in crisis.

SERVICES: Provides 24-hr emergency shelter and crisis intervention. Voluntary shelter for up to 14 days; counseling for youth & family at shelter, and in convenient community locations.

Outreach services, including workshops and support groups.

*Number of beds: 13*

CONTACT: The ARK

## DOMESTIC VIOLENCE VICTIMS AND THEIR CHILDREN

**YWCA Domestic Assault Program**  
385-2869  
353 East Michigan

ELIGIBLE: Domestic violence victims and their children

SERVICE: Provides 24 -hr. shelter. Also provides counseling, support groups, advocacy and information and referral. Maximum stay 5 weeks.

*Number of beds: 40-45*

CONTACT: Misty Moon-Lartridge

# Utility Assistance

For financial assistance with electric, heating oil, gas, propane, and water, as well as some repairs, weatherization and appliance replacement.

Does the person need  
Emergency help or Prevention?

FINANCIAL  
EMERGENCY

PREVENTION

Have you tried to work  
out a payment plan with  
your utility provider?

YES

NO

Have you been sent a  
shut-off notice?

Ask them to contact  
their utility provider.

YES

**Dept. of Human  
Services**  
State Emergency  
Relief  
337-4900

**KCHCS Weatherization**  
Helps with insulation,  
infiltration, minor repairs;  
limited replacement of  
furnaces, roofs and hot  
water heaters for owner-  
occupied homes.  
373-5214

**Douglass Community  
Association**  
Home repair, *summers only*  
60 yrs. and Northside  
homeowners or disabled  
individuals  
343-6185

**Utility Assistance  
Community Collaboration  
Group Level I**  
344-6119  
Salvation Army and  
Community Action Agency

Do you live in one of the  
following communities?

**Utility Assistance Community  
Collaboration Group Level II  
Community Centers**  
Comstock Community Center  
Portage Community Center  
South County Community Services

Last Resource: Friends,  
family, churches

**Faith Based Groups**  
Christian Resource Center  
St. Vincent DePaul  
Deacons Conference  
Mt. Zion, etc

Call **211**

# Utility & Fuel Assistance

Michigan Department of  
Human Services  
337-4900  
322 E. Stockbridge Ave.

Salvation Army  
344-6119

Community Action  
Agency KCHCS  
373-5066

**Michigan Department of  
Human Services**  
(DHS formerly , FIA, DSS)  
337-4900 (Main #)  
322 E. Stockbridge Ave.

ELIGIBLE: Kalamazoo County Residents

**SERVICES:**

**State Emergency Relief (SER):** There is an application process to qualify for this financial assistance. One criterion is that the solution to the problem be sustainable. Services available under this program can include assistance with funeral costs, shelter related issues, utilities (electric, heat, water), and home ownership services, ie, mortgages, property taxes, and home repairs.

**Emergency Services (ES):** Help with unusual circumstances beyond SER requirements ie, medically necessary phone installation, heat, utilities, maximum dollar amounts apply.

CONTACT: Clinton Lewis 337-5004  
Tim Charron 337-4981

**In addition, see:**

Community Centers under **Other Emergency Needs & Community Centers.**

**Utility Assistance Community Collaborative: Salvation Army & Community Action Agency**

**Salvation Army**  
344-6119  
1700 S. Burdick

ELIGIBLE: Low income persons or families in financial crisis

SERVICES: Provides emergency assistance for utilities, food, clothing, personal needs, diapers and disaster relief.

For utilities assistance:

1. Client must be a resident of Kal. Co.
2. Must be in an affordable situation.
3. Client contributes money to the solution to the extent possible.
4. Client received a shut off notice and has already been in contact with DHS.

CONTACT: Maria Almaguer or  
Major Donald Tekutz

**Community Action Agency  
Emergency Financial Assistance  
(KCHCS)**

*Call Salvation Army as the entry point to accessing community funds for utility assistance.*

3299 Gull Rd, Wing 2 Floor 3

ELIGIBLE: Low-income families and individuals in financial crisis

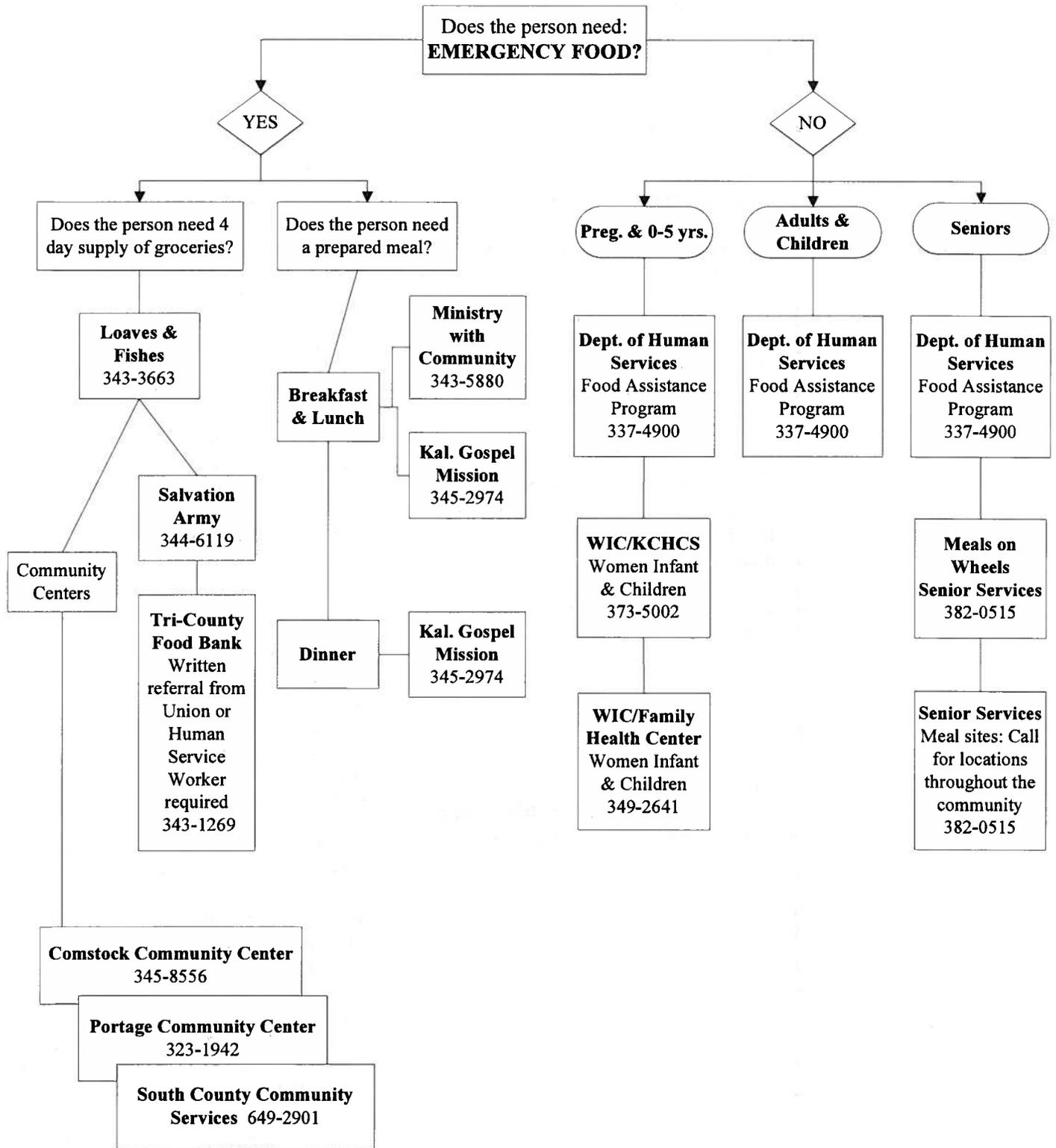
SERVICES: Provides financial assistance with housing, heating, and energy emergencies.

For Utility Assistance--Client must

1. be a resident of Kalamazoo County.
2. have decisions from DHS and Sal. Army
3. be income-eligible under grant guide lines.
4. provide proof of emergency, for example, a shutoff notice.



# Food Distribution



# Emergency Food

Kalamazoo Loaves  
& Fishes  
343-3663

WIC / KCHCS  
373-5002

Michigan Department of  
Human Services  
337-4900

Ministry  
with Community  
Drop In Center  
343-5880

Kalamazoo Gospel  
Mission  
345-2974

Senior Services  
382-0515

Salvation Army  
344-6119

**In addition, see:**  
Community Centers  
under *Other Emergency*  
*Needs & Community*  
*Centers*

**Kalamazoo Loaves & Fishes**  
343-3663  
913 E. Alcott

ELIGIBLE: Any Kal. Co. resident in need of emergency food.

SERVICE: Provides 4 days of groceries, based on client self declaration of need. Client should call 343-3663 between 9am-3pm to schedule pick-up from one of 27 pantry sites.

Referrals from human service agencies required for those needing additional food assistance within any 30 day period. Caseworkers can call 343-3672

CONTACT: Art Cole--488-2617 ext 207

**WIC / KCHCS**  
373-5002  
3299 Gull Rd.

ELIGIBLE: Pregnant/lactating women and infants/preschoolers, based on income and screening for medical/nutritional risks. Proof of income required.

SERVICES: WIC coupons for milk, cheese, eggs, juice, peanut butter, dried beans, peas, infant cereal, and formula.

**Michigan Department of Human Services**  
337-4900 (Main #)  
322 E. Stockbridge Ave.

ELIGIBLE: Low income

SERVICES: Provides food assistance.

CONTACT: Clinton Lewis 337-5004  
Kelly Richards 337-5154

**Tri-County Food Bank**  
343-1269  
3330 Miller Road.

ELIGIBLE: Anyone with a written referral from their union's services rep. or a human services worker.

SERVICES: 40 lbs. bag of food 1x/month

**Ministry with Community**  
**Drop-in Shelter**  
343-5880  
440 N. Church St.

ELIGIBLE: All

SERVICE: Open 365 days/year 6:30a-5:30p; breakfast 8-9a; hot lunch 1:30-2:30p; also available are phones, showers, laundry, counseling, help with housing and employment and other services.

CONTACT: Phil Boothroyd, Amanda Rosdo

**Kalamazoo Gospel Mission**  
345-2974  
448 N. Burdick

ELIGIBLE: All ages in need of a hot meal.

SERVICE: Provides meals Monday-Sunday

**Breakfast:** 7:00 am

**Lunch:** 12:30 pm; Sun. 1pm

**Dinner:** 6 pm: chapel/ meal; Sat/Sun 6pm

CONTACT: Ext. 247 Tyra Swanson

**Meals On Wheels**  
**Senior Services, Inc.**  
382-0515  
918 Jasper St.

ELIGIBLE: Homebound older adults 60+ yrs. who have difficulty with meal preparation.

SERVICES: Provides food delivery to those who are home bound. Cost sharing fee based on ability to pay and number of meals per day. Main meal is mid-day. Light supper, if needed, is available.

*Offers congregational meal sites at various locations in Kalamazoo County.*

CONTACT: Jessica Jones

**Salvation Army**  
344-6119  
1700 S. Burdick

ELIGIBLE: Low income persons or families in financial crisis.

SERVICES: Provides emergency assistance for utilities, food, clothing, and disaster relief.

CONTACT: ~~Maia Almgren~~ Major Donald Tekutz

# Other Emergency Needs & Community Centers

Michigan Department of  
Human Services  
337-4900

Kalamazoo Deacons  
Conference  
344-7333

Family Health Center  
488-0813

Healthcare for the  
Homeless Clinic  
385-2217

Douglass Community  
Association  
343-6185

Comstock  
Community Center  
345-8556

Portage Community  
Center  
323-1942

South County  
Community Services  
649-2901

**Michigan Department of  
Human Services**  
(DHS-formerly FIA, DSS)  
337-4900  
322 E. Stockbridge Ave.

**ELIGIBILITY:** If presently receiving services through DHS, contact DHS worker. If person is receiving services for the first time, the person must go through intake. Response time for ES funds should be as soon as possible; at the end of the month the response time may be a bit slower. If a client is having special problems that need to be addressed, they may call the worker's supervisor. Intentional violators of any DHS programs are temporarily ineligible for services.

**SERVICES:** Provides income supportive services, medical assistance, FIP, emergency needs for life threatening situations, children's & adult protective services, foster care, adoption, food assistance, basic adult services, & services to delinquent youth (committed by Family Division of Circuit Court).

**Emergency Services (ES):** Help with unusual circumstances beyond SER requirements ie, medically necessary phone installation, heat/utilities, maximum dollar amounts apply.

**State Emergency Relief (SER):** There is an application process to qualify for this financial assistance. One criterion is that the solution to the problem be sustainable. Services available under this program can include assistance with funeral costs, shelter related issues, utilities (electric, heat, water), and home ownership services, ie, mortgages, property taxes, and home repairs.

**CONTACT:** Clinton Lewis 337-5004  
Rob Peck 337-5001

**Kalamazoo Deacons Conference**  
344-7333  
1010 N. Westnedge

**ELIGIBLE:** Anyone

**SERVICE:** Problem solving and support for people seeking clothing, furniture and appliances. For financial assistance, guest must have paperwork a) from DHS and HRI for evictions, b) from DHS and Salvation Army for utilities assistance. Amount available is generally \$75.

## Emergency Prescription Assistance Program

**Family Health Center**  
488-0813  
117 W. Patterson

**ELIGIBLE:** Kalamazoo Co. residents without prescription coverage who do not have a primary care physician.

**SERVICE:** Emergency prescription assistance 1x per year, 8am to 8pm daily.

## Healthcare for the Homeless Clinic

**Family Health Center**  
385-2217  
431N Rose

**ELIGIBLE:** Persons, living in transitional shelter, outdoors or with relatives temporarily.

**SERVICES:** Primary health care, assistance for prescription drugs (only for Family Health Center patients), and health education.

**HOURS:** M-F 8:30am to 5pm Walk-ins welcomed.

**CONTACT:** Willis Cain

# Other Emergency Needs & Community Centers

Michigan Department of  
Human Services  
337-4900

Kalamazoo Deacons  
Conference  
344-7333

Family Health Center  
488-0813

Healthcare for the  
Homeless Clinic  
385-2217

Douglass Community  
Association  
343-6185

Comstock  
Community Center  
345-8556

Portage Community  
Center  
323-1942

South County  
Community Services  
649-2901

**Douglass Community Association**  
343-6185  
1000 W. Paterson

ELIGIBLE: Northside homeowners 60yrs or older or disabled individuals, living in City of Kalamazoo census tracts 1-5.

SERVICES: Minor home repair and exterior painting (June-Sept. only).

CONTACT: O'Neal Ollie

**Portage Community Center**  
323-1942  
325 E. Centre

ELIGIBLE: Residents of the City of Portage or Portage school district.

SERVICES: Emergency assistance: food, clothing, financial, WIC coupons, holiday food baskets and immunizations.

CONTACT: Keith Howell  
Diane Schrock

**South County Community Services**  
649-2901  
101 S. Main St.,  
Vicksburg, MI 49097

ELIGIBLE: Residents of southern Kalamazoo County (including Vicksburg, Schoolcraft, Climax, Fulton, Scotts and surrounding townships).

SERVICES: Emergency food, clothing, financial assistance, WIC, prescription help, medical equipment, senior transportation, Christmas baskets.

CONTACT: Lauren Ritter &  
Jan Neblock-VanStratt

## Community Centers

**Comstock Community Center**  
345-8556  
6330 King Hwy

ELIGIBLE: Kal. Co. residents. Emergency Financial Assistance restricted to Comstock Township residents and/or Comstock School District only.

SERVICES: Food (T-Th 1-3pm). Financial (\$50/household 1x/year). Prescription help for seniors. Health clinic and holiday assistance.

CONTACT: Mary Gustas & Sue Benson





# NAVIGATING HEALTH CARE

2011

Social Health Insurance  
Primary Care  
Prescription Assistance  
Urgent Care  
Emergency Care  
Reproductive Care  
Dental Care  
Vision Care



*Get Connected. Get Answers.*



This guide was funded by a grant from Greater Kalamazoo United Way.

## **NAVIGATING HEALTH CARE GUIDE PURPOSE STATEMENT**

The Navigating Health Care Guide is designed to help referring professionals understand the Health Care System and the services that may be available to people who are uninsured.

## **STANDARDS FOR INCLUSION IN THIS GUIDE**

Includes non-profit agencies that provide healthcare services for the uninsured.

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Kalamazoo County Health and Community Services: 373-5200	
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Family Health Center: 349-2641 Main, 344-6168 Plan B	
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Family Health Center: 349-2641	
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Constance Brown Hearing Centers: 343-2601, (877)343-2601	
Kalamazoo County Health and Community Services: 373-5200	
Portage Community Center: 323-1942	
South County Community Services: 649-2901	
VISION USA - American Optometric Association: (800)766-4466	
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Kalamazoo County Health and Community Services: 373-5200	

Michigan Department of  
Human Services  
(269)337-4900

Kalamazoo County Health  
Plan  
(269)344-6168

United States Social  
Security Administration  
(800)772-1213

## Social Health Insurance Definitions

### Medicare and Medicaid

A federally funded health insurance program administered by the Centers for Medicare & Medicaid Services (CMS), previously known as the Health Care Financing Administration (HCFA), for people age 65 and older; for individuals with disabilities younger than age 65 who have received Social Security Disability benefits for at least 24 consecutive months; and for insured workers and their dependents who have end stage renal disease and need dialysis or a kidney transplant. Premiums, deductibles, and co-payments or out-of-pocket costs are required for Medicare coverage. Special programs that assist with paying some or all of these costs are available for low income persons who qualify. Medicare has four parts: Hospital Insurance (Part A), which helps pay for care in a hospital or skilled nursing facility, home health care and hospice care; Supplemental Medical Insurance (Part B), which helps pay for doctors, outpatient hospital care and other medical services including Medicare Preventive benefits; Medicare Advantage (Part C, formerly known as Medicare+Choice), which offers a variety of Medicare managed care options, including coordinated care plans and private, unrestricted fee-for-service plans that are required to provide, at minimum, the same benefits as Part A and B, excluding hospice services; and the Medicare Prescription Drug Benefit (Part D), a program managed by private plans that assists in covering the cost of prescription drugs for beneficiaries. People who have Medicare Part A and/or Part B need to join a Medicare prescription drug program to obtain insurance coverage for prescription drugs.

# Social Health Insurance

Michigan Department of  
Human Services  
(269)337-4900

Kalamazoo County Health  
Plan  
(269)344-6168

United States Social  
Security Administration  
(800)772-1213

## Social Health Insurance Definitions

### Children's State/Local Health Insurance Programs

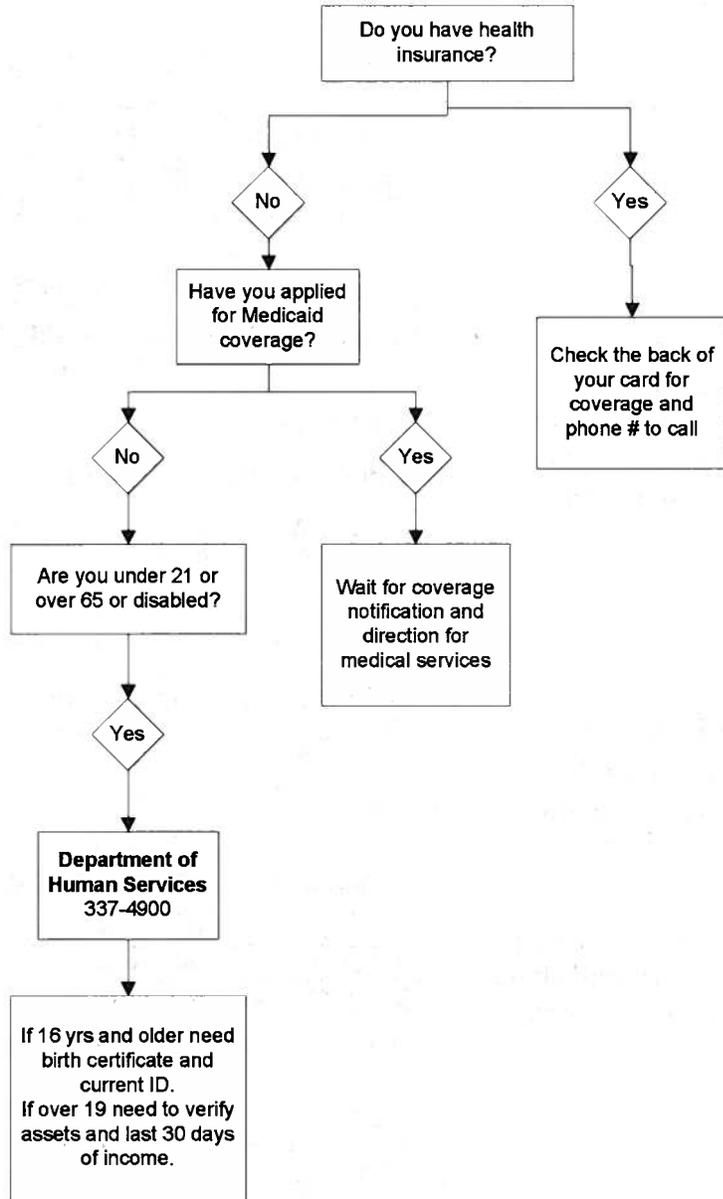
Programs that provide health insurance for children who do not qualify for Medicaid and who have no access to privately purchased health insurance or to insurance provided through a family member's employer. Services covered by these programs vary by state but generally include hospitalization, physician services, emergency room visits, family planning, immunizations, laboratory and x-ray services, outpatient surgery, chiropractic care, prescriptions, eye exams, eye glasses and dental care. Eligibility requirements also vary. Included are state and/or local government health insurance programs which may be administered by the state or at the local level and public/private partnerships between state and/or local government entities and health insurance companies or other private organizations. Health care is generally provided through participating managed care plans in the area.

### Adult State/Local Health Insurance Programs

Programs that provide health insurance for adults who do not qualify for Medicaid, do not have access to insurance provided by an employer or cannot afford privately purchased health insurance. Services covered by these programs vary by state but generally include hospitalization, physician services, emergency room visits, family planning, immunizations, laboratory and x-ray services, outpatient surgery, chiropractic care, prescriptions, eye exams, eye glasses and dental care. Other services may include alcohol and drug treatment, mental health services, medical equipment and supplies and rehabilitative therapy. Eligibility requirements also vary. Included are state and/or local government health insurance programs which may be administered by the state or at the local level and public/private partnerships between state and/or local government entities and health insurance companies or other private organizations. Health care is generally provided through participating managed care plans in the area.

Call **2-1-1**  
24/7 Centralized Call Center  
 Supported by:

# Financial Coverage for Medical Services through Department of Human Services



### Medicaid Card

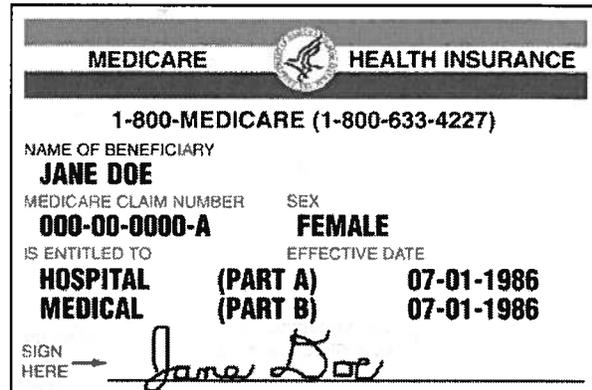
The color of this card is **Green**.

Also covers Behavioral Health Services for substance abuse and mental health.



### Medicare Card

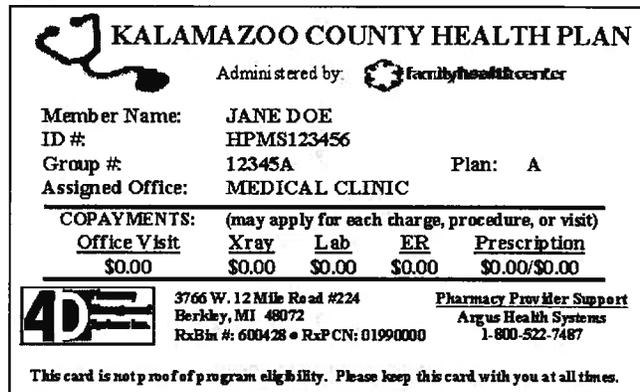
The color of this card is **White** with a red, white and blue stripe across the top. Sometimes it is referred to as the “Red, white and blue card”.



### Kalamazoo County Health Plan (Plan A)

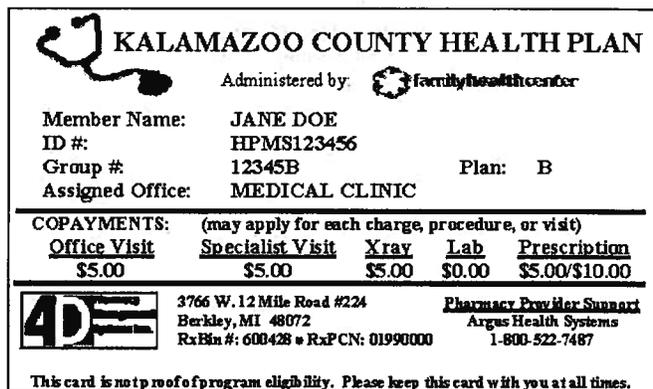
The color of this card is **White**. This card is used for anything medical.

Sometimes people get this card for medical and the **Green** card above for Behavioral Health Services.



### Kalamazoo County Health Plan (Plan B)

The color of this card is **White**.



# Coverage and Copay Table

## Kalamazoo County Health Plan, Plan A (Adult Benefits Waiver)

Coverage	Copay	Card Used
Office Visits	\$0	Kalamazoo County Health Plan
Specialist Services	\$0	Kalamazoo County Health Plan
Outpatient Lab Tests	\$0	Kalamazoo County Health Plan
Outpatient X-rays	\$0	Kalamazoo County Health Plan
Emergency Room (must be medically necessary)	\$0	Kalamazoo County Health Plan
Outpatient Hospital Services	\$0	Kalamazoo County Health Plan
Most Prescription Medications	\$0	Kalamazoo County Health Plan
Prescription Medications not covered by KCHP	\$1	ABW-mihealth
Emergency Ambulance	\$0	Kalamazoo County Health Plan
Walk-In/Urgent Care	\$0	Kalamazoo County Health Plan
Durable Medical Supplies	\$0	Kalamazoo County Health Plan
Mental Health Services (Through the Community Mental Health Services Program)	\$0	ABW-mihealth
Substance Abuse Services (Through the Community Mental Health Services Program)	\$0	ABW-mihealth

## Kalamazoo County Health Plan, Plan B

Coverage	Copay
Office Visits	\$5
Specialist Services	\$5
Outpatient Lab Tests	\$0
Outpatient X-rays	\$5
Prescription Medications	\$5 Generic – no exceptions
Walk-In/Urgent Care	\$5
Physical Therapy	\$0



## Family Health Center

Kalamazoo, MI  
Sliding Fee Scale

Percentage of Maximum Charge, Based on Family Income and Size

Sliding Fee Scale Step for Income Range 2011

Family Size	----- A ----- Pay \$10 per visit. 125% of Poverty Level	----- B ----- Pay 25% of charge or minimum of \$10 per visit. 126% - 150% of Poverty	----- C ----- Pay 50% of charge or mini- mum of \$10 per visit. 151% - 175% of Poverty	----- D ----- Pay 75% of charge or mini- mum of \$10 per visit. 176% - 200% of Poverty	----- E ----- Pay 100% of charge. 201% of Poverty
1	\$0 - \$13,612	\$13,613 - \$16,335	\$16,336 - \$19,057	\$19,058 - \$21,780	\$21,781 & Over
2	\$0 - \$18,387	\$18,388 - \$22,065	\$22,066 - \$25,742	\$25,743 - \$29,420	\$29,421 & Over
3	\$0 - \$23,162	\$23,163 - \$27,795	\$27,796 - \$32,427	\$32,428 - \$37,060	\$37,061 & Over
4	\$0 - \$27,937	\$27,938 - \$33,525	\$33,526 - \$39,112	\$39,113 - \$44,700	\$44,701 & Over
5	\$0 - \$32,712	\$32,713 - \$39,255	\$39,256 - \$45,797	\$45,798 - \$52,340	\$52,341 & Over
6	\$0 - \$37,487	\$37,488 - \$44,985	\$44,986 - \$52,482	\$52,483 - \$59,980	\$59,981 & Over
7	\$0 - \$42,262	\$42,263 - \$50,715	\$50,716 - \$59,167	\$59,168 - \$67,620	\$67,621 & Over
8	\$0 - \$47,037	\$47,038 - \$56,445	\$56,446 - \$65,852	\$65,853 - \$75,260	\$75,261 & Over
9	\$0 - \$51,812	\$51,813 - \$62,175	\$62,176 - \$72,537	\$72,538 - \$82,900	\$82,901 & Over
10	\$0 - \$56,587	\$56,588 - \$67,905	\$67,906 - \$79,222	\$79,223 - \$90,540	\$90,541 & Over
11	\$0 - \$61,362	\$61,363 - \$73,635	\$73,636 - \$85,907	\$85,908 - \$98,180	\$98,181 & Over
12	\$0 - \$66,137	\$66,138 - \$79,365	\$79,366 - \$92,592	\$92,593 - \$105,820	\$105,821 & Over

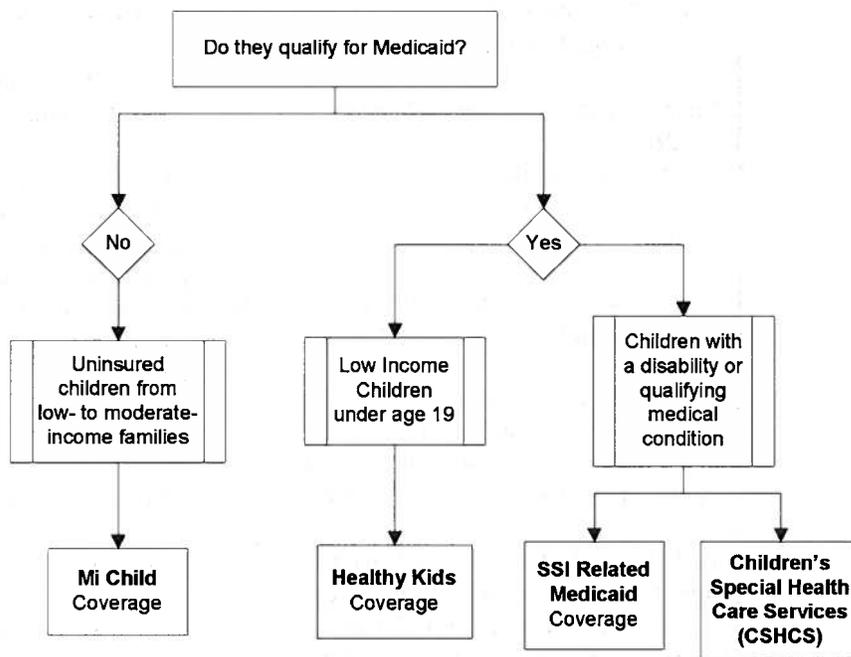
Add \$3,820 for each additional family member.

Based on Annual Update of the HHS Poverty Guidelines, published Federal Register 01/20/2011

# Health Care Coverage

through the Department of Human Services (DHS) and  
Kalamazoo County Health and Community Services (KCHCS)

## Children



# Social Health Insurance - Children

Department of Human  
Services  
(269)337-4900

Kalamazoo County Health  
and Community Services  
(269)373-5200

## CHILDREN'S SPECIAL HEALTH CARE SERVICES (CSHCS)

**Kalamazoo County Health and  
Community Services**  
3299 Gull Road  
Nazareth, MI 49074

(269)373-5200 Main  
(269)373-5010 CSHCS information

## **Michigan Department of Community Health**

Capitol View Building  
201 Townsend Street  
Lansing, MI 48933

(800)359-3722: CSHCS Family Phone Line  
cshcsfc@michigan.gov: email address

**SERVICE:** Provides certain approved  
medical service coverage to some children  
and adults with special health care needs in-  
cluding physical and mental disabilities.

**ELIGIBILITY:** Children must have a  
qualifying medical condition and be under 21  
years of age. Persons 21 and older with  
cystic fibrosis or certain blood coagulating  
disorders may also qualify for services.

**HOURS:**

**FEES:** n/a

## HEALTHY KIDS

**Department of Human Services**  
322 Stockbridge Avenue  
Kalamazoo, MI 49001

(269)337-4900 Main  
(269)337-5139 FAX  
www.michigan.gov/dhs

*Apply on-line at:*  
www.healthcare4mi.com

**SERVICE:** Health care program for  
low-income children under age 19 and for  
pregnant women of any age. No monthly  
premium for Healthy Kids. Most children  
who are eligible for Healthy Kids are  
enrolled in a Medicaid health plan. Healthy  
Kids provides a comprehensive package of  
health care benefits including vision, dental,  
and mental health services.

**ELIGIBILITY:** Children under 19 and  
pregnant women of any age. Must take an  
income test.

**HOURS:** Monday-Friday 8:00 AM-5:00 PM

**FEES:** n/a



# Social Health Insurance - Children

Department of Human  
Services  
(269)337-4900

Kalamazoo County Health  
and Community Services  
(269)373-5200

## MEDICAID

**Department of Human Services**  
322 Stockbridge Avenue  
Kalamazoo, MI 49001

(269)337-4900 Main  
(269)337-5139 FAX  
[www.michigan.gov/dhs](http://www.michigan.gov/dhs)

**SERVICE:** Determines eligibility for some of the health care programs that are administered by the Michigan Department of Community Health (MDCH).

**ELIGIBILITY:** Varies by program. Eligible for person under age 21.

**HOURS:** Monday-Friday 8:00 AM-5:00 PM

**FEES:** n/a

## MI CHILD

**Department of Human Services**  
322 Stockbridge  
Kalamazoo MI 49001

(269) 337-4900  
(269)337-5139 FAX  
[www.michigan.gov/dhs](http://www.michigan.gov/dhs)

**HOURS:** Monday-Friday 8:00 AM-5:00 PM

**Michigan Department of Community Health**

Capitol View Building  
201 Townsend Street  
Lansing, MI 48933

(888)988-6300 MI Child  
(800)642-3195 Beneficiary Help Line

*Apply on-line at:*  
[www.healthcare4mi.com](http://www.healthcare4mi.com)

**SERVICE:** Contracts with private insurance companies to provide comprehensive health insurance coverage for uninsured children who do not qualify for Medicaid. Insurance covers: immunizations; emergency care; primary and specialized care; diagnostic services; inpatient and outpatient hospital care; prescriptions; dental care; vision and hearing screening; mental health services; and substance abuse treatment.

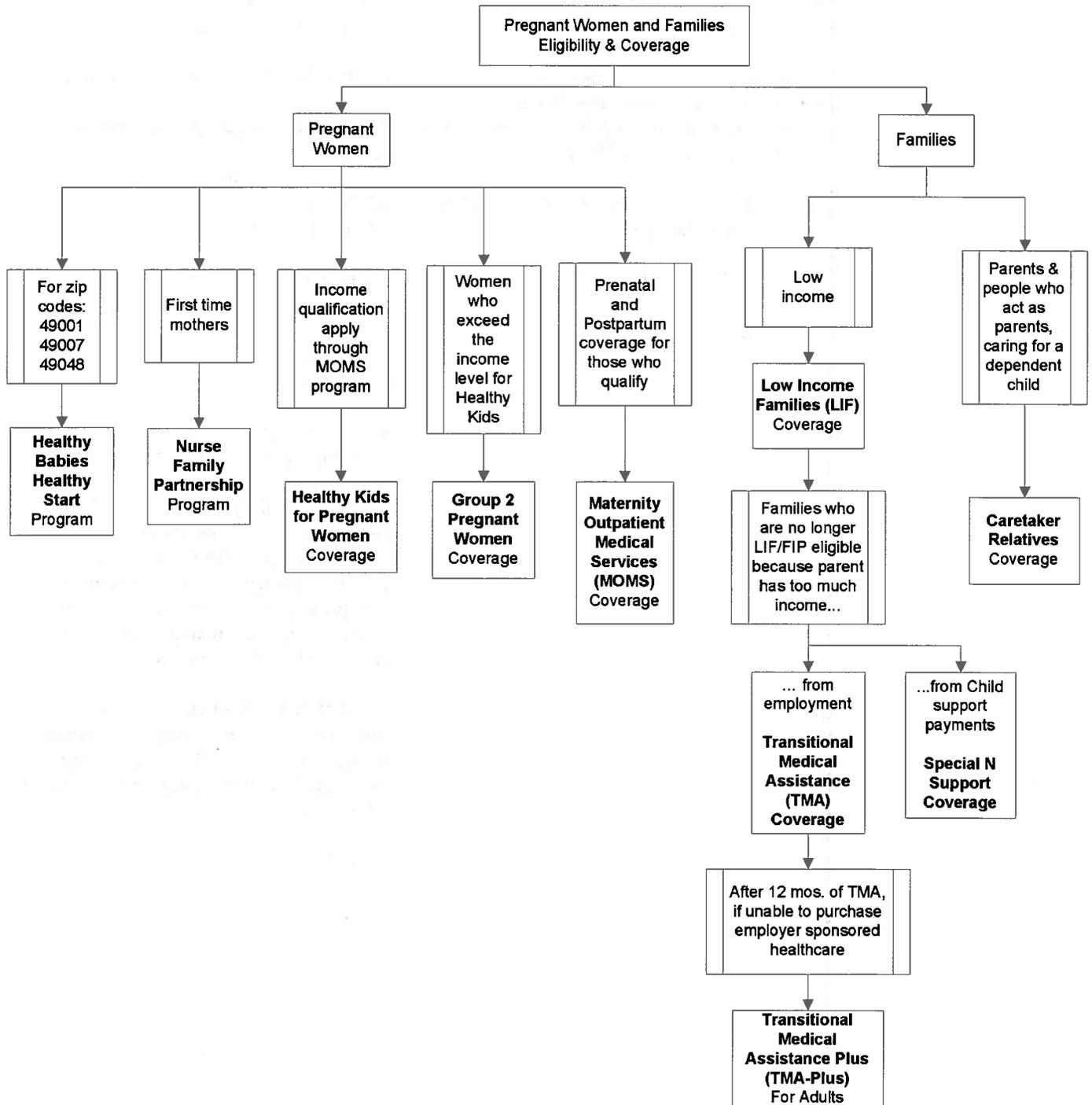
**ELIGIBILITY:** Children age 18 and under from low- to moderate-income families in Michigan who do not have other health insurance. Recipients must be U.S. citizens or legal aliens.

**FEES:** None

# Health Care Coverage

through the Department of Human Services (DHS) and  
Kalamazoo County Health and Community Services (KCHCS)

## Pregnant Women and Families



# Social Health Insurance - Pregnant Women & Families

Department of Human  
Services  
(269)337-4900

Douglass Community  
Center  
(269) 342-4084

Family Health Center  
(269)349-2641

Kalamazoo County  
Health and Community  
Services  
(269)373-5200

## CARETAKER RELATIVES

**Department of Human Services**  
322 Stockbridge Avenue  
Kalamazoo, MI 49001

(269)337-4900 Main  
(269)337-5139 FAX  
[www.michigan.gov/dhs](http://www.michigan.gov/dhs)

**SERVICE:** Medicaid is available to eligible parents and people who act as parents, caring for a dependent child. These people are called caretaker relatives.

**ELIGIBILITY:** There is an income test and an asset test for this program.

**HOURS:** Monday-Friday 8:00 AM-5:00 PM

**FEES:** n/a

## GROUP 2 PREGNANT WOMEN PROGRAM

**Department of Human Services**  
322 Stockbridge Avenue  
Kalamazoo, MI 49001

(269)337-4900 Main  
(269)337-5139 FAX  
[www.michigan.gov/dhs](http://www.michigan.gov/dhs)

**SERVICE:** If the income is over the income limit For Healthy Kids for Pregnant Women, the pregnant woman is assigned a deductible. Persons may incur medical expenses that equal or exceed the deductible and still qualify for this program.

**ELIGIBILITY:** Available for a woman who has income that exceeds the income limit for Healthy Kids for Pregnant Women.

**HOURS:** Monday-Friday 8:00 AM-5:00 PM

**FEES:** n/a

# Social Health Insurance - Pregnant Women & Families

Department of Human  
Services  
(269)337-4900

Family Health Center  
(269)349-2641

Kalamazoo County  
Health and Community  
Services  
(269)373-5200

## HEALTHY BABIES HEALTHY START

**Kalamazoo County Health and  
Community Services**  
3299 Gull Road  
Nazareth, MI 49074  
(269) 373-5279

**Family Health Center**  
2030 Portage Rd.  
Kalamazoo, MI 49001  
(269) 349-0888

**SERVICE:** Care management, home visits,  
parenting support, education, referrals to  
community resources, infant items, WIC,  
Medicaid/transportation, and more.

**ELIGIBILITY:** Pregnant women and their  
babies under two years old who live within  
49001, 49007 and 49048 zip codes.

**HOURS:** by location

**FEES:**

## HEALTHY KIDS FOR PREGNANT WOMEN

**Department of Human Services**  
322 Stockbridge Avenue  
Kalamazoo, MI 49001

(269)337-4900 Main  
(269)337-5139 FAX  
[www.michigan.gov/dhs](http://www.michigan.gov/dhs)

**SERVICE:** Medicaid is available to an  
eligible woman while she is pregnant,  
including the month her pregnancy ends and  
during the two calendar months following the  
month her pregnancy ends, regardless of the  
reason.

**ELIGIBILITY:** There is an income limit for  
this program.

**HOURS:** Monday-Friday 8:00 AM-5:00 PM

**FEES:** n/a

# Social Health Insurance - Pregnant Women & Families

Department of Human  
Services  
(269)337-4900

Douglass Community  
Center  
(269) 342-4084

Family Health Center  
(269)349-2641

Kalamazoo County  
Health and Community  
Services  
(269)373-5200

## LOW INCOME FAMILIES (LIF)

**Department of Human Services**  
322 Stockbridge Avenue  
Kalamazoo, MI 49001

(269)337-4900 Main  
(269)337-5139 FAX  
[www.michigan.gov/dhs](http://www.michigan.gov/dhs)

**SERVICE:** Most beneficiaries are enrolled in a Medicaid health plan and receive a comprehensive package of health care benefits including vision, dental, and mental health services. Families that receive cash assistance (Family Independence Program or FIP) are automatically eligible for this program. Families don't have to apply for FIP in order to receive health care coverage under this program.

**ELIGIBILITY:** There are income and asset tests.

**HOURS:** Monday-Friday 8:00 AM-5:00 PM

**FEES:**

## MATERNITY OUTPATIENT MEDICAL SERVICES (MOMS)

**Department of Human Services**  
322 Stockbridge  
Kalamazoo, MI 49001

(269) 337-4900  
(269)337-5139 FAX  
[www.michigan.gov/dhs](http://www.michigan.gov/dhs)

**SERVICE:** Prenatal and postpartum outpatient pregnancy-related services for pregnant or recently pregnant women.

**ELIGIBILITY:** Women who are pregnant or recently pregnant, live in Michigan, and are 185% or below the Federal Poverty Level, are not eligible for full Medicaid, or whose Medicaid application is pending. Other women who may be eligible for MOMS include teens, who because of confidentiality concerns, choose not to apply for Medicaid, and non-citizens who are only eligible for emergency services only.

The women must use Medicaid benefits if and when they become available. Prenatal health care services will be covered by MOMS and/or Medicaid for the entire pregnancy and for two months after the pregnancy ends. There is an income test for all persons except teens.

**HOURS:** Monday-Friday 8:00 AM-5:00 PM

**FEES:**

For additional assistance with the MOMS program please contact:

KCHCS  
3299 Gull Rd  
Nazareth, MI 49074

Contact Healthy Babies Healthy Start (373-5279) or Nursing Family Partnership (373-5067) for an appointment.

# Social Health Insurance - Pregnant Women & Families

Department of Human  
Services  
(269)337-4900

Douglass Community  
Center  
(269) 342-4084

Family Health Center  
(269)349-2641

Kalamazoo County  
Health and Community  
Services  
(269)373-5200

## NURSE FAMILY PARTNERSHIP

**Kalamazoo County Health and  
Community Services**  
3299 Gull Road  
Nazareth, MI 49074  
  
(269)373-5067

**SERVICE:** Nurse-Family Partnership is a voluntary prevention program providing nurse home visitation services to low income, first-time mothers in the area. Specially trained nurses begin services early in pregnancy and continue visitation through the child's second year. Nurses provide support, education and counseling on health, behavioral, self-sufficiency, and parenting issues as they work with the mother towards:

- having a healthy pregnancy and a healthy baby
- becoming a better parent
- building a strong network of support
- making the home child-friendly and safe
- obtaining referrals for healthcare,
- childcare, job training and other support services available in the community
- seeking educational opportunities and develop job skills

**ELIGIBILITY:** First time mothers who are low-income.

**HOURS:**

**FEES:** n/a

## SPECIAL N SUPPORT

**Department of Human Services**  
322 Stockbridge Avenue  
Kalamazoo, MI 49001

(269)337-4900 Main  
(269)337-5139 FAX  
[www.michigan.gov/dhs](http://www.michigan.gov/dhs)

**SERVICE:** Special N Support is available for 4 months. Most beneficiaries are enrolled in a Medicaid health plan and receive a comprehensive package of health care benefits including vision, dental, and mental health services.

**ELIGIBILITY:** Special N Support is available to families that received Low Income Families (LIF) Medicaid or cash assistance (FIP) but are no longer eligible due to income from child support payments.

**HOURS:** Monday-Friday 8:00 AM-5:00 PM

**FEES:**

# Social Health Insurance - Pregnant Women & Families

Department of Human  
Services  
(269)337-4900

Douglass Community  
Center  
(269) 342-4084

Family Health Center  
(269)349-2641

Kalamazoo County  
Health and Community  
Services  
(269)373-5200

## TRANSITIONAL MEDICAL ASSISTANCE (TMA)

**Department of Human Services**  
322 Stockbridge Avenue  
Kalamazoo, MI 49001

(269)337-4900 Main  
(269)337-5139 FAX  
[www.michigan.gov/dhs](http://www.michigan.gov/dhs)

**SERVICE:** Most beneficiaries are enrolled in a Medicaid health plan and receive a comprehensive package of health care benefits including vision, dental, and mental health services. TMA is available for up to 12 months.

**ELIGIBILITY:** TMA is available to families that have received LIF or cash assistance (FIP) in at least 3 of the last 6 months. The family is no longer LIF/FIP eligible because a parent has too much income from employment.

**HOURS:** Monday-Friday 8:00 AM-5:00 PM

**FEES:**

## TRANSITIONAL MEDICAL ASSISTANCE PLUS (TMA-PLUS)

**Department of Human Services**  
322 Stockbridge Avenue  
Kalamazoo, MI 49001

(269)337-4900 Main  
(269)337-5139 FAX  
[www.michigan.gov/dhs](http://www.michigan.gov/dhs)

**SERVICE:** A comprehensive package of health care benefits including vision, dental, and mental health services.

**ELIGIBILITY:** TMA-Plus assists beneficiaries in achieving self-sufficiency by extending medical coverage for families unable to purchase employer-sponsored health care coverage. TMA-Plus is available to adults after the 12 months of TMA. There is only an income limit. There are monthly premiums based on the number of adults and how long they have been in the TMA-Plus program.

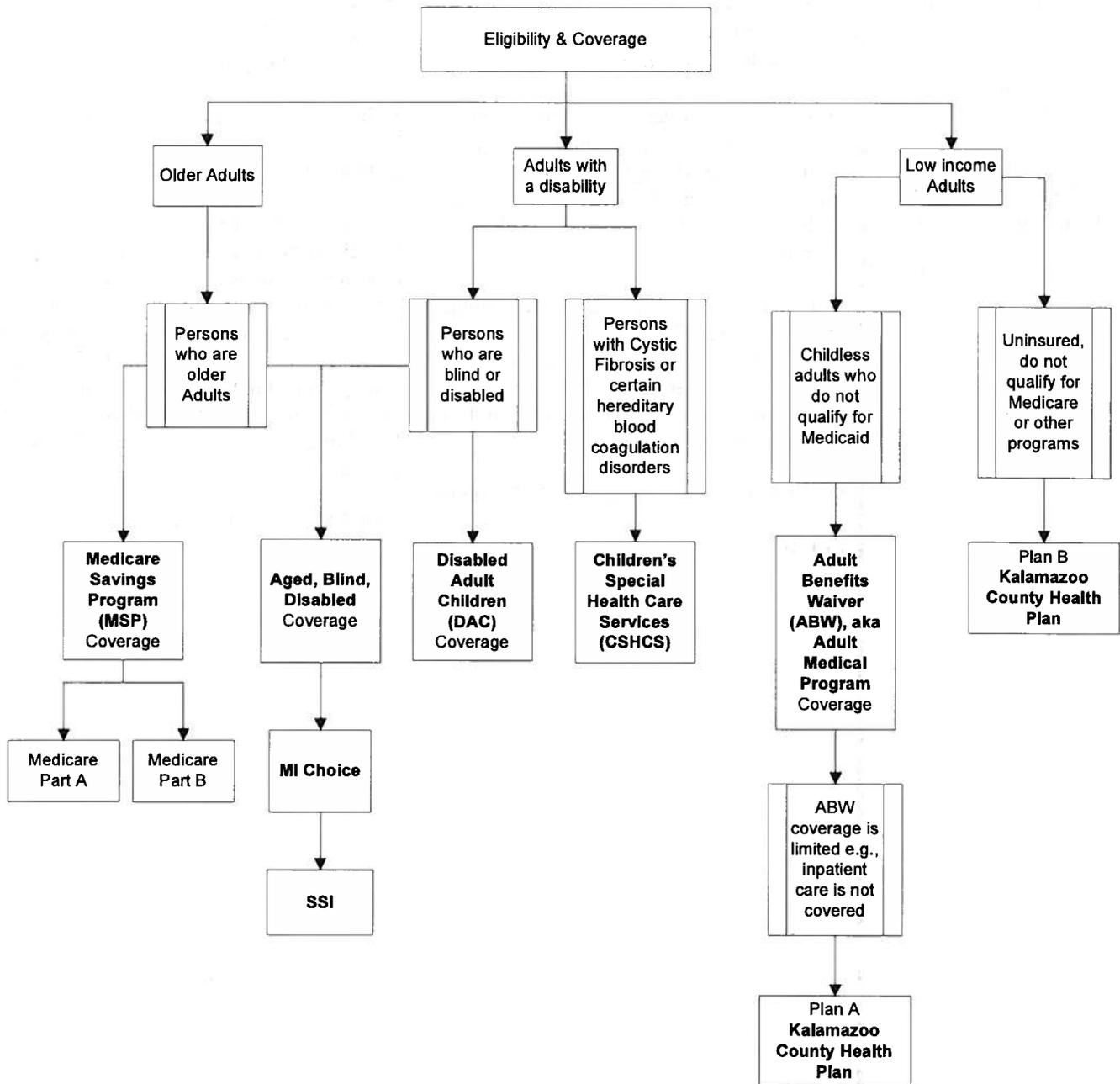
**HOURS:** Monday-Friday 8:00 AM-5:00 PM

**FEES:**

# Health Care Coverage

through the Department of Human Services (DHS) and  
Kalamazoo County Health and Community Services (KCHCS)

## Adults



# Social Health Insurance - Adults

Department of Human  
Services  
(269)337-4900

Family Health Center  
(269)349-2641 Main  
(269)344-6168 Plan B

Kalamazoo County  
Health and Community  
Services  
(269)373-5200

United States Social  
Security Administration  
(269)381-2313  
(800)772-1213

## ADULT BENEFITS WAIVER (ABW) a.k.a., ADULT MEDICAL PROGRAM (AMP)

**Department of Human Services**  
322 Stockbridge Avenue  
Kalamazoo, MI 49001

(269)337-4900 Main  
(269)337-5139 FAX  
www.michigan.gov/dhs

**SERVICE:** ABW/AMP medical coverage is limited (e.g., inpatient coverage is not covered). However, pharmacy is included. Some counties have a county health plan that the person must be enrolled in to receive ABW/AMP benefits. Some services may require prior authorization from the county health plan or state (if there is no health plan in the county of residence).

ABW Beneficiaries will get a **mihealth card**. If you are enrolled in an ABW County Health Plan, you will also get a health card from that Health Plan in addition to the mihealth card. Take both the County Health Plan ID card and the mihealth card with you when you need medical services.

**ELIGIBILITY:** ABW/AMP provides basic medical care to low income childless adults who do not qualify for Medicaid. There are asset and income tests.

**HOURS:** Monday-Friday 8:00 AM-5:00 PM

**FEES:**

## AGED, BLIND, DISABLED

**Department of Human Services**  
322 Stockbridge Avenue  
Kalamazoo, MI 49001

(269)337-4900 Main  
(269)337-5139 FAX  
www.michigan.gov/dhs

**SERVICE:** Most beneficiaries are enrolled in a Medicaid health plan and receive a comprehensive package of health care benefits including vision, dental, and mental health services.

**ELIGIBILITY:** Medicaid is available to persons who are aged, blind, or disabled. There are income and asset tests. If the income is over the income limit, persons may incur medical expenses that equal or exceed the deductible and still qualify for this program.

**HOURS:** Monday-Friday 8:00 AM-5:00 PM

**FEES:**

# Social Health Insurance - Adults

Department of Human  
Services  
(269)337-4900

Family Health Center  
(269)349-2641 Main  
(269)344-6168 Plan B

Kalamazoo County  
Health and Community  
Services  
(269)373-5200

United States Social  
Security Administration  
(269)381-2313  
(800)772-1213

## CHILDREN'S SPECIAL HEALTH CARE SERVICES (CSHCS)

**Kalamazoo County Health and  
Community Services**  
3299 Gull Road  
Nazareth, MI 49074

(269)373-5010 CSHCS information

**Michigan Department of Community  
Health**  
Capitol View Building  
201 Townsend Street  
Lansing, MI 48933

(800)359-3722: CSHCS Family Phone Line  
cshcsfc@michigan.gov: email address

**SERVICE:** Provides certain approved  
medical service coverage to some adults with  
special health care needs including physical  
and mental disabilities.

**ELIGIBILITY:** Persons 21 and older with  
cystic fibrosis or certain blood coagulating  
disorders may qualify for services.

**HOURS:** Monday-Friday 8:00 AM-5:00 PM

**FEES:** None

## DISABLED ADULT CHILDREN (DAC)

**Department of Human Services**  
322 Stockbridge Avenue  
Kalamazoo, MI 49001

(269)337-4900 Main  
(269)337-5139 FAX  
www.michigan.gov/dhs

**SERVICE:** Most beneficiaries are enrolled in  
a Medicaid health plan and receive a  
comprehensive package of health care  
benefits including vision, dental, and mental  
health services.

**ELIGIBILITY:** A person who had a disability  
or blindness before age 22 may be eligible to  
receive Medicaid benefits in his/her adult  
years. This person must also be receiving  
DAC benefits from Social Security.

**HOURS:** Monday-Friday 8:00 AM-5:00 PM

**FEES:** n/a



# Social Health Insurance - Adults

Department of Human  
Services  
(269)337-4900

Family Health Center  
(269)349-2641 Main  
(269)344-6168 Plan B

Kalamazoo County  
Health and Community  
Services  
(269)373-5200

United States Social  
Security Administration  
(269)381-2313  
(800)772-1213

## KALAMAZOO COUNTY HEALTH PLANS

**Family Health Center**  
117 W. Paterson  
Kalamazoo, MI 49007  
(269) 349-2641 Main

(269)337-4900 Plan A  
(269)344-6168 Plan B

**SERVICE:** Covers medically necessary health care services for those who qualify to be members of the Kalamazoo County Health Plan.

### Plan A

Residents eligible for the Adult Benefits Waiver (ABW) program through the State of Michigan are enrolled in Kalamazoo Health Plan, Plan A. This program is NOT insurance. It provides basic medical care to low income childless adults who do not qualify for Medicaid. **Enrollment in Kalamazoo Health Plan, Plan A is done by the local Department of Human Services (DHS): 269-337-4900.**

### Plan B

Residents who do not meet the requirements for Medicaid, Medicare, or any other program may be eligible for a community-sponsored program called Kalamazoo Health Plan, Plan B. This program is NOT insurance. It provides basic medical care at little or no cost to the member. For more information, please call the following number to reach your local enrollment office, the **Family Health Center, for Plan B: 269-344-6168.**

**ELIGIBILITY:** Kalamazoo County resident, cannot have any private health insurance or be eligible for Medicaid, Medicare, MOMS, MICHild or Healthy Kids.

**HOURS:** Monday-Friday: 8:30 AM-5:00 PM

**FEES:** No fee to enroll

## MEDICARE SAVINGS PROGRAM (MSP)

**Department of Human Services**  
322 Stockbridge Avenue  
Kalamazoo, MI 49001

(269)337-4900 Main  
(269)337-5139 FAX  
[www.michigan.gov/dhs](http://www.michigan.gov/dhs)

**SERVICE:** The Medicare Savings Program pays for certain Medicare costs. In some cases, the beneficiary may be refunded a portion of the Medicare Part B premium on an annual basis.

**ELIGIBILITY:** There is an asset test. The income amount determines what is covered.

**HOURS:** Monday-Friday 8:00 AM-5:00 PM

**FEES:** n/a

# Social Health Insurance - Adults

Department of Human  
Services  
(269)337-4900

Family Health Center  
(269)349-2641 Main  
(269)344-6168 Plan B

Kalamazoo County  
Health and Community  
Services  
(269)373-5200

United States Social  
Security Administration  
(269)381-2313  
(800)772-1213

## MEDICARE & SUPPLEMENTAL SECURITY INCOME (SSI)

**Social Security Administration**  
317 S. Drake Rd.  
Kalamazoo, MI 49009

(800)772-1213 National  
www.socialsecurity.gov

(269)381-2313 Main: Local office  
(866)331-9088 Main: Local office  
(269)381-9119 FAX  
(269)381-9046 TTY  
(800)325-0778 TTY: Local Office  
Mi.Fo.Kalamazoo@ssa.gov

**SERVICE:** The Social Security office assigns social security numbers, processes retirement, disability, **Medicare**, survivor's claims and claims for **SSI**. SSI is a cash benefit to low income adults who are aged, disabled, or blind. SSI beneficiaries are automatically eligible for Medicaid and the comprehensive package of health care benefits including, vision, dental, and mental health services. Medicaid may continue even if SSI stops.

**ELIGIBILITY:** The Social Security Administration determines eligibility.

**HOURS:** Monday-Friday 9:00 AM-4:00 PM

**FEES:** No fees

## MI CHOICE

**Department of Human Services**  
322 Stockbridge Avenue  
Kalamazoo, MI 49001

(269)337-4900 Main  
(269)337-5139 FAX  
www.michigan.gov/dhs

**SERVICE:** The MIChoice waiver provides home and community based health care services for aged and disabled persons. The program's goal is to allow persons to remain at home to receive health services. MIChoice Beneficiaries are not enrolled in a Medicaid health plan but still receive a comprehensive package of health care benefits including vision, dental, and mental health services. In addition, the waiver may provide other benefits to help the person remain at home.

**ELIGIBILITY:** Services for aged and disabled persons. If they did not receive such services, these persons would require nursing home care. The cost of care at home must be less than the cost of care in a nursing home.

**HOURS:** Monday-Friday 8:00 AM-5:00 PM

**FEES:**



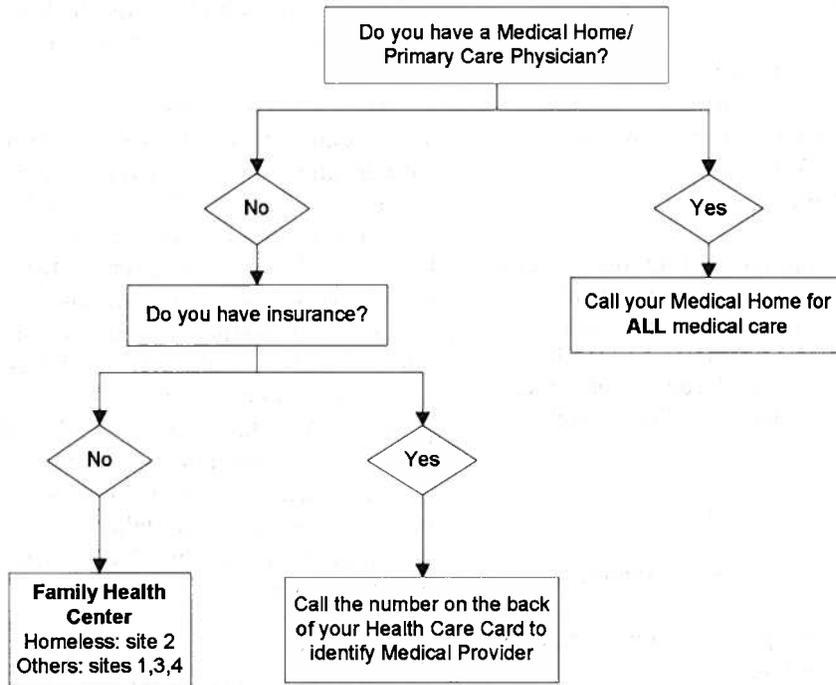
for additional information about community services, or  
go to [www.gryphon.org](http://www.gryphon.org) and select Local Resources

Produced by Gryphon Place

# Medical Home Primary Care Physician

**Medical Home** means that you get care from a doctor who will help you stay well. This office will help you to take care of yourself when you are ill. The doctor will help you with diseases like diabetes (blood sugar problems) or high blood pressure.

**When should I call my medical home?**  
For regular check-ups and colds and flu that don't get better. Anything that is not an emergency and can be handled when the office is open. AFTER office hours, call your medical home office and then call the number given in the office's voice message.



**Family Health Center**  
Five Sites

1. Main – 117 W. Paterson St.,
2. Health Clinic for the Homeless – 431 N. Rose St.
3. Kalamazoo South – 2030 Portage Rd.
4. Portage – 325 Centre St., Portage
5. Edison – 924 Russell St., Edison School

# Medical Home/Primary Care Physician

Family Health Center  
(269)349-2641

Borgess Medical Center  
(269) 226-7000

**Family Health Center**  
117 W Paterson  
Kalamazoo, MI 49007

(269)349-2641 Main  
(269)385-2217 Healthcare for the Homeless  
(269)488-0813 Service/Intake  
(269)377-1702 Edison School Based  
Health Center  
(269)349-0888 Portage Rd  
(269)488-7342 Centre St., Portage  
(269)349-4373 FAX  
www.fhckzoo.com/

**SERVICE:** This agency provides primary health care services for the medically underserved and medically indigent residents of Kalamazoo County. It has an on site pharmacy, children's dental, OB/GYN, family practice, pediatrics and laboratory.

**ELIGIBILITY:** Anyone

**HOURS:** Vary by site and program.

**FEES:** \$45 average visit; sliding scale based on income available

## **Healthcare for the Homeless**

The Healthcare for the Homeless site provides quality comprehensive healthcare to homeless clients in Kalamazoo County. Along with medical care we also provide case management, substance abuse counseling and referrals, complimentary services that include referrals for massage therapy and acupuncture, vouchers for dental services, and enabling services that includes transportation such as cab rides and bus tokens. Our primary goal is to improve the health status and outcomes for homeless individuals and families by improving access to primary care and other critical services.

## **Family Health Center - continued**

### **Managed Care**

This area features a modern office, waiting room and private counseling rooms where patients can visit with specialists about their insurance and health benefits and to receive help accessing assistance programs.

### **Obstetrics/Gynecology**

We specialize in general women's medical care, diagnosis and treatment of disorders of the female reproductive system, and care of pregnant women. Our key provider is board-certified and has cared for the under-served population in Kalamazoo County for more than 20 years. Thanks to our new facility, our OB/GYN area is easier to navigate and more private for our patients. We administer the Healthy Babies - Healthy Start program for Kalamazoo County, a federal program created to reduce high fetal and infant mortality rates by helping women have healthy pregnancies and healthy babies.

### **Social work**

They are adept at crisis assessment and intervention. The social work team is familiar with community resources and provide a valuable link to community agencies.

### **WIC (Women, Infants, Children)**

WIC is a federal program that serves to safeguard the health of low-income women, infants and children up to age 5 who are at nutritional risk by providing nutritious foods to supplement diets, information on healthy eating, and referrals to health care.



# Medical Home/Primary Care Physician

Family Health Center  
(269)349-2641

**Borgess Medical Center**  
1521 Gull Road  
Kalamazoo, MI 49048

Borgess Medical Center  
(269)226-7000

(269)226-7000 Main  
(269)226-4815 Emergency  
(269)226-8135 Physician Referral  
(800)828-8135 Physician Referral

[www.borgess.com](http://www.borgess.com)

Choose "Physician" from upper right corner of website to search for a physician by area of interest, specialty, or by name.

**SERVICE:** Provides primary and specialty medical services to both adults and children including: general adult medicine, women's health, senior healthcare, newborn care, adolescent medicine, immunizations, lactation consultations, x-ray service, preventive health care and after hours helpline.

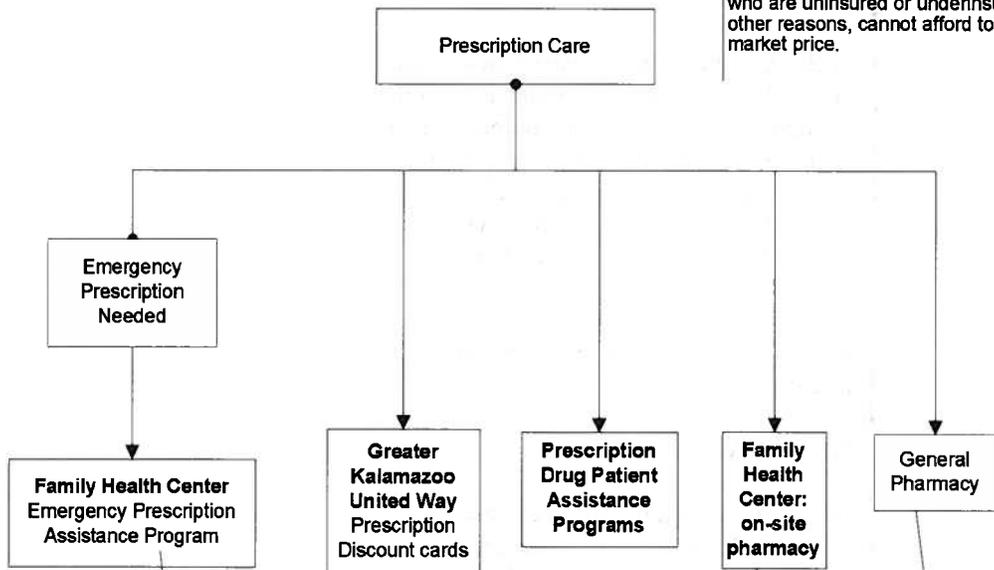
**ELIGIBILITY:** Call to determine if practice is accepting new patients

**HOURS:** Vary by location

**FEES:** Accept most insurance carriers including Medicaid and Medicare, participate with PPOs and HMOs.

# Prescription Assistance

**Prescription Expense Assistance:** Provide financial assistance to purchase necessary prescription drugs for people who would be in an emergency situation without assistance.  
**Prescription Medication Service:** Programs that provide access to brand name or difficult to obtain prescription drugs or supportive services that help patients take their medication as prescribed by their physician.  
**Prescription Discount Card:** Private organizations that issue cards that offer discounts on prescriptions at participating pharmacies.  
**Prescription Drug Patient Assistance Programs:** Companies that make free or low-cost brand name or generic prescription drugs available to patients who are uninsured or underinsured or, for other reasons, cannot afford to pay the market price.



**The Emergency Prescription Assistance Program (EPAP)** is administered by the pharmacy department at Family Health Center. Program provides one time emergency prescription fills to qualified individuals and works to link them to resources for long term medical care and prescription coverage.

Reduced cost prescription drugs.

**General Pharmacy:** Pharmacies that are open during regular business hours. Some have certain medications available for free or at discounted rates.

# Prescription Assistance

Family Health Center  
(269)349-2641 Main  
(269)488-0835 Pharmacy

Greater Kalamazoo  
United Way  
(269)343-2524

**Family Health Center**  
117 W Paterson  
Kalamazoo, MI 49007

(269)349-2641 Main  
(269)488-0813 Prescription Assistance  
(269)349-4373 FAX  
www.fhckzoo.com

**SERVICE:**The Emergency Prescription Assistance Program (EPAP) is administered by the pharmacy department at Family Health Center. This program is for one time emergency prescription fills and is not designed to be an ongoing provider of free medication. One of the roles of the EPAP department is to link the patient with various resources for long term medical care and prescription coverage. EPAP works closely with the Kalamazoo County Health Plan and the Family Health Center to provide the necessary ongoing care for these individuals.

**ELIGIBILITY:** Anyone

**HOURS:** Pharmacy  
Monday - Friday 8:00 AM-8:00 PM  
Saturday 9:00 AM-1:00 PM

**FEES:** \$45 average visit; sliding scale based on income available.

# Prescription Assistance

Family Health Center  
(269)349-2641 Main  
(269)488-0835 Pharmacy

Greater Kalamazoo  
United Way  
(269)343-2524

## PREScription DISCOUNT CARD

**Greater Kalamazoo United Way (GKUW)**  
709 S. Westnedge Ave.  
Kalamazoo, MI 49007-6003

(269) 343-2524  
<http://kalamazoounitedway.org>

You can print one out from website or pick one up at GKUW.

**SERVICE:** Prescription drug discounts to those who don't have health insurance, or who need medicine not covered by their insurance plan. This card could lower the cost of your medicine by an average 35%.

**Local participating pharmacies:**  
Askler's Augusta Pharmacy, D&W, Family Health Center Pharmacy, Fred's Vicksburg Community Pharmacy, Galesburg Pharmacy, Gull Pointe Pharmacy, Harding's, Hills Pharmacy, Kalamazoo Hematology & Oncology, Meijer, MSU-KCMS Pharmacy, Oakwood Plaza Pharmacy, Portage Pharmacy, Quinn's Pharmacy, Redcrown Pharmacy, Richland Village Drug, Sam's, Target, Western Michigan University Health Center Pharmacy, Walmart, West Lake Drug and Westside Pharmacy.

Additional information about this program is available online at [www.FamilyWize.org](http://www.FamilyWize.org)

**ELIGIBILITY:** Everyone

**HOURS:** Monday-Friday 8:00 AM-5:00 PM

**FEES:** none

## PREScription DRUG PATIENT ASSISTANCE PROGRAMS

**Partnership for Prescription Assistance**  
1-888-4PPA-NOW (1-888-477-2669)  
[www.pparx.org](http://www.pparx.org)

**SERVICE:** The Partnership for Prescription Assistance (PPA) program will connect patients in need to public and private assistance programs. A single point of access for more than 475 public and private assistance programs. Over 2,500 brand-name and generic prescription medicines are available through participating patient programs.

**ELIGIBILITY:** varies

**HOURS:** Monday-Friday 8:00 AM-5:00 PM

**FEES:** vary

**Pfizer Helpful Answers:**  
(866) 706-2400

**SERVICE:** Pfizer Helpful Answers is a family of assistance programs for uninsured and underinsured patients who need help getting their Pfizer medicines. These programs provide Pfizer medicines for free or at a saving to patients who qualify. Some programs also offer reimbursement support.

**ELIGIBILITY:** varies

**HOURS:**

**FEES:** vary



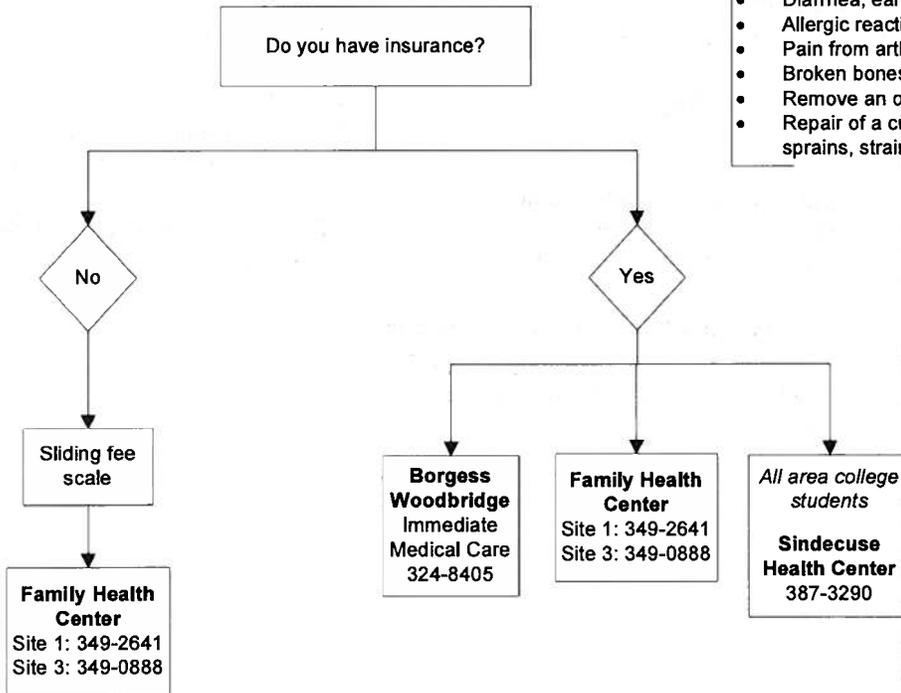
# Urgent Care

Immediate medical attention: days, evenings, and weekends.

**Urgent Care Clinic** is like a mix of your medical home and emergency room. The office hours are longer than the hours of your medical home office and you don't need an appointment.

**A clinic like this will care for less serious problems such as:**

- Fever, cough, sore throats.
- Diarrhea, ear aches, minor burns.
- Allergic reactions.
- Pain from arthritis/gout.
- Broken bones.
- Remove an object from your body.
- Repair of a cut, eye injuries, sprains, strains.



**Family Health Center**  
Five Sites

1. Main – 117 W. Paterson St.,
2. Health Clinic for the Homeless – 431 N. Rose St.
3. Kalamazoo South – 2030 Portage Rd.
4. Portage – 325 Centre St., Portage
5. Edison – 924 Russell St., Edison School

# Urgent Care

**Borgess at Woodbridge Hills - Immediate Care**  
(269)324-8405

**Family Health Center**  
(269)349-2641

**Sindecuse Health Center**  
(269)387-3290

**Borgess at Woodbridge Hills - Immediate Care**  
7901 Angling Road  
Portage, MI 49024

(269)324-8405

**SERVICE:** Provide relief to individuals requiring treatment for many common medical conditions including cuts and abrasions, respiratory infections, strep throat, simple fractures and workman's compensation follow-up and more

**ELIGIBILITY:** Anyone

**HOURS:**  
Monday -Friday 7:00 AM -10:00 PM  
Saturday 10:00 AM - 8:00 PM  
Sunday and Holidays 9:00 AM - 5:00 PM

**FEES:** Accept most major carriers including Medicaid and Medicare. Fee for service is an option. Fees dependent on care provided.

**Family Health Center**  
117 W Paterson  
Kalamazoo, MI 49007

(269)349-2641 Main  
(269)349-4373 FAX  
[www.fhckzoo.com/](http://www.fhckzoo.com/)

**SERVICE:** Walk-in clinic offers treatment of minor and acute illness. No chronic illness and no medicine refills.

**ELIGIBILITY:** Anyone

**HOURS:**  
Monday -Friday 8:00 AM - 8:00 PM  
Saturday 8:00 AM - 1:00 PM

**FEES:** \$45 average visit; sliding scale based on income.

# Urgent Care

Borgess at Woodbridge  
Hills - Immediate Care  
(269)324-8405

Family Health Center  
(269)349-2641

Sindecuse Health Center  
(269)387-3290

**Sindecuse Health Center**  
1903 W. Michigan Ave.  
Kalamazoo, MI 49008-5201

(269) 387-3290: For appt. or info.  
[www.wmich.edu/shc/](http://www.wmich.edu/shc/)

**SERVICE:** Provides primary health care services by appointment or Same-Day Care Clinic, which is designed for acute minor illness or injury that cannot wait for an appointment.

Also provides crisis intervention, short term counseling, assistance with financial and insurance needs, pharmaceutical patient assistance, or Plan First! reproductive care.

Anonymous HIV counseling, testing and education available. Call 387-4HIV for more information or 387-3263 to schedule an appointment.

**ELIGIBILITY:** All students enrolled at Western Michigan University, Kalamazoo College, Kalamazoo Valley Community College and Davenport College may receive health care services. In addition, spouses of WMU students and their children (ages 12 and older) may access our services for a fee. Campus visitors and camp participants are also welcome to receive acute care.

**HOURS:** Fall and Spring semesters:  
Monday: 8:00 AM-6:00 PM  
Tues., Wed., Fri.: 8:00 AM-5:00 PM  
Thur.: 9:00 AM-5:00 PM  
Sat.: 10:00 AM-1:00 PM

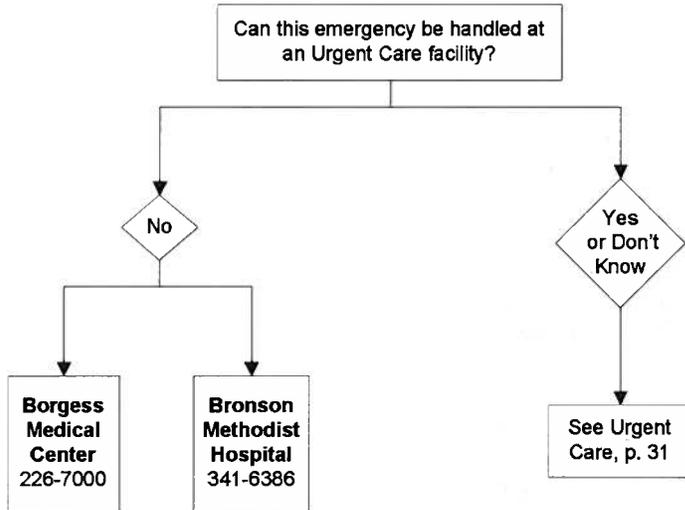
**FEES:** Vary depending on student status and insurance carrier.

# Emergency Room Care

**Emergency room** is where you may get care for injuries that cause a lot of pain or may lead to serious changes in your life or even death.

**When should I go to the Emergency room?**

- If you have been shot or stabbed.
- Burned your eye from a fluid that splashed into your eye.
- Broken bone through the skin.
- Lots of bleeding.
- Chest pain or bad stomach pain.
- Trouble breathing.
- Deep cut needing stitches.
- Bad burn.
- Head injury when you might be out of it after the injury.
- Sudden weakness or trouble talking.
- Any emergency that might lead to death.



If you have insurance, call the number on the back of your card to identify your covered provider(s).

# Emergency Room

Borgess Medical Center  
(269) 226-7000

Bronson Methodist  
Hospital  
(269) 341-7654

**Borgess Medical Center/Health Alliance**  
1521 Gull Road  
Kalamazoo, MI 49048

(269)226-7000 Main  
(269)226-4815 Emergency  
www.borgess.com

**SERVICE:** Emergency department is a Level 1 trauma center. Provides care to persons experiencing serious trauma or injury such as accidental drowning, serious falls, motor vehicle accidents, and falls that threaten the life of the patient.

**ELIGIBILITY:** Persons with serious medical conditions.

**HOURS:** 24 hours

**FEES:** Accept most insurance carriers including Medicaid and Medicare, PPOs and HMOs.

**Bronson Methodist Hospital**  
601 John Street  
Kalamazoo, MI 49007

(269)341-7654 Main  
(269)341-6386 Emergency  
www.bronsonhealth.com/emergency

**SERVICE:** Level 1 trauma services for both adults and children. Treat all types of emergencies, including serious conditions, such as heart attacks, stroke, trauma, breathing problems, or serious burns, as well as less severe conditions that are not life-threatening, but require prompt medical attention.

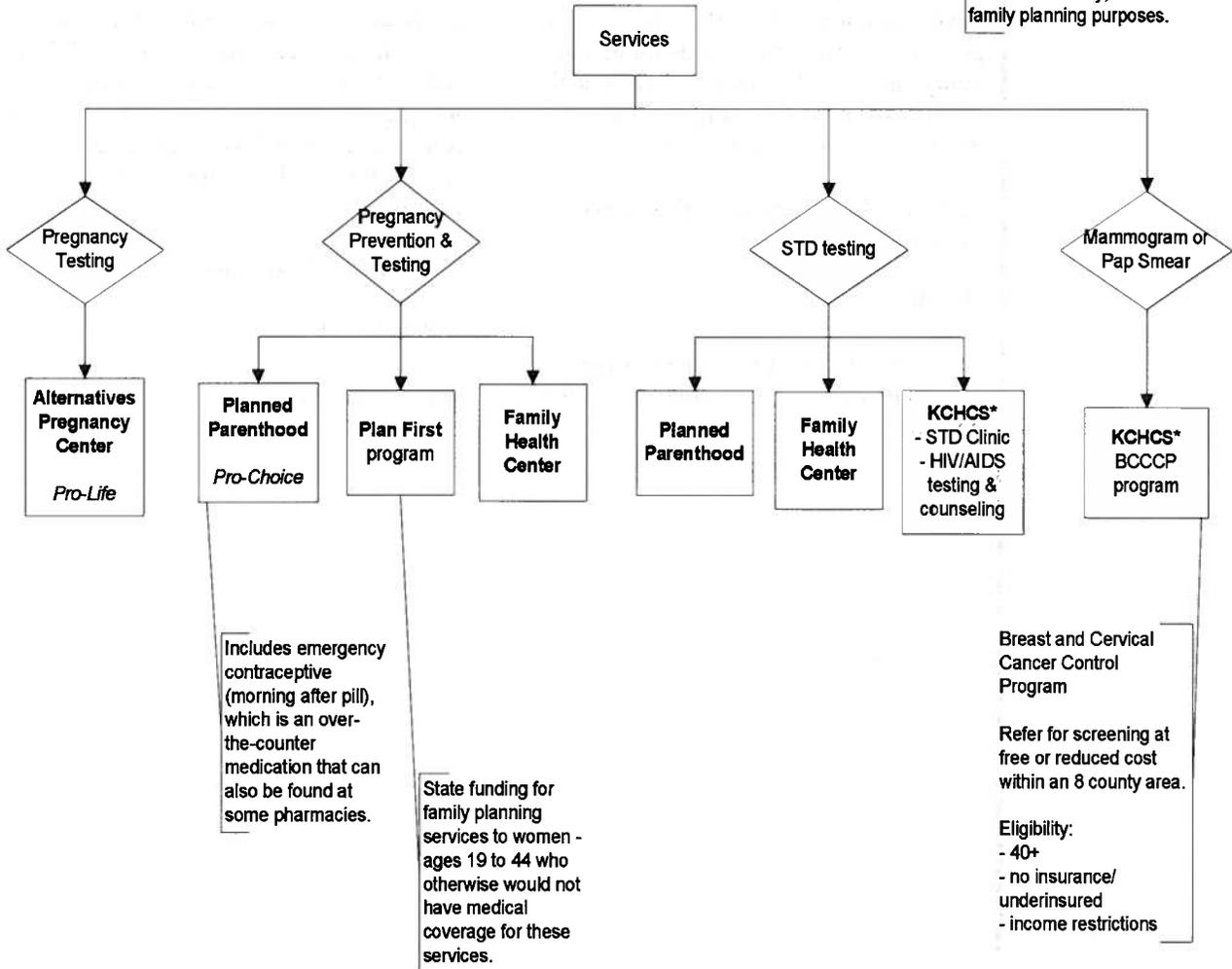
**ELIGIBILITY:** Anyone

**HOURS:** 24 hours

**FEES:** Variable

# Reproductive Health Care

Programs that provide medical, educational and counseling services for sexual and reproductive health and safety, and for family planning purposes.



\* Kalamazoo County Health and Community Services

# Reproductive Health Care

Alternatives Pregnancy  
Care Center  
(269)345-0725

Bronson Methodist  
Hospital  
(269)341-7979

Family Health Center  
(269)349-2641

Kalamazoo County  
Health and Community  
Services  
(269)373-5200

Planned Parenthood of  
SC Michigan  
(269)372-1205

**Alternatives Pregnancy Care Center**  
4200 W Michigan, Suite 100  
Kalamazoo, MI 49006

(269)345-0725 Main  
(269)345-1032 FAX  
www.pregnantinkalamazoo.com

**SERVICE:** Provides pregnancy tests, peer counseling, maternity and infant clothing, prenatal classes, ultra sound, post-abortion support groups, and adoption referral. Pro-Life provider.

**ELIGIBILITY:** Anyone

**HOURS:** Monday-Friday 10:00 AM-4:00 PM

**FEES:** No Fees

## **BRONSON WOMEN'S SERVICE**

**Bronson Methodist Hospital**  
601 John Street  
Suite N-1200  
Kalamazoo, MI 49007

(269)341-7979 Main  
(269)341-6261 Fax  
www.bronsonhealth.com

**SERVICE:** Childbirth that's less medical, more natural, and care for women of all ages, Bronson is pleased to offer Michigan's largest midwifery practice. Offers maternity care, prenatal care, delivery, physical exams, family planning and contraception counseling, treatment of ovarian cysts, treatment of sexually transmitted diseases, infertility counseling, etc.

**ELIGIBILITY:** Women of all ages.

**HOURS:** Monday - Friday 8:00 AM - 4:30 PM

**FEES:** To confirm coverage of services, please contact your insurance carrier/network prior to obtaining services. Payment plans available for those without insurance.

# Reproductive Health Care

Alternatives Pregnancy  
Care Center  
(269)345-0725

Bronson Methodist  
Hospital  
(269)341-7979

Family Health Center  
(269)349-2641

Kalamazoo County  
Health and Community  
Services  
(269)373-5200

Planned Parenthood of  
SC Michigan  
(269)372-1205

**Family Health Center**  
117 W Paterson  
Kalamazoo, MI 49007

(269)349-2641 Main  
(269)349-4373 FAX  
www.fhckzoo.com/

**SERVICE:** Walk-in clinic offers pregnancy testing, birth control, and STD testing.

**ELIGIBILITY:** The OB/GYN Walk-in Clinic is open to both established patients and new patients. Patients must bring proof of insurance, co-payment and picture ID. Patients without medical insurance may bring proof of income (last 2 pay check stubs, award letter, etc.), ID and \$20 to apply for the sliding fee scale.

**HOURS:** Vary

**FEES:** \$45 average visit; sliding scale based on income. Pregnancy testing may be free.

**Kalamazoo County Health and  
Community Services**  
3299 Gull Road  
Nazareth, MI 49074

(269)373-5203 STD Clinic

(269)373-5208 HIV/AIDS - call for more information including other testing locations.

(269)373-5213 or (888)243-4087 for Breast & Cervical Cancer Control Program (BCCCP).

**SERVICES:**

**STD:** Confidential clinic provides complete screening for STD's and counseling for STD risk reduction.

**HIV/AIDS:** Free, anonymous HIV counseling and testing, educational programs, and outreach services.

**BCCCP:** Free Clinical Breast Exam, Pelvic Exam and Pap Testing (when due), Mammogram without Computer Aided Detection (CAD). Reduced cost Mammogram (with CAD) and some Diagnostic Tests.

**ELIGIBILITY:** STD Clinic for ages 12 years and older. HIV/AIDS testing and counseling - anyone. BCCCP has age, income and insurance requirements.

**HOURS:** Vary

**FEES:** Vary



# Reproductive Health Care

Alternatives Pregnancy  
Care Center  
(269)345-0725

Bronson Methodist  
Hospital  
(269)341-7979

Family Health Center  
(269)349-2641

Kalamazoo County  
Health and Community  
Services  
(269)373-5200

Planned Parenthood of  
SC Michigan  
(269)372-1205

## PLAN FIRST!

1-800-642-3195  
www.healthcare4mi.com

**SERVICE:** Provides birth control and related sexual health care services to women who qualify by income. Services available through this program include office visits for exams & tests, pregnancy testing & counseling, emergency contraception, birth control supplies & devices, lab tests, sterilizations for women 21 and older.

**ELIGIBILITY:** Women ages 19-44 who otherwise would not have medical coverage for these services.

## Planned Parenthood of South Central MI

4201 W Michigan Avenue  
Kalamazoo, MI 49006

(269)372-1200 Main  
www.ppscm.org

## Kalamazoo County Health and Community Services

3299 Gull Road  
Nazareth, MI 49074

No pregnancy testing. Plan First! applications only; pick up at KCHCS's WIC office.

## Sindecuse Health Center

1903 W. Michigan Ave.  
Kalamazoo, MI 49008-5201

(269) 387-3290: For appt. or info.

## Planned Parenthood of South Central MI

4201 W Michigan Avenue  
Kalamazoo, MI 49006

(269)372-1205 Main  
(269)372-1279 FAX  
(269)372-1200 Alternate  
www.ppscm.org

**SERVICE:** Offers sexual health care services to women and men of all sexual orientations. Presentations by education staff and peer educators may be arranged. Education materials are available for loan or purchase. Pro-Choice provider.

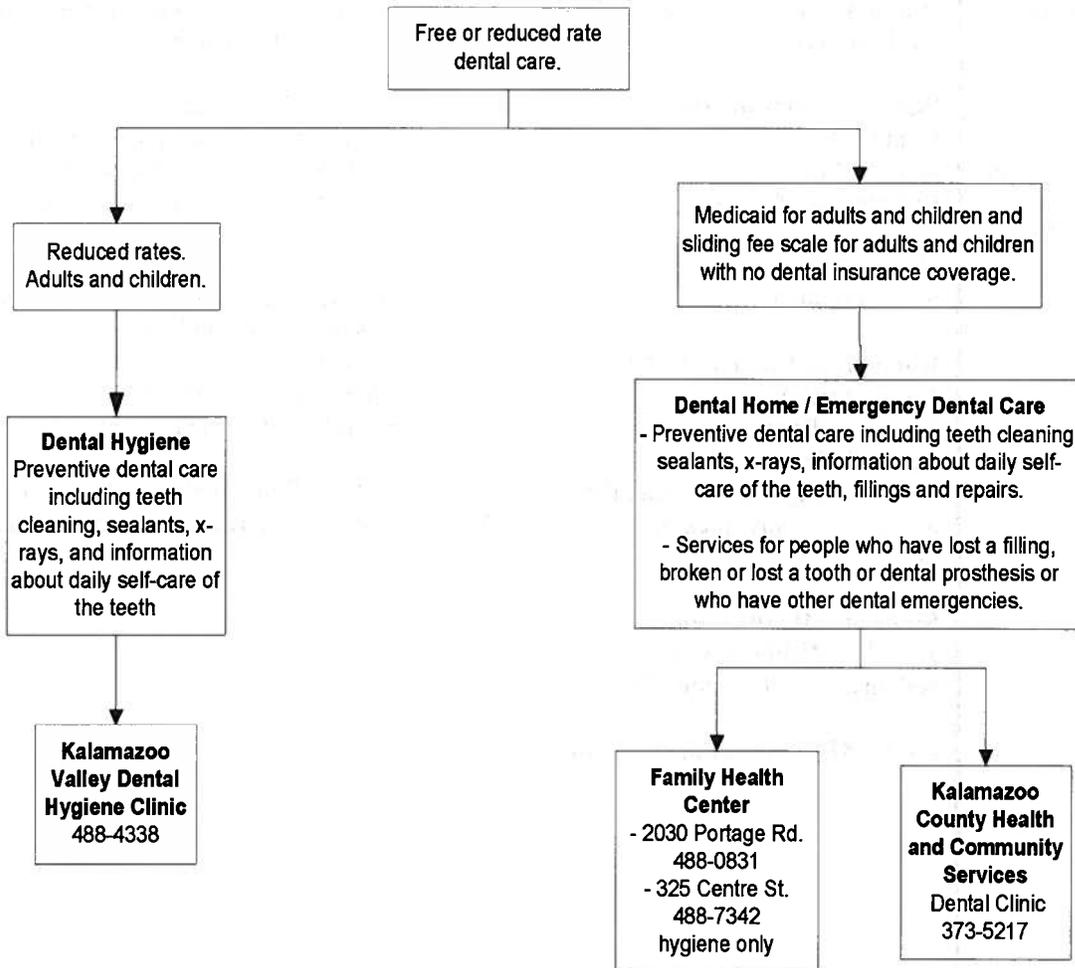
**ELIGIBILITY:** Adult and adolescent males and females. Parental or judicial consent is necessary for abortions for minors. A State mandated 24 hour waiting period is also necessary before any abortion procedure.

**HOURS:** Monday, Wednesday, Friday  
8:00 AM - 5:00 PM  
Tuesday Noon - 7:00 PM  
Thursday 8:00 AM - 7:00 PM  
Saturday 10:00 AM - 2:00 PM

**FEES:** Sliding scale, Medicaid, insurance. Some no-interest loans are available.

# Dental Care

Programs that provide primary oral health care for patients of all ages. General dentists are responsible for the diagnosis, treatment, management and overall coordination of specialized services related to the patient's oral health needs. Services generally include an oral health history, preventive dental cleanings, dental radiographs, oral cancer screening, an examination of the teeth to detect tooth decay or other problems, a periodontal examination to detect gum disease, dental restorations (e.g.,



# Dental Care

Family Health Center  
(269)349-2641

Kalamazoo County  
Health and Community  
Services  
(269)373-5200

KVCC-Dental Clinic  
(269)488-4338

**Kalamazoo County Health and  
Community Services Dental Clinic**  
3299 Gull Road  
Nazareth, MI 49074

(269)373-5200 Main  
(269)373-5363 FAX  
[www.kalcounty.com/hcs](http://www.kalcounty.com/hcs)

**SERVICE:** The Kalamazoo County Oral Health Program provides access to preventive and restorative dental care to underprivileged and underserved residents of Kalamazoo County. Services include: dental cleanings, x-rays, dental sealants, fluoride treatment, fillings, crowns, dentures, removable partial dentures, root canals (limited), root planning and scaling and extractions.

We also offer emergency services (walk-ins) Monday-Friday. Arrive at 7:45am for sign in. This is NOT an appointment or a guarantee to be seen. It is a standby service and priority is given to our scheduled patients.

**ELIGIBILITY:** Adults 21 years and older with active Medicaid are eligible for covered services with a \$3 co-pay (due at time of service). Children and young adults (through age 20) with active Medicaid are eligible for covered services at no charge (no co-pay). Adults and children without insurance are eligible for all services at a reduced rate based on income. All fees are due at the time of service.

**HOURS:**  
Monday - Thursday, 8:00 AM - 4:30 PM  
Friday, 8:00 AM-1:30 PM  
Closed for lunch Monday-Thursday from 12:45 - 1:30 PM

**FEES:** Accept patients with Medicaid or no dental insurance. We will provide all services to those with no dental insurance at a reduced rate based on income. All fees are due at time of service.

**Family Health Center**  
2030 Portage Rd  
Kalamazoo, MI 49001

325 Centre Street  
Portage, MI 49002

(269)349-2641 Main  
(269)349-0833 Dental  
[www.fhckzoo.com/](http://www.fhckzoo.com/)

**SERVICE:** Provide urgent care, cleanings, fillings, extractions (tooth removal), and all phases of dentistry in a clean, pleasant and modern environment.

**ELIGIBILITY:** Anyone

**HOURS:**  
Monday, Wednesday, Thursday, Friday  
8:00 AM - 5:00 PM  
Tuesday 8:00 AM - 8:00 PM

**FEES:** \$45 average visit; sliding scale based on income available

## Dental Care

Family Health Center  
(269)349-2641

Kalamazoo County  
Health and Community  
Services  
(269)373-5200

KVCC-Dental Clinic  
(269)488-4338

**Kalamazoo Valley Community College**  
6767 West O Avenue  
Kalamazoo, MI 49003

(269)488-4338  
www.kvcc.edu

**SERVICE:** Offers dental cleaning, dental x-rays and fluoride treatments. **NO REPAIR WORK**, fillings or bridge work.

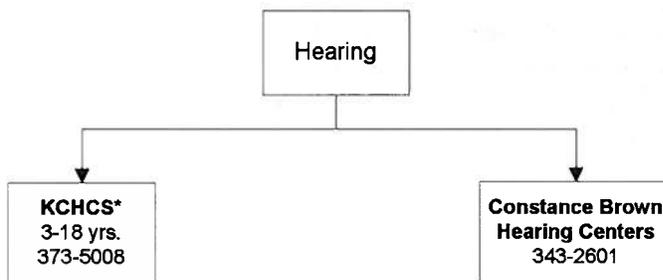
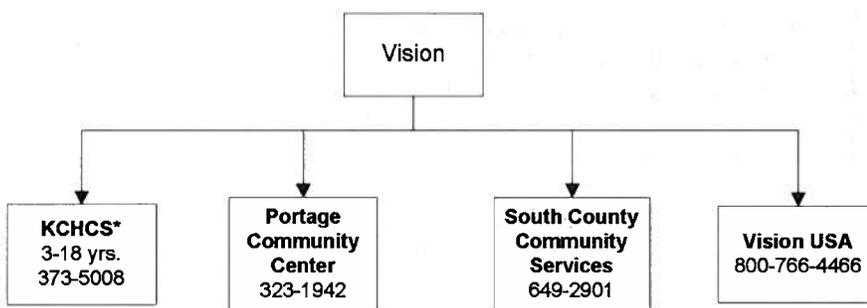
**ELIGIBILITY:** Anyone

**HOURS:** Hours change from semester to semester.

**FEES:** Reduced rates.

# Vision & Hearing

Vision screening and eye glasses, hearing screening and hearing aids.



\* Kalamazoo County Health and Community Services

# Vision & Hearing

Constance Brown  
Hearing Centers  
343-2601  
(877)343-2601

Kalamazoo County  
Health and Community  
Services  
(269)373-5200

Portage Community  
Center  
(269)323-1942

American Optometric  
Association  
(800)766-4466

## Constance Brown Hearing Centers

1634 Gull Road Suite 201 (Lower Level)  
Kalamazoo Medical Arts Building  
Kalamazoo, MI 49048

4855 W. Centre Avenue (Lower Level)  
Oak Park Centre  
Portage, MI 49024  
Entrance is on 12th Street

(269)343-2601 Main  
(877)343-2601 Toll Free

**SERVICE:** The centers provide hearing evaluation and therapy, hearing aid consultation and provision and public education. Free hearing aid clinics are held on the first Monday of most months.

**ELIGIBILITY:** Anyone with a speech, hearing, or language problem or question

### HOURS:

Monday - Thursday, 7:00 AM-6:00 PM  
*Portage location closed noon - 1:00 PM*

**FEES:** Based on ability to pay with financial assistance available to assist those adults who need a hearing test, hearing aid or hearing aid repair and whom also have incomes up to 200% of the poverty level. Hear aid cleaning clinics are free.



# Vision & Hearing

Constance Brown  
Hearing Centers  
343-2601  
(877)343-2601

Kalamazoo County  
Health and Community  
Services  
(269)373-5200

Portage Community  
Center  
(269)323-1942

American Optometric  
Association  
(800)766-4466

**Kalamazoo County Health and  
Community Services**  
3299 Gull Road  
Nazareth, MI 49074

(269)373-5031 Main  
(269)373-5168 FAX  
[www.kalcounty.com/hcs](http://www.kalcounty.com/hcs)

**SERVICE:** Provides preschool and school  
age child screening for vision and hearing to  
identify vision and hearing loss in children as  
early as possible

**ELIGIBILITY:** Kalamazoo County residents  
ages 3 - 18 years.

**HOURS:**  
Vary-please call for information.

**FEES:** Offer free screenings in our clinic.

**Portage Community Center**  
325 E. Centre  
Portage, MI 49002

(269)323-1942 Main  
(269)323-1438 Fax

**SERVICE:** Referrals to the Portage Lions  
Club for assistance with eye exams and  
glasses.

**ELIGIBILITY:** Must reside in the Portage  
Public School District and/or the City of  
Portage and income qualify.

**HOURS:**  
Monday - Friday, 8:00 AM - 5:00 PM  
Summer: M - F, 8:30 AM - 4:30 PM

**FEES:** No fee

# Vision & Hearing

Constance Brown  
Hearing Centers  
343-2601  
(877)343-2601

Kalamazoo County  
Health and Community  
Services  
(269)373-5200

Portage Community  
Center  
(269)323-1942

American Optometric  
Association  
(800)766-4466

**South County Community Services**  
101 S Main Street  
Vicksburg, MI 49097

(269)649-2901 Main  
(269)649-2553 FAX

**SERVICE:** Provides a financial screening service for the Lions Club that allows qualified people to have eye exams and eyeglasses for a reduced price.

**ELIGIBILITY:** Serves the residents of the townships of Prairie Ronde, Schoolcraft, Brady, Pavilion, Wkeshma, and Climax. This includes the villages of Schoolcraft, Vicksburg, Fulton, Scotts, Climax.

**HOURS:**  
Monday - Friday, 8:30 AM-4:30 PM  
June, July, Aug: M - F, 8:00 AM-4:00 PM

**FEES:**

**VISION USA - American Optometric Association**  
243 N. Lindbergh Boulevard  
Saint Louis, MO 63141

1-800-766-4466, 7 a.m.-7 p.m., CST (M-F)

**Service description:**Coordinates the provision of free vision exams to individuals whose financial circumstances limit their access to such care. Eligible individuals are linked with a volunteer doctor of optometry who will provide a comprehensive eye exam at no charge. Doctors donating their services may be limited in some areas. Eyewear may also be provided at no cost or for a small fee in some cases.

**Eligibility:**Individuals must have a job or live in a household where there is one working member, have no vision insurance; have income below an established level based on household size; and not have had an eye exam within two years.

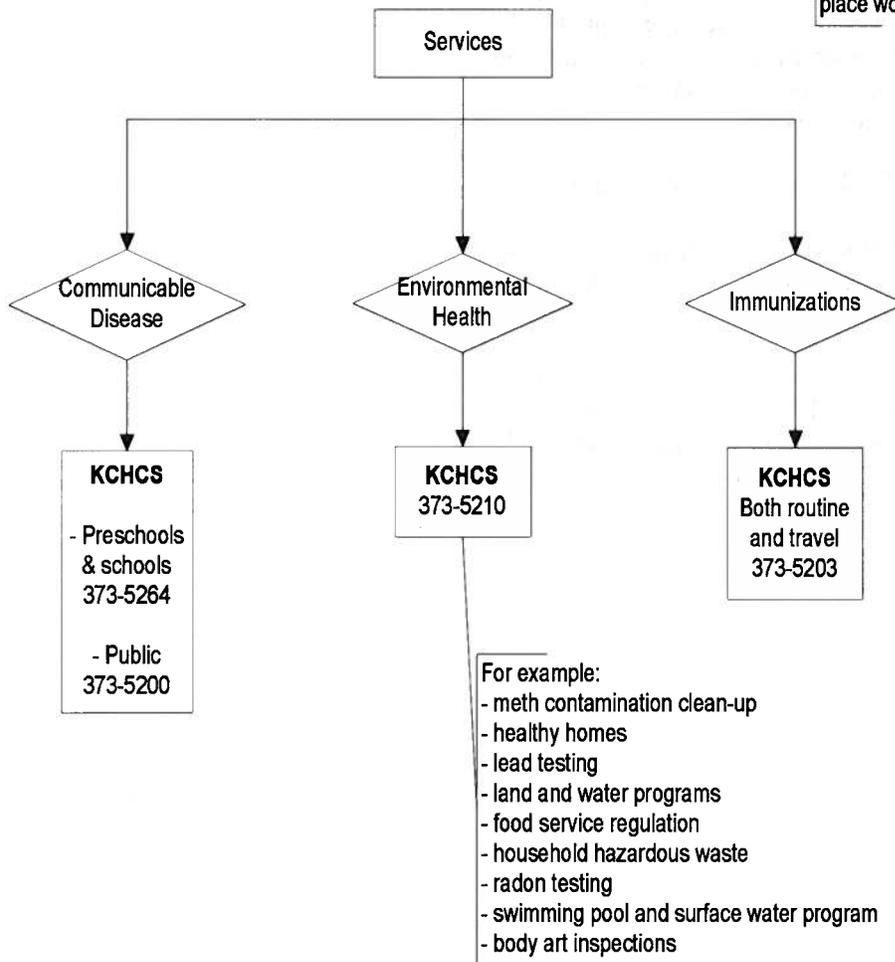
**Fees:**None for eye exam. May be a small fee for eyewear.

**HOURS:**  
Monday - Friday, 7:00 AM-7:00 PM, CST

# Public Health

## Kalamazoo County Health and Community Services

**Public Health:** Programs that protect and improve the health of the population through comprehensive efforts at the community level to prevent, control and eradicate disease and disabilities; eliminate environmental health hazards; promote sanitary living conditions; and recognize, prevent and control conditions in the workplace that constitute health hazards or place workers at risk for accidents.



# Public Health Care

Kalamazoo County Health  
and Community Services  
(269) 373-5200

**Kalamazoo County Health and  
Community Services**

3299 Gull Road  
Nazareth, MI 49074

(269)373-5200 Main  
(269)373-5363 FAX  
[www.kalcounty.com/hcs](http://www.kalcounty.com/hcs)

**SERVICE:** Four Public Health Divisions including; Clinical Services, Health Promotion & Disease Prevention, Maternal & Child Health and Environmental Health. KCHCS also includes a regional Public Health Laboratory, the Area Agency on Aging, Community Action agency and Veterans Services.

**ELIGIBILITY:** Varies by program..

**HOURS:** KCHCS is open Monday-Friday, 8:00AM-5:00PM. Program hours vary by program.

**FEES:** Fees vary by service. Accepts Medicaid, MI Child and various insurances depending on service. Some services utilize a sliding fee schedule.

**Call 2-1-1**  
24/7 Emergency Services

# Medical Teaching Clinic

Kalamazoo Center for  
Medical Studies  
(269) 337-4400

Medical Teaching Clinic: an accredited  
medical residency training program typically  
affiliated with a medical school.

## **Kalamazoo Center for Medical Studies**

1000 Oakland Drive  
Kalamazoo, MI 49008

(269)337-4400 Main

(269)337-4234 FAX

<http://www.kcms.msu.edu/patientcare>

MSU/KCMS is a community based clinical  
setting for teaching medical students and  
residents, as well as serving the community's  
population in an outpatient care setting.

MSU/KCMS provides interdisciplinary team  
care including physicians, physician's  
assistants, nurse practitioners, nurses, medical  
social workers, respiratory therapists, and  
ancillary services as needed.

**SERVICE:** Services administered by resident  
physicians continuing their training,  
supervised by established physicians.  
Services include pediatrics, family medicine,  
adolescent medicine/teen clinic, internal  
medicine, surgery, orthopedic surgery, and  
psychiatry.

**ELIGIBILITY:** Kalamazoo County residents  
only as assigned by insurance plans.

**HOURS:** Monday - Friday 8:00 AM-5:00 PM  
MSU/KCMS does not provide care on a walk  
in basis, but by appointment only.

**FEES:** Medicaid, Medicare, & other private  
insurances.

# Transportation

## ONLY for Medicaid HMOs

### **Transportation Information**

Plans that operate within Kalamazoo area.

#### **CareSource**

- Must give 3-5 day notice
- 866-712-1057

#### **Great Lakes Health Plan**

- Must give 3-5 day notice
- 800-903-5253 or 877-892-3995

#### **Health Plan of Michigan**

- Cost \$2.00 each way
- 800-821-9369

## Emergency Room

Emergency room is where you may get care for injuries that cause a lot of pain or may lead to serious changes in your life or even death.

### When should I go to the Emergency room?

- If you have been shot or stabbed.
- Burned your eye from a fluid that splashed into your eye.
- Broken bone through the skin.
- Lots of bleeding.
- Chest pain or bad stomach pain.
- Trouble breathing.
- Deep cut needing stitches.
- Bad burn.
- Head injury when you might be out of it after the injury.
- Sudden weakness or trouble talking.
- Any emergency that might lead to death.

<b>BORGESS HOSPITAL</b>	<b>BRONSON HOSPITAL</b>
1521 Gull Road	601 John Street
226-7000 Main	341-7654 Main
226-4815 Emergency	341-6386 Emergency

December 2009

## NAVIGATING HEALTH CARE



Where should you go when you are not feeling well?

## Medical Home

**Medical Home** means that you get care from a doctor who will help you stay well. This office will help you to take care of yourself when you are ill. The doctor will help you with diseases like diabetes (blood sugar problems) or high blood pressure.

### When should I call my medical home?

For regular check-ups and colds and flu that don't get better. Anything that is not an emergency and can be handled when the office is open.

After office hours, call your medical home and then call the number given in the voice message.

**FAMILY DOCTOR**—that you already see or...

### **FAMILY HEALTH CENTER**

117 W Paterson  
349-2641

**Eligible:** Anyone

**Fee:** \$45 average visit; sliding scale based on income

**Hours:** 8am-5pm

## Urgent Care Clinics

**Urgent Care Clinic** is like a mix of your medical home and emergency room. The office hours are longer than the time of your medical home office hours and you don't need an appointment.

**A clinic like this will care for less serious problems such as:**

- Fever, cough, sore throats.
- Diarrhea, ear aches, minor burns.
- Allergic reactions.
- Pain from arthritis/gout.
- Broken bones.
- Remove an object from your body.
- Repair of a cut, eye injuries, sprains, strains.

## Urgent Care Clinics

### **FAMILY HEALTH CENTER**

117 W Paterson  
349-2641

**Eligible:** Anyone **Hours:** 8am-8pm

**Fee:** \$45 average visit; sliding scale based on income

### **BORGESS AT WOODBRIDGE HILLS**

7901 Angling Road  
324-8400

**Eligible:** Anyone

**Fee:** Insurance and fee for service

**Hours:** M-F 7am-10pm, Sat 10am-8pm  
Sun and Holidays 9am-5pm

### **SINDECUSE**

WMU Campus—Gilkison Ave  
387-3290

**Eligible:** All area College Students

**Fee:** Insurance and fee for service

**Hours:** M 8am-6pm, T,W,F 8am-6pm,  
Th 9am-5pm, Sat 10am-1pm

For information and referral about health care call...2-1-1

or visit our website for a detailed Navigating Health Care guide.

[www.gryphon.org](http://www.gryphon.org)





# OUT-OF-SCHOOL TIME

*Youth Services Guide*

2008

Health and Life Skills  
Education and Career Development  
Sports and Recreation  
Arts  
Character Development



*Get Connected. Get Answers.*



# THE UNIVERSITY OF CHICAGO

PHYSICS DEPARTMENT

1963

PHYSICS 551  
LECTURE NOTES  
BY  
PROFESSOR RICHARD P. FEYNMAN



# HEALTH AND LIFE SKILLS

2023年12月12日

## **YOUTH SERVICES GUIDE PURPOSE STATEMENT**

The Youth Services Guide is designed for referral providers who want to link youth to appropriate activities of quality. When a referral provider gives the name and number/website of a listed organization to a child/parent, the child/parent should be able to get the needed information from that organization and make the necessary arrangements with that entity and not have to be referred yet another time.

## **STANDARDS FOR INCLUSION IN THIS GUIDE**

- Quality: Judgment for inclusion on the part of KYDNet staff as to whether or not the organization is actively pursuing the CC2Y.
- Non-Profit Organization
- Ongoing service or recurring events, not just a one-time occurrence
- Open to all interested and eligible persons from the community; not limited to a target population that connects with the program via a specified referral process such as through the student's school or through Community Mental Health.

### **Exclusions**

- Organizations that do not respond to attempts to update information annually may be excluded for lack of current information.

## **KYDNET QUALITY YOUTH DEVELOPMENT PROGRAMMING ENDORSEMENT**

### **Community Commitment to Youth (CC2Y)**

Kalamazoo Youth Development Network (KYDNet) collaborated with area youth-serving organizations to create and guide the implementation of the Community Commitment to Youth (CC2Y). The CC2Y is comprised of eight researched-based concepts developed from the Seven Developmental Needs of Adolescents identified by the High/Scope Educational Research Foundation ([www.highscope.org](http://www.highscope.org)). Using the CC2Y approach in an adolescent youth settings helps meet the developmental needs of youth participants and thus to maximize positive youth development.

#### **Obtaining Endorsement**

The CC2Y sets a community standard for positive youth development. The Kalamazoo Youth Development Network (KYDNet) can help your organization assess the extent to which your youth programming embodies or promotes the CC2Y pledges. KDYNNet also offers High/Scope training to increase organizations' capacity for positive youth development. Programs actively striving to fulfill the CC2Y pledges are included in the Youth Service Guide.

For information on KDYNNet Quality Youth Development Programming Endorsement, call (269) 343-2524

#### **CC2Y Pledges**

1. We believe in offering youth a variety of activities that reflect their interests and will allow them to express their creativity.
2. We recognize the wide diversity of youth and believe in empowering *all* youth as they move towards adulthood.
3. We believe in encouraging youth to be open with their ideas and opinions in establishing, maintaining, and evaluating the programs they participate in.
4. We believe in being positive role models and mentors in the lives of youth.
5. We recognize that youth have a need for physical activity and its benefits.
6. We believe in supporting youth in their successes and failures and recognizing their efforts.
7. We recognize that youth have a right to feel safe in their environment.
8. We believe that youth involvement is beneficial in setting clear boundaries and fair expectations for their activities and programs.

#### **Acknowledgements**

Thank you to all of the agencies that have provided details on the services they provide for youth.

Thank you to Marc Meulman and Coco Cook (Kalamazoo Communities In Schools), Simone Snyder and Teresa Thrash (KYDNet), Denise Hartsough (GKUW), and Judy Whitehurst, Lindsay Moulds and Amanda Pfeiffer (Gryphon Place) for their collaborative development of this guide.

## Out of School Time — Health and Life Skills

Interfaith Homes  
(269) 382-0012

New Genesis  
(269) 343-7023

Kalamazoo  
Nature Center  
(269) 381-1574

Boys & Girls Clubs  
(269) 349-4485

Planned Parenthood  
(269) 372-1200

Prevention Works  
(269) 388-4200

Girl Scouts of Glowing  
Embers Council  
(269) 343-1516

Boy Scouts  
(269) 343-4687

### HEALTH AND LIFE SKILLS DEFINITIONS

#### HEALTH EDUCATION

Programs that provide information that improves the public's understanding of living and working conditions and other factors that safeguard their health and prevent or reduce the risk of injury, disease, disability and premature death. Health education programs help people make informed decisions about matters which affect their personal health and the health of others. They inform the public of health and safety hazards, help people modify behaviors that compromise their health, encourage people to take advantage of early detection programs and provide information about treatment and rehabilitation options for people who have an illness, injury or disability. They also provide anticipatory information or guidance to help people deal with and understand specific medical procedures, being hospitalized or other necessary interfaces with the health care system.

#### LIFE SKILLS EDUCATION

Programs that offer training which focuses on the knowledge and skills an individual may need to live independently or make a successful transition to independent living. Participants may include runaway teens who are living on their own, teens who because of age can no longer be maintained in foster care, new widows, battered women and others who have lived in an environment in which decision making and responsibility of daily living have been handled by another as well as people currently living independently who want to be more effective. Training may address job search and retention, money management, insurance, taxes, rental agreements, vehicle purchase, nutrition, home management, health care, legal emancipation for teens and other similar topics.

## Out of School Time — Health and Life Skills

Interfaith Homes  
(269) 382-0012

New Genesis  
(269) 343-7023

**INTERFAITH HOMES**  
(269) 382-0012  
1037 Interfaith Blvd.  
Kalamazoo, MI 49007  
Jennifer Williams  
jw@phoenixproperties.com

**CONTACT:** Marvita Little

**SERVICE:** Tutoring, arts, movies, computer time.

**ELIGIBILITY:** Residents of Interfaith homes.

**HOURS:**

**FEES:**

**APPLICATION PROCESS:**

**TRANSPORTATION:**

**PROGRAM EVALUATION METHODS:**

**NEW GENESIS**  
*Education Center*  
(269) 343-7023  
1340 Cobb Street  
www.newgenesisinc.org

**CONTACT:** Anquanette Wilbon

**SERVICE:** Provides Social Room: Come socialize, play games, watch a movie, or relax on the sofa. These rooms are for all youth who want to just chill.

**ELIGIBILITY:**

**HOURS:** Call

**FEES:** None

**APPLICATION PROCESS:**

**TRANSPORTATION:**

**PROGRAM EVALUATION:**

## Out of School Time — Health and Life Skills

Kalamazoo  
Nature Center  
(269) 381-1574

Planned Parenthood  
(269) 372-1200

**KALAMAZOO NATURE CENTER**  
(269) 381-1574  
www.naturecenter.org

**CONTACT:**

**SERVICE:** The Nature Center provides environmental education, consultation, curriculum planning and personal training on a 1000-acre preserve. The Nature Center seeks to provide better understanding and appreciation of nature. It also provides information, consultation and other services related to avian (bird) research and wild animal care.

**ELIGIBILITY:** Anyone, all ages. Serves Kalamazoo, Van Buren, Allegan, Calhoun counties.

**HOURS:** M-Sa 9 to 5 and Su 1 to 5

**FEES:** Varies per activity; admission \$6.00 adults; \$4.00 ages 4-13. Members free.

**APPLICATION PROCESS:** Phone for further information

**TRANSPORTATION:**

**PROGRAM EVALUATION METHOD:**

**PLANNED PARENTHOOD**  
*The Center for Leadership in Sexuality Education*  
(269) 372-1200  
4201 W. Michigan  
www.ppscm.org

**CONTACT:** Andrea Anderson, Director of The Center for Leadership in Sexuality Education

**SERVICE:** High quality, confidential sexual health education. Presentations, one-on-one consultations, books, videos, periodicals, workshops, seminars, etc.

**ELIGIBILITY:** Teachers, parents, clergy, teens — anyone seeking information on sex, sexuality, talking about sex, etc.

**HOURS:** By Appointment

**FEES:** None

**APPLICATION PROCESS:** None

**TRANSPORTATION:** None

**PROGRAM EVALUATION METHOD:**

## Out of School Time — Health and Life Skills

Boys & Girls Clubs  
(269) 349-4485

Prevention Works  
(269) 388-4200

**BOYS AND GIRLS CLUBS**  
(269) 349-4485  
915 Lake St.  
www.bgckzoo.org

**CONTACT:** Jill Angell  
jilla@bgckzoo.org

**SERVICE:** After school programming.

**ELIGIBILITY:** Kindergarten through 12th grade.

**HOURS:** M-TH: 3:30pm-9pm  
Friday: 3:30pm-7pm & teen night 7pm-10pm  
Saturdays: 9am-5pm (all ages)  
3rd Grade and under **MUST** go home by 6pm.

**FEES:** None

**APPLICATION PROCESS:** Complete membership form. Parent/guardian and child must attend a New Membership Orientation.

**TRANSPORTATION:** None.

**PREVENTION WORKS**  
**Project TAR**  
(269) 388-4200  
611 Whitcomb Street, Suite A  
www.prevention-works.org

**CONTACT:** Jessica Bradford, Program Coordinator

**SERVICE:** Project TAR is a nationally recognized community-based curriculum divided into six sessions lasting forty-five minutes each. A variety of educational strategies are used including cooperative learning groups, large-group discussions, and role plays to prevent youth from using tobacco products. Youth learn and practice skills for resisting peer pressure and discover that not using is the norm among

their age group. Youth learn about the covert messages in tobacco advertising aimed at youth and determine their own personal reasons for not using.

**ELIGIBILITY:** Project TAR is geared for youth between the ages of 10 and 15 throughout all of Kalamazoo County.

**HOURS:** Project TAR is an in-school and after school program. During the summer months, Project TAR is offered throughout the day.

**FEES:** None

**APPLICATION PROCESS:**

**TRANSPORTATION:** None

**PROGRAM EVALUATION METHOD:** Project TAR is evaluated by an independent, contracted evaluation team who analyze participant surveys for each session and each site in order to estimate program impact. Surveys use the Health Belief Model, measuring participants' perceived risk to anticipate their aversion to certain behaviors in the future. All data is compiled annually into a report by the evaluation team. These reports have shown that Project TAR consistently positively impacts participants, decreasing their likelihood of using tobacco products in the future.

## Out of School Time — Health and Life Skills

Prevention Works  
(269) 388-4200

**PREVENTION WORKS**  
***Strengthening Families Program***  
(269) 388-4200  
611 Whitcomb Street, Suite A  
www.prevention-works.org

**CONTACT:** Jessica Bradford, Program Coordinator

**SERVICE:** Strengthening Families is a scientifically evaluated parent, youth, and family skill building curriculum designed to prevent teen substance abuse and other behavior problems, strengthen parenting skills, and build family cohesion. Each of its 7 sessions begins with a free dinner and prizes are raffled off at the close of the session. Supervised activities for children over 2 is provided.

**ELIGIBILITY:** Strengthening Families is available to families with youth between the ages of 10 and 14 throughout all of Kalamazoo County. Strengthening Families is delivered out in the community at various different locations. Please call for more details.

**HOURS:** Strengthening Families is offered in the evenings, one night per week for seven weeks. Each session is two and a half hours long and includes a free dinner.

**FEES:** None

**APPLICATION PROCESS:** Strengthening Families is delivered out in the community at various different locations. Please call for more details.

**TRANSPORTATION:** Available. Please call for details.

**PROGRAM EVALUATION METHODS:** The Strengthening Families Program is evaluated by an independent, contracted evaluation team who analyze participant surveys in order to estimate program impact. All data is compiled annually into a report by the evaluation team. These reports have shown that The Strengthening Families Program consistently positively impacts participants, decreasing the likelihood of youth using and/or abusing substances in the future and strengthening parenting skills among parent participants.

## Out of School Time — Health and Life Skills

Prevention Works  
(269) 388-4200

### PREVENTION WORKS

#### ***Project ALERT***

(269) 388-4200  
611 Whitcomb Street, Suite A  
www.prevention-works.org

**CONTACT:** Jessica Bradford, Program Coordinator

**SERVICE:** Project ALERT is a nationally recognized, award-winning program which provides youth with the information and skills they need to resist tobacco, alcohol, marijuana, and inhalants. Project ALERT engages youth in the learning process using group activities, role plays, real life videos, and hands-on activities. This program consists of 11 forty-five minute sessions and is designed for youth between the ages of 11 and 14. Results from this program have shown that youth participants reduced initiation of marijuana use, reduced cigarette use, and developed significant enhanced anti-drug beliefs.

**ELIGIBILITY:** Project ALERT is available to youth between the ages of 11 and 14 throughout Kalamazoo County.

**HOURS:** Project ALERT is an in-school and after-school program. During the summer months, it is offered throughout the day.

**FEES:** None

**APPLICATION PROCESS:**

**TRANSPORTATION:** None

### PROGRAM EVALUATION

**METHODS:** Project ALERT is evaluated by an independent, contracted evaluation team who analyze participant surveys for each session and each site in order to estimate program impact. Surveys use the Health Belief Model, measuring participants' perceived risk to anticipate their aversion to certain behaviors in the future. All data is compiled annually into a report by the evaluation team. These reports have shown that Project ALERT consistently positively impacts participants, decreasing their likelihood of using and/or abusing substances in the future.

## Out of School Time — Health and Life Skills

Prevention Works  
(269) 388-4200

### **PREVENTION WORKS**

#### ***Celebrate Families Program***

(269) 388-4200

611 Whitcomb Street, Suite A

[www.prevention-works.org](http://www.prevention-works.org)

**CONTACT:** Jessica Bradford, Program Coordinator

**SERVICE:** Celebrate Families is a scientifically evaluated parent, youth, and family skill building curriculum designed to prevent behavioral problems, strengthen parenting skills, and build family cohesion. Each of its 8 sessions begins with a free dinner and prizes are raffled off at the close of the session. Free supervised activities for children over 2 are provided.

**ELIGIBILITY:** Celebrate Families is available to families with youth between the ages of 5 and 9 throughout all of Kalamazoo County.

**HOURS:** Celebrate Families is offered in the evening one night per week for eight weeks. Each session is two hours long and includes a free dinner.

**FEES:** None

**APPLICATION PROCESS:** Celebrate Families is delivered out in the community at various different locations. Please call for more details.

**TRANSPORTATION:** Available.  
Please call for details.

### **PROGRAM EVALUATION METH-**

**ODS:** The Celebrate Families Program is evaluated by an independent, contracted evaluation team who analyze participant surveys in order to estimate program impact. All data is compiled annually into a report by the evaluation team. These reports have shown that The Celebrate Families Program consistently positively impacts participants, decreasing the likelihood of youth behavioral problems and strengthening parenting skills among participants.

## Out of School Time — Health and Life Skills

Prevention Works  
(269) 388-4200

### **PREVENTION WORKS**

#### ***Peer Power Program***

(269) 388-4200  
611 Whitcomb Street, Suite A  
[www.prevention-works.org](http://www.prevention-works.org)

**CONTACT:** Jessica Bradford, Program Coordinator

**SERVICE:** The Peer POWER Program is a health education program consisting of four different curricula: Healthy Choices; Violence Prevention; Diversity Promotion; and Alcohol, Tobacco, and Other Drugs Prevention. Peer POWER is an interactive, evidence-based prevention program for youth between the ages of 8 and 17 facilitated by area youth for youth. Free snacks are available at every session and concepts are reinforced through interactive games and activities. Participants earn points for attendance which can be cashed in for prizes. Peer POWER is 12 sessions long and is delivered out in the community at various different locations.

**ELIGIBILITY:** Peer POWER is available to youth between the ages of 8 and 17 throughout all of Kalamazoo County.

**HOURS:** Peer POWER is an after-school program during the school year and is offered throughout the day during the summer.

**FEES:** None

#### **APPLICATION PROCESS:**

**TRANSPORTATION:** None. Peer POWER is delivered out in the community at various different locations. Please call for more details.

### **PROGRAM EVALUATION**

**METHODS:** Peer POWER is evaluated by an independent, contracted evaluation team who analyze participant surveys for each session and each site in order to estimate program impact. Surveys use the Health Belief Model, measuring participants' perceived risk to anticipate their aversion to certain behaviors in the future. At the end of a cycle (12 sessions make up a cycle), a focus group is conducted. Supplementary studies are conducted as the need arises based on incoming data. All data is compiled annually into a report by the evaluation team. These reports have shown that Peer POWER consistently positively impacts participants, decreasing their likelihood of participating in risky behaviors in the future.

## Out of School Time — Health and Life Skills

Girl Scouts of Glowing  
Embers Council  
(269) 343-1516

Boy Scouts  
(269) 343-4687

### **GIRL SCOUTS OF GLOWING EMBERS COUNCIL**

(269) 343-1516  
601 W. Maple  
www.gsgec.org

#### **CONTACT:**

**SERVICE:** Learning new skills, building self-confidence and leadership abilities for girls, in-school programs, training programs, public relations, camping.

**ELIGIBILITY:** Girls 5-17 yrs in Allegan, Barry, Calhoun, Kalamazoo, Van Buren Co.

**HOURS:** Office hours are M-F 8:30am-7pm

**FEES:** \$7 for membership (financial assistance is available).

**APPLICATION PROCESS:** Phone for an appointment.

**TRANSPORTATION:**

**PROGRAM EVALUATION METHOD:**

**BOY SCOUTS**  
(269) 343-4687  
1035 W. Maple

#### **CONTACT:**

**SERVICE:** Educational program for boys and young adults to build character, develop citizenship and personal fitness.

**ELIGIBILITY:** Children, adolescents, and adults. Area served is Kalamazoo County. Ages served are young men 7-21 yrs, women 14-21 & adults.

**HOURS:** Vary by group. Usually 1 - 1.5 hours weekly after school or in the evenings.

**FEES:** \$10 annual registration, financial assistance available.

**APPLICATION PROCESS:** Self or parent

**TRANSPORTATION:**

**PROGRAM EVALUATION METHOD:**

## Out of School Time — Health and Life Skills

### HEALTH AND LIFE SKILLS AGENCIES WITH LACKING INFORMATION:

#### **KALAMAZOO COMMUNITIES IN SCHOOLS**

*Girls on the Run*

(269) 385-5806

#### **KALAMAZOO COMMUNITIES IN SCHOOLS**

*Girls on Track*

(269) 385-5806

#### **4-H MSU EXTENSION**

(269) 383-8648

#### *Turn 2 Foundation*

*Jeter's Leaders*

[Wwww.mlb.com/players/jeter\\_derek/leaders/kalamazoo.jsp](http://www.mlb.com/players/jeter_derek/leaders/kalamazoo.jsp)

#### **YMCA**

*Sherman Lake*

(269) 731-3000

6225 N. 39th St.

shermanlakeymca.org

shermanlakeymca@ymcasl.org

#### **NEW LATINO VISIONS**

[www.newlatinovisions.org](http://www.newlatinovisions.org)

(269) 598-2452

[ajuarez@newlatinovisions.org](mailto:ajuarez@newlatinovisions.org)

#### **NEW HORIZON LEARNING CENTER**

(269) 341-9438

EDUCATION AND  
CAREER  
DEVELOPMENT

## Out of School Time — Education and Career Development

Boys and Girls Clubs  
(269) 349-4485

Goodwill  
Vocational Services  
(269) 382-0490

Junior Achievement  
(269) 349-0860

YOU  
(269) 349-9676

### EDUCATION AND CAREER DEVELOPMENT DEFINITIONS

#### EDUCATION PROGRAMS

Programs that provide opportunities for people to acquire the knowledge, skills, desirable qualities of behavior and character, wisdom and general competence that will enable them to fully participate in and enjoy the social, political, economic and intellectual life of the community.

#### CAREER DEVELOPMENT PROGRAMS

Programs that help people make appropriate decisions regarding the sequence of occupational roles or career decisions.

## Out of School Time — Education and Career Development

Boys and Girls Clubs  
(269) 349-4485

Great Lakes  
Peace Jam  
(269) 343-5324

### **BOYS AND GIRLS CLUBS**

(269) 349-4485  
915 Lake St.  
www.bgckzoo.org

**CONTACT:** Jill Angell  
jilla@bgckzoo.org

**SERVICE:** After school programming.

**ELIGIBILITY:** Kindergarten through 12th grade.

**HOURS:** M-TH: 3:30pm-9pm  
Friday: 3:30pm-7pm & teen night 7pm-10pm  
Saturdays: 9am-5pm (all ages)  
3rd Grade and under **MUST** go home by 6pm.

**FEES:** None

**APPLICATION PROCESS:** Complete membership form. Parent/guardian and child must attend a New Membership Orientation.

**TRANSPORTATION:** None

**PROGRAM EVALUATION METHOD:**

### **GREAT LAKES PEACEJAM**

*PeaceJam Leaders*  
(269) 492-7750  
625 Harrison St. #2  
www.peacejam.org

**CONTACT:** Kori Jock, Program Coordinator

**SERVICE:** Connects youth with Nobel Peace Laureates through programs that incorporate service-learning, conflict resolution, character development, and leadership skills. Youth study the lives of the different Nobel Peace Laureates as adolescents while creating a service-learning project that addresses issues they see in their community.

**ELIGIBILITY:** Middle school-aged children in middle schools, faith-based organizations and non-profit agencies in Kalamazoo county.

**HOURS:** Vary depending on the site.

**FEES:** None

**APPLICATION PROCESS:**

**TRANSPORTATION:**

**PROGRAM EVALUATION METHOD:**  
Pre/post surveys are given to all participants.

## Out of School Time — Education and Career Development

Goodwill  
Vocational Services  
(269) 382-0490

Junior Achievement  
(269) 343-0860

**GOODWILL**  
*Vocational Services*  
(269) 382-0490  
420 E. Alcott  
www.goodwillswmi.org

CONTACT: Mandy Matthews  
amatthews@goodwillswmi.org

SERVICE: Vocational evaluation,  
situational assessments, work experiences.  
High school youth services.

ELIGIBILITY: Direct referral, fee for  
service, disabling condition and  
employment barriers.

HOURS: M-Thur. 7am – 5:30pm

FEES: Paid for by referring agency.

APPLICATION PROCESS: Through  
referring agency.

TRANSPORTATION: Metro Transit.

PROGRAM EVALUATION METHOD:

**JUNIOR ACHIEVEMENT OF SOUTHWEST  
MICHIGAN**

*Financial Literacy*  
(269) 343-0860  
15189 South Helmer Rd.  
Battle Creek, MI 49015  
<http://swmichigan.ja.org>

CONTACT: Laura Denick, Education  
Manager

SERVICE: Financial literacy, entrepre-  
neurship, and work readiness for kinder-  
garten through high school as well as after  
school programs. The lessons are taught  
in the classroom (5 to 7 one-hour lessons)  
by a trained volunteer.

ELIGIBILITY: All school age children  
of Southwest Michigan

HOURS: During the school day as well as  
after.

FEES: None

APPLICATION PROCESS:

TRANSPORTATION: None.

PROGRAM EVALUATION METH-  
ODS:

We use pre and post tests as well as stud-  
ies completed by our headquarters. We  
also have the teacher and volunteer fill out  
an evaluation form.

:

## Out of School Time — Education and Career Development

Youth Opportunities  
Unlimited  
(269) 349-9676

**YOUTH OPPORTUNITIES UNLIMITED**  
*Michigan Works*  
(269) 349-9676  
422 E. South Street  
www.youthopportunities.org

CONTACT: Lisa D. Smith  
ldsmith@kresanet.org

SERVICE: Assistance with credit recovery and graduation, work experience, supportive services, certifications and job placement.

ELIGIBILITY: WIA Youth Services: 16-21 years old, low income, resident of Kalamazoo or St. Joseph Counties and, if not a high school graduate, must be able to graduate by June 2009. Credit Recovery and Graduation Program: Kalamazoo County high school student, referred by school counselor for NovaNET.

HOURS: M-F 9am-5pm

FEES: None

APPLICATION PROCESS: Call 269-349-9676

TRANSPORTATION: Bus tokens when determined eligible and enrolled in program.

PROGRAM EVALUATION METHOD:

## Out of School Time — Education and Career Development

### EDUCATION AND CAREER DEVELOPMENT AGENCIES THAT ARE LACKING INFORMATION:

**NEW GENESIS**  
*Project Impact*  
(269) 343-7023

**MSU BIOLOGICAL STATION**  
(269) 671-2181

**AIR ZOO**  
(269) 382-6555  
(866) 524-7966  
www.airzoo.org

**KALAMAZOO VALLEY MUSEUM**  
(269) 345-5595  
(800) 772-3370  
kvm.kvcc.edu

**KID BIZ**  
(269) 375-4225  
Contact: Erma Gordon

**YWCA**  
*TechGYRLS*  
(269) 345-6025  
353 E. Michigan Avenue  
ranehring@ywcakalamazoo

# SPORTS AND RECREATION

## Out of School Time — Sports and Recreation

Boy Scouts  
(269) 343-4687

Girl Scouts of Glowing  
Embers Council  
(269) 343-1516

Special Olympics  
(269) 387-2718

Lawson Ice Arena &  
Gabel Natatorium  
(269) 387-3050

New Genesis  
(269) 343-7023

Boys & Girls Clubs  
(269) 349-4485

### SPORTS AND RECREATION DEFINITIONS

#### RECREATIONAL AND SPORT PROGRAMS

Programs that provide opportunities for people of all ages to learn, become competitive in and enjoy the organized recreational activity, sport or game of their choice. These programs may be offered by local clubs devoted to a particular activity or sport; may provide individual or team coaching assistance or instruction, access to equipment and facilities, and uniforms, if necessary; and may sponsor or make arrangements for athletes to participate in amateur competitions, usually at the local, regional or state/provincial level, and provide officials for games. These events are generally for the enjoyment of the athletes and are not at a high enough competitive level to be considered spectator sports.

## Out of School Time — Sports and Recreation

Lawson Ice Arena  
(269)387-3050

Boy Scouts  
(269) 343-4687

Girl Scouts  
(269) 343-1516

**LAWSON ICE ARENA AND GABEL  
NATATORIUM**  
(269) 387-3050  
www.wmich.edu/lawson

**CONTACT:**

**SERVICE:** Open skate, skating lessons,  
open swim, and swimming lessons.

**ELIGIBILITY:**

**HOURS:** Office open 8am-5pm  
Hours of services vary, please check the  
website for details.

**FEES:** vary depending on service

**APPLICATION PROCESS:**

**TRANSPORTATION:**

**PROGRAM EVALUATION METHOD:**

**BOY SCOUTS**  
(269) 343-4687  
1035 W. Maple

**CONTACT:**

**SERVICE:** Scouting is an educational pro-  
gram for boys and young adults to build  
character, develop citizenship and personal  
fitness.

**ELIGIBILITY:** Children, adolescents, and  
adults. Area served is Kalamazoo County.  
Age served is young men 7-21 yrs and  
women 14-21 and adults.

**HOURS:** Vary by group. Usually 1 - 1.5  
hours weekly after school or in the eve-  
nings.

**FEES:** \$10 annual registration, financial  
assistance available.

**APPLICATION PROCESS:** Self or parent

**TRANSPORTATION:**

**PROGRAM EVALUATION METHOD:**

**GIRLS SCOUTS OF GLOWING EMBERS**  
(269) 343-1516  
601 W. Maple  
www.gsgec.org

**CONTACT:**

**SERVICE:** Learning new skills, building  
self-confidence and leadership abilities  
for girls, in-school programs, training pro-  
grams, public relations, camping.

**ELIGIBILITY:** Girls 5-17 yrs in Allegan,  
Barry, Calhoun, Kalamazoo, Van Buren  
Co.

**HOURS:** M-F 8:30am-7pm

**FEES:** \$7 for membership (financial assis-  
tance is available)

**APPLICATION PROCESS:** Phone for an  
appointment.

**TRANSPORTATION:**

**PROGRAM EVALUATION METHOD:**

## Out of School Time — Sports and Recreation

New Genesis  
(269) 343-7023

Boys and Girls Clubs  
(269) 349-4485

Special Olympics  
(269) 387-2718

**NEW GENESIS**  
**Youth Sports Academy**  
(269) 343-7023  
1340 Cobb Street  
www.newgenesisinc.org

**CONTACT:** Ervin Armstrong, Executive Director

**SERVICE:** Variety of sports that will include baseball, softball, basketball, football, volleyball, golf, bowling, soccer and more. There will be leagues, camps and clinics. Children will learn fundamental sports skills, sportsmanship, and character development as well as life skills.

**ELIGIBILITY:** Will vary with each sport. However, our focus will be children in the 1<sup>st</sup> through 8<sup>th</sup> grades

**HOURS:** Practices and clinics will be between the hours of 4-7pm. Games will usually be played on Saturdays.

**FEES:** Fees vary depending on the sport. But normally the fees will be \$50 per child, \$80 for two children and \$100 for three or more children per family. There will be scholarships available.

**APPLICATION PROCESS:**

**TRANSPORTATION:**

**PROGRAM EVALUATION METHODS:**  
N/A

**BOYS AND GIRLS CLUBS**  
(269) 349-4485  
915 Lake St.  
www.bgckzoo.org

**CONTACT:** Jill Angell  
jilla@bgckzoo.org

**SERVICE:** After school programming.

**ELIGIBILITY:** Kindergarten through 12th grade.

**FEES:** No cost.

**HOURS:** M-TH: 3:30pm-9pm  
Friday: 3:30pm-7pm & teen night 7pm-10pm  
Saturdays: 9am-5pm (all ages)  
3rd Grade and under MUST go home by 6pm

**APPLICATION PROCESS:** Complete membership form. Parent/guardian and child must attend a New Membership Orientation.

**TRANSPORTATION:** None.

**PROGRAM EVALUATION METHOD:**

**SPECIAL OLYMPICS**  
(269) 387-2718  
jlwisti@mindspring.com

**CONTACT:** DeDe at community mental health community advocates.

## Out of School Time — Sports and Recreation

Little League

Rocket Football

City of Kalamazoo Parks  
and Recreation  
(269) 337-8191

City of Portage Parks and  
Recreation

### WEBSITES:

#### LITTLE LEAGUE

[www.eteamz.com/midistrict2](http://www.eteamz.com/midistrict2)  
Contact: Bud Vanderberg  
[bvanderberg@llbmidistrict2.org](mailto:bvanderberg@llbmidistrict2.org)

For phone numbers to specific locations  
visit [www.eteamz.com/midistrict2/locations](http://www.eteamz.com/midistrict2/locations)

#### ROCKET FOOTBALL

Follow this link:  
<http://portagerocket.com>

#### CITY OF KALAMAZOO PARKS AND RECREATION

(269) 337-8191  
[www.kalamazoocity.org](http://www.kalamazoocity.org)

#### CITY OF PORTAGE PARKS AND RECREATION

[www.portagemi.com](http://www.portagemi.com)

## Out of School Time — Sports and Recreation

### SPORTS AND RECREATION AGENCIES LACKING INFORMATION:

**DOUGLASS COMMUNITY  
ASSOCIATION**

***Hoopsters***

(269) 343-6185

Tim.terrentine@gmail.com

**AYSO**

***(American Youth Soccer Organization)***

(269) 353-7000

Dac2219@yahoo.com

**KALAMAZOO COMMUNITIES IN SCHOOLS**

***Girls on the Run***

(269) 385-5806

**KALAMAZOO COMMUNITIES IN SCHOOLS**

***Girls on Track***

(269) 385-5806

**YMCA**

***Youth Basketball League***

(269) 345-9622

1001 W. Maple street

**YMCA**

***Sherman Lake***

(269) 731-3000

6225 N. 39th St.

shermanlakeymca.org

shermanlakeymca@ymcasl.org

# ARTS

## Out of School Time — Arts

City of Kalamazoo  
Youth Development  
Center  
(269) 337-8191

Kalamazoo Institute of  
Arts  
(269) 349-7775

Boys & Girls Clubs  
(269) 349-4485

### ARTS PROGRAMS

#### RECREATIONAL/LEISURE/ARTS INSTRUCTION

Programs that provide classes or individual lessons for people who want to develop an appreciation for or competency in a particular recreational, artistic or leisure-time activity.

## Out of School Time — Arts

City of Kalamazoo  
Youth Development  
Center  
(269) 337-8191

**YOUTH DEVELOPMENT CENTER**  
*City of Kalamazoo Department of Parks  
and Recreation*  
(269) 337-8191  
[www.kalamazoocity.org/ydc](http://www.kalamazoocity.org/ydc)

**CONTACT:** Denise Siegel  
[siegeld@kalamazoocity.org](mailto:siegeld@kalamazoocity.org)  
Victor Taylor

**SERVICE:** Computer labs, homework  
help, boys nights, girls nights, teen nights,  
hip hop nights, art classes, theater classes,  
and Youth Action Council

**ELIGIBILITY:** Middle School and High  
School Youth. Ages 12-18.

**HOURS:** M&F: 8am-5pm. Tues– Thurs:  
8am-8pm.

**FEES:** Varies According to Program. Com-  
puter Lab and facility are drop in.

**APPLICATION PROCESS:** None. Drop-  
in center.

**TRANSPORTATION:** None

**PROGRAM EVALUATION METHOD:**

## Out of School Time — Arts

Boys and Girls Clubs  
(269) 349-4485

Kalamazoo Institute of  
Arts  
(269) 349-7775

**BOYS AND GIRLS CLUBS**  
(269) 349-4485  
915 Lake St.  
www.bgckzoo.org

**CONTACT:** Jill Angell  
jilla@bgckzoo.org

**SERVICE:** After school programming.

**ELIGIBILITY:** Kindergarten through 12th grade.

**HOURS:** M-TH: 3:30pm-9pm  
Friday:3:30pm-7pm & teen night 7pm-10pm  
Saturdays: 9am-5pm (all ages)  
3rd Grade and under **MUST** go home by 6pm.

**FEES:** No cost.

**TRANSPORTATION:** None.

**APPLICATION PROCESS:** Complete membership form. Parent/guardian and child must attend a New Membership Orientation.

**TRANSPORTATION:**

**PROGRAM EVALUATION METHOD:**

**KALAMAZOO INSTITUTE OF THE ARTS**  
(269) 349-7775  
www.kiarts.org  
Museum@kiarts.org

**CONTACT:**

**SERVICE:** The goal of the Kirk Newman Art School is to nurture artistic creativity in the residents of West Michigan by providing high-quality classes and workshops at reasonable cost for people of all ages and skill levels. The classes are relaxed and informative.

**ELIGIBILITY:**

**HOURS:**

**FEES:** Vary. A scholarship program, based on financial need, provides an opportunity for adults and children to study art. In addition, three merit scholarships awarded annually.

**APPLICATION PROCESS:** Registration for classes may be made in person, by mail, by fax, or over the phone. Application forms for scholarships are available in the Registration Office.

**TRANSPORTATION:**

**PROGRAM EVALUATION METHOD:**

## Out of School Time — Arts

### ARTS AGENCIES LACKING INFORMATION:

**KALAMAZOO CHILDREN'S CHORUS**

(269) 547-7183

P.O. Box 50414

**KALAMAZOO PUBLIC LIBRARY**

(269) 342-9837

[www.kpl.gov](http://www.kpl.gov)

**COMSTOCK AUDITORIUM AND THEATRE**

(269) 388-9461

**ALL EARS RADIO THEATRE**

*Arts Council*

359 S. Kalamazoo Mall, Suite 203

(269) 342-5059

[mflynn@kalamazooarts.com](mailto:mflynn@kalamazooarts.com)

[www.allearstheatre.com](http://www.allearstheatre.com)

**ACT/SO**

(269) 343-4105

[kzooNAACP@yahoo.com](mailto:kzooNAACP@yahoo.com)

**YOUTH THEATRE**

*The Civic*

[www.kzoocivic.com](http://www.kzoocivic.com)

**KALAMAZOO JUNIOR SYMPHONY**

**ORCHESTRA**

(269) 349-7557

714 S. Westnedge Ave, Room 344

[www.kjso.org](http://www.kjso.org)

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# CHARACTER AND LEADERSHIP

## Out of School Time — Character and Leadership

Youth Opportunities  
Unlimited

(Michigan Works)  
(269) 349-9676

Youth United Way  
(269) 343-2524

Prevention Works  
(269) 388-4200

Youth Development  
Center  
(269) 337-8191

### CHARACTER AND LEADERSHIP DEFINITIONS

#### LEADERSHIP DEVELOPMENT

Programs that provide opportunities for individuals of all ages to develop their leadership and management skills through participation in activities which require planning and organizing ways to achieve planned objectives, motivating members to complete tasks they have agreed to perform and evaluating the group's progress; or through training which addresses these skills.

## Out of School Time — Character and Leadership

United Way Youth  
(269) 925-7772

Youth Opportunities  
Unlimited (Michigan  
Works)  
(269) 349-9676

**YOUTH UNITED WAY**  
(269) 343-2524  
709 S Westnedge Ave  
www.kalamazoounitedway.org

**CONTACT:** Mary Lou Boughton

**SERVICE:**

**ELIGIBILITY:** Kalamazoo County High  
School-aged youth.

**HOURS:** Monday evenings during the  
school year.

**FEES:** None

**APPLICATION PROCESS:**  
Call 343-254, ext. 244

**TRANSPORTATION:** None

**PROGRAM EVALUATION METHOD:**  
Survey

**YOUTH OPPORTUNITIES UNLIMITED**  
*(Michigan Works)*  
(269) 349-9676  
422 E. South Street

**CONTACT:** Lisa D. Smith  
ldsmith@kresanet.org

**SERVICE:** Assistance with credit recovery and graduation, work experience, supportive services, certifications and job placement.

**ELIGIBILITY:** WIA Youth Services: 16-21 years old, low-income, resident of Kalamazoo or St. Joseph Counties and if not a high school graduate must be able to graduate by June 2009. Kalamazoo County high school student, referred by school counselor for NovaNET.

**HOURS:** M-F 9am-5pm

**FEES:** None

**APPLICATION PROCESS:** Call 269-349-9676

**TRANSPORTATION:** Bus tokens when determined eligible and enrolled in program.

**PROGRAM EVALUATION METHOD:**

## Out of School Time — Character and Leadership

Prevention Works  
(269) 388-4200

Youth Development Center (Parks and Recreations)  
(269) 337-8191

### **PREVENTION WORKS**

#### ***Project TAR***

(269) 388-4200  
611 Whitcomb street, Suite A  
[www.prevention-works.org](http://www.prevention-works.org)

**CONTACT:** Jessica Bradford, Program Coordinator

**SERVICE:** Project TAR is a nationally recognized community-based curriculum divided into six sessions lasting forty-five minutes each. A variety of educational strategies are used including cooperative learning groups, large-group discussions, and role plays to prevent youth from using tobacco products. Youth learn and practice skills for resisting peer pressure and discover that not using is the norm among their age group. Youth learn about the covert messages in tobacco advertising aimed at youth and determine their own personal reasons for not using.

**ELIGIBILITY:** Project TAR is geared for youth between the ages of 10 and 15 throughout all of Kalamazoo County.

**SITE:** Various locations

**HOURS:** Project TAR is an in-school and after school program. During the summer months, Project TAR is offered throughout the day.

**FEES:** None

**TRANSPORTATION:** None

#### **PROGRAM EVALUATION METHODS:**

Project TAR is evaluated by an independent, contracted evaluation team who analyze participant surveys for each session and each site in order to estimate program impact. Surveys use the Health Belief Model, measuring participants' perceived risk to anticipate their aversion to certain behaviors in the future.

All data is compiled annually into a report by the evaluation team. These reports have shown that Project TAR consistently positively impacts participants, decreasing their likelihood of using tobacco products in the future.

### **YOUTH DEVELOPMENT CENTER (City of Kalamazoo Department of Parks and Recreation)**

(269) 337-8191  
[www.kalamazoocity.org/ydc](http://www.kalamazoocity.org/ydc)

**CONTACT:** Denise Siegel  
[siegeld@kalamazoocity.org](mailto:siegeld@kalamazoocity.org)

**SERVICE:** Computer labs, homework help, boys nights, girls nights, teen nights, hip hop nights, art classes, theater classes, and Youth Action Council

**ELIGIBILITY:** Middle School and High School Youth. Ages 12-18.

**HOURS:** M&F: 8am-5pm. Tues– Thurs: 8am-8pm.

**FEES:** Varies According to Program. Computer Lab and facility are drop-in.

**APPLICATION PROCESS:** None. Drop-in center.

**TRANSPORTATION:** None

**PROGRAM EVALUATION METHOD:**

## Out of School Time — Character and Leadership

### CHARACTER AND LEADERSHIP AGENCIES LACKING INFORMATION:

**NEW GENESIS**  
(269) 343-7023  
Newgenesisinc.org

**DESTINATION IMAGINATION**  
www.micreativity.org

***Turn 2 Foundation***  
***Jeter's Leaders***

**MSU Extension**  
**4-H**  
(269) 383-8830

**GIRL SCOUTS**  
***Leadership Program***  
(269) 343-1516

**BOY SCOUTS**  
***Leadership Program***  
(269) 313-4687

**COMSTOCK COMMUNITY CENTER**  
**CHICKS PROGRAM**  
(269) 345-8556

**KALAMAZOO NATURE CENTER**  
***Teen Club***  
(269) 381-1574

**KALAMAZOO JUNIOR GIRLS**  
(269) 344-2330  
1114 W. Paterson

**ADVENTURE CENTER AT PRETTY LAKE**  
**DIVERSITY AWARENESS LEADERSHIP TRAINING (DALT)**  
(269) 375-1664  
9497 West Q. Avenue  
sdrumm@adventurecentre.org

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# TUTORING/MENTORING

*Youth Services Guide*

2008

Tutoring  
Mentoring



*Get Connected. Get Answers.*



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## **YOUTH SERVICES GUIDE PURPOSE STATEMENT**

The Youth Services Guide is designed for referral providers who want to link youth to appropriate activities of quality. When a referral provider gives the name and number/website of a listed organization to a child/parent, the child/parent should be able to get the needed information from that organization and make the necessary arrangements with that entity and not have to be referred yet another time.

## **STANDARDS FOR INCLUSION IN THIS GUIDE**

- **Quality:** Judgment for inclusion on the part of KYDNet staff as to whether or not the organization is actively pursuing the CC2Y.
- **Non-Profit Organization**
- **Ongoing service or recurring events, not just a one-time occurrence**
- **Open to all interested and eligible persons from the community; not limited to a target population that connects with the program via a specified referral process such as through the student's school or through Community Mental Health.**

### **Exclusions**

- **Organizations that do not respond to attempts to update information annually may be excluded for lack of current information.**

# **KYDNET QUALITY YOUTH DEVELOPMENT PROGRAMMING ENDORSEMENT**

## **Community Commitment to Youth (CC2Y)**

Kalamazoo Youth Development Network (KYDNet) collaborated with area youth-serving organizations to create and guide the implementation of the Community Commitment to Youth (CC2Y). The CC2Y is comprised of eight researched-based concepts developed from the Seven Developmental Needs of Adolescents identified by the High/Scope Educational Research Foundation ([www.highscope.org](http://www.highscope.org)). Using the CC2Y approach in an adolescent youth settings helps meet the developmental needs of youth participants and thus to maximize positive youth development.

### **Obtaining Endorsement**

The CC2Y sets a community standard for positive youth development. The Kalamazoo Youth Development Network (KYDNet) can help your organization assess the extent to which your youth programming embodies or promotes the CC2Y pledges. KYDNet also offers High/Scope training to increase organizations' capacity for positive youth development. Programs actively striving to fulfill the CC2Y pledges are included in the Youth Service Guide.

For information on KYDNet Quality Youth Development Programming Endorsement, call (269) 343-2524

### **CC2Y Pledges**

1. We believe in offering youth a variety of activities that reflect their interests and will allow them to express their creativity.
2. We recognize the wide diversity of youth and believe in empowering *all* youth as they move towards adulthood.
3. We believe in encouraging youth to be open with their ideas and opinions in establishing, maintaining, and evaluating the programs they participate in.
4. We believe in being positive role models and mentors in the lives of youth.
5. We recognize that youth have a need for physical activity and its benefits.
6. We believe in supporting youth in their successes and failures and recognizing their efforts.
7. We recognize that youth have a right to feel safe in their environment.
8. We believe that youth involvement is beneficial in setting clear boundaries and fair expectations for their activities and programs.

### **Acknowledgements**

Thank you to all of the agencies that have provided details on the services they provide for youth.

Thank you to Marc Meulman and Coco Cook (Kalamazoo Communities In Schools), Simone Snyder and Teresa Thrash (KYDNet), Denise Hartsough (GKUW), and Judy Whitehurst, Lindsay Moulds and Amanda Pfeiffer (Gryphon Place) for their collaborative development of this guide.

# Mentoring

Big Brothers Big Sisters,  
A Community of Caring  
(269) 382-6800

YWCA of Kalamazoo  
(269) 345-5595

Loy Norrix High School  
(269) 337-0200

## Mentoring Definitions

### **Mentoring Programs**

Programs that provide companionship, guidance and/or role models for individuals who are disadvantaged because of age, income, physical or developmental disabilities or family environment.

### **Mentoring Skills**

Mentoring involves a formalized, voluntary relationship between the mentor and one or more individuals which encompasses interpersonal support, guidance, mutual exchange, sharing of wisdom, coaching and role modeling; and yields benefits to all parties in the areas of personal growth, career development, lifestyle enhancement, spiritual fulfillment, goal achievement and other areas mutually designated by the mentor and his or her partners.

# Mentoring

Big Brothers Big Sisters,  
A Community of Caring  
(269) 382-6800

YWCA of Kalamazoo  
(269) 345-5595

**BIG BROTHERS BIG SISTERS, A  
COMMUNITY OF CARING**  
*One-to-One Mentoring*  
(269) 382-6800  
3501 Covington Road  
www.bbbsmi.org

CONTACT: Amy Kuchta

SERVICE : Services for children  
ages 5-17.

ELIGIBILITY: Any children, ages 5-17, in  
Kalamazoo, Allegan, Barry, Calhoun, or  
Van Buren Counties who want to be  
matched with a mentor, and whose parent  
is supportive of their desire to be in the  
program.

HOURS: Open

FEES: None

APPLICATION: Parents or interested  
mentors call 382-6800 and ask for the  
Customer Relations Specialist, who will  
guide them through the enrollment process.

TRANSPORTATION: Transportation  
provided by mentor.

PROGRAM EVALUATION METHOD:  
Use of a national tool which assesses asset  
development and growth every six months  
for the duration of the match.

**YWCA OF KALAMAZOO**  
*YWCA Mentoring Program*  
(269) 345-5595  
353 E. Michigan Avenue  
www.ywcakalamazoo.org

CONTACT: Jennifer Frank

SERVICE : Services for teen and adult  
women.

ELIGIBILITY: Females age 13 years or  
older: must have education or employ-  
ment goal.

HOURS: Monday, Wednesday, and Fri-  
day 8am-4:30pm

FEES: None

APPLICATION: Two-page application,  
interview, and orientation.

TRANSPORTATION: Not available

PROGRAM EVALUATION METHOD:  
Monitoring forms, surveys.

# Mentoring

Loy Norrix High School  
(269) 337-0200

**LOY NORRIX HIGH SCHOOL**  
***Knight Mentoring Program***

(269) 337-0200  
606 E. Kilgore Rd  
www.kalamazoopublicschools.com

**CONTACT:** Anne Browser, teacher and  
Ignite Coordinator.

**SERVICE:** On-site mentoring. Ignite is a  
national program implemented locally to  
provide guidance and/or role models spe-  
cifically for freshmen students at  
Loy Norrix.

**ELIGIBILITY:** All freshmen enrolled at  
Loy Norrix

**HOURS:** Varied. Contact the school for  
times.

**FEES:** None

**APPLICATION:** None

**TRANSPORTATION:** None

**PROGRAM EVALUATION METHOD:**  
Feedback from teachers whose students are  
mentees is gathered monthly.

# Mentoring

## MENTORING AGENCIES LACKING INFORMATION:

**TEEN HEART**  
*Peer Mentoring*  
(269) 342-8336  
[info@teenheart.org](mailto:info@teenheart.org)

**KIDS HOPE AGENCIES**  
*Kids Hope Mentoring Program*  
100 S. Pine Street  
Zeeland, MI  
(616) 546-3580  
[www.kidshopeusa.org](http://www.kidshopeusa.org)

# Tutoring

Portage Community  
Center (PCC)  
(269) 323-1942

The Salvation Army  
(269) 344-6119

Vineyard Outreach  
Ministry  
(269) 349-2388

Mt. Zion Baptist Church  
(269) 388-3111

Boys and Girls Clubs  
(269) 349-4485

Kalamazoo Communities  
in Schools (KCIS)  
(269) 337-1601

SLD Learning Center  
(269) 345-2661

## Tutoring Definitions

### **Tutoring Services**

Programs that provide supplemental instruction for students who are having difficulty with their coursework or who want to get more out of their regular educational program.

### **Subject Tutoring**

Programs that provide individualized or small group instruction for people who need assistance in learning one or more components of a prescribed curriculum. Tutoring usually supplements a regular school program and may be provided at school, in the person's home or at a community agency site.

# Tutoring

Portage Community  
Center (PCOC)  
(269) 323-1942

The Salvation Army  
(269) 344-6119

Vineyard Outreach  
Ministry  
(269) 349-2388

**PORTAGE COMMUNITY CENTER**  
***Tutoring Program***  
(269) 323-1942  
325 E. Centre

CONTACT: Ruth Helmick

SERVICE: Middle School and High School  
Tutoring Program.

ELIGIBILITY: Low Income Middle School  
and High School students.

HOURS: Tuesday and Thursday 4:30-5:30  
pm or 5:30-6:30 pm

FEES: None

APPLICATION: School referral or a tutoring  
information packet.

TRANSPORTATION: Parent or Family  
Member must bring student.

PROGRAM EVALUATION METHOD:  
Feedback Sheets

**THE SALVATION ARMY**  
***Tutoring Program***  
(269) 344-6119  
1700 S. Burdick

CONTACT: Gloria Cottrell, MA

SERVICE: Targets children and teens with  
focused reading and comprehension strate-  
gies through the coordination of literacy  
skills and current school assignments.

ELIGIBLE: Children/Teens

HOURS: 5:00pm-7:00pm

FEES: None

APPLICATION: None

TRANSPORTATION: None

PROGRAM EVALUATION METHOD:

**VINEYARD OUTREACH MINISTRY**  
***Tutoring Program***  
(269) 349-2388  
811 S. Westnedge Avenue  
[www.vineyardoutreachministry.org](http://www.vineyardoutreachministry.org)

CONTACT: Catherine Dance

SERVICE: Tutoring

ELIGIBLE: Vine Neighborhood Resi-  
dents of School Age.

HOURS: Wednesdays 4-5pm and 5-6 pm

FEES: None

APPLICATION: Please call.

TRANSPORTATION: May be arranged  
if families cannot provide it.

PROGRAM EVALUATION METHOD:  
Consistent Attendance, increasing confi-  
dence, improvement in attitudes, behav-  
iors, citizenship, grades, and academic  
interest. Varied processes can be dis-  
cussed with potential student.

# Tutoring

Mt. Zion Baptist Church  
(269) 388-3111

Boys and Girls Clubs  
(269) 349-4485

**MT. ZION BAPTIST CHURCH**  
*After School Homework Center*  
(269) 388-3111  
120 Roberson  
www.mtzionkalamazoo.org

CONTACT: Cassandra Bridges

SERVICE: Homework assistance for students in kindergarten through 6th grade

ELIGIBLE: Kindergarten through 6th grade students.

HOURS: Monday through Thursdays 3:00pm to 5:30pm. From the first Monday in October through the last Thursday in May.

FEES: None

APPLICATION: Registration forms are in the church office or available by calling the church office.

TRANSPORTATION: None

PROGRAM EVALUATION METHOD:  
None

**BOYS AND GIRLS CLUBS**  
*Power Hour*  
(269) 349-4485  
915 Lake St.  
www.bgckzoo.org

CONTACT: Jill Angell

SERVICE: Homework help for students. Primary focus is tutoring.

ELIGIBLE: Kindergarten through 6th grade students.

HOURS: Tuesdays through Fridays from 3:30pm to 5pm

FEES: None

APPLICATION: Must fill out a new membership form and attend an orientation with parent or guardian. Orientations are on Tuesdays at 6:30pm and Saturdays at 10:30am.

TRANSPORTATION: None

PROGRAM EVALUATION METHODS: Attendance

# Tutoring

## TUTORING AGENCIES LACKING INFORMATION:

### **New Horizon Village**

- [Lrngcenter@hotmail.com](mailto:Lrngcenter@hotmail.com)

### **Portage Library—Cristy Klien**

[cklien@portagelibrary.info](mailto:cklien@portagelibrary.info)

Portage District Library

- <http://www.portagelibrary.info/KidsConnect/Homepage.htm>
- (269) 329-4544

### **Mary-Jane Underwood Stryker Institute for Service-Learning**

**Kalamazoo College**

1200 Academy Street

(269) 337-7432

Teresa Denton & Alison Geist

<http://www.kzoo.edu/servicelearning/programs.htm>

# Mentoring/Tutoring

Kalamazoo Communities  
In Schools (KCIS)  
(269) 337-1601

SLD Learning Center  
(269) 345-2661

## **KALAMAZOO COMMUNITIES IN SCHOOLS *Mentoring and Tutoring Program***

(269) 337-1601  
125 W. Exchange Place  
www.kcisfkidsfirst.org

**CONTACT:** Coco Cook

**SERVICE:** School based tutoring and mentoring.

**ELIGIBLE:** Students Kindergarten through 12th grade. This service is located in the following KCIS schools: Arcadia Elementary, Edison Environmental Science Academy, King-Westwood Elementary School, Lincoln International Studies School, Milwood Elementary School, Parkwood Upjohn Elementary School, Spring Valley Center for Exploration, Milwood Magnet Center for Math, Science and Technology, Kalamazoo Central High School and New City Success Center/Phoenix High School.

**HOURS:** Monday through Friday, during school hours and after school.

**FEES:** None

**APPLICATION:**

**TRANSPORTATION:** None.

**PROGRAM EVALUATION METHOD:**  
We request evaluations from teachers, parents, students, and tutors each year.

## **SLD LEARNING CENTER *Mentoring and Tutoring Program***

(269) 345-2661  
504 S. Westnedge Avenue  
www.sldcenter.org

**CONTACT:** Heidi Turchan, Director of Training

**SERVICE:** Comprehensive assessment and evaluation in the areas of reading, writing and spelling. We provide one-to-one tutoring in these areas utilizing a multisensory approach (Orton-Gillingham).

**ELIGIBILITY:** Our program is appropriate for persons ages five through adulthood who struggle with reading, writing and spelling.

**HOURS:** Office hours 9:00am-4:30 pm

**FEES:** Sliding scale based on the family's most recent 1040 tax form and family size.

**APPLICATION:** None

**TRANSPORTATION:** None

**PROGRAM EVALUATION METHODS:** Students all undergo initial assessment and are reassessed after completion of 100 lessons.

# School Mentoring/Tutoring List

## SCHOOL MENTOR LIST:

This is a list of schools that have a mentoring/tutoring program on site.  
The programs only serve students within the designated school.

### **Edison Environmental Science Academy**

Located: First Presbyterian Church

For: mentors/tutors

Contact: Joyce Petro (269) 342-6817, john.petro@wmich.edu

Carol Payne Smith (269) 388-2278, paynesmith@aol.com

### **Spring Valley Center for Exploration**

Located: First United Methodist Church

For: mentors/tutors

Contact: Mary Bullock (269) 343-1132, mary.bullock@wmich.edu

### **Lincoln International Studies**

Location: People's Church

For: mentors/tutors

Contact: Mary Lewis (269) 372-2336, marylewis@aol.com

and Kay Spade

### **Parkwood Upjohn Elementary**

Location: Chapel Hill United Methodist

For: mentors/tutors

Contact: Shirley Freeman (269) 381-8208, freemanfam@aol.com

Sue Beadling (269) 372-3973, gilbead@aol.com

### **Milwood Elementary**

Location: Milwood Christian Reformed Church

For: mentors/tutors

Contact: Jane Van Tuinen, Kid's Hope USA

(269) 353-9181

### **MLK Westwood**

Location: Westwood United Methodist Church

For: mentors/tutors

Contact: Diane Tultz

# Additional Resources

Child Care Resources  
(269) 349-3296

Kalamazoo Public  
Library  
(269) 553-7807

Mentor Michigan  
(517) 335-4295

## Web Resources

**MENTOR MICHIGAN**  
*Referral Service*  
(517) 335-4295  
1048 Pierpont, Suite 4  
Lansing, MI 48913  
[www.michigan.gov/mentormichigan](http://www.michigan.gov/mentormichigan)

**KALAMAZOO PUBLIC LIBRARY**  
*Live Homework Help*  
(269) 553-7807  
315 Rose Street  
Kalamazoo, MI 49007  
[www.kpl.gov](http://www.kpl.gov)

CONTACT: Cory Grimminck

SERVICE: Tutoring through Live Homework Help Online from Home or Library.

ELIGIBLE: Kalamazoo Public Library Cardholders.

HOURS: Every day 3pm-10pm

FEES: None

APPLICATION: Must have a Kalamazoo Public Library Card

TRANSPORTATION: Not available.

EVALUATION METHOD: Monthly statistics and anecdotal evidence.

## Specialized Information and Referral

**CHILD CARE RESOURCES**  
*Specialized Information and Referral*  
(269) 349-3296  
3304 Mindi Lane  
[www.workfamilysolutions.com](http://www.workfamilysolutions.com)

CONTACT: Stephanie Buszka

SERVICE: Referrals to licensed child care and out of school time care; consumer education regarding child care.

ELIGIBLE: Anyone

HOURS: Monday 8am-7pm; Tuesday through Friday 8am-5pm.

FEES: None

APPLICATION: None

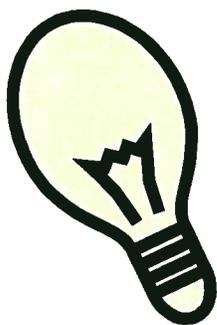
TRANSPORTATION: Not available.

EVALUATION METHOD: Achieved Quality Assurance Accreditation through NACCRRRA (National Association of Child Care Resource and Referral)

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# **ENERGY ASSISTANCE FORUM**

**Sponsored by the  
Emergency Financial Assistance Network**

**Friday, October 21, 2011**

**9:00 – 11:00 a.m.**

**at the**

**Salvation Army**

**1700 S. Burdick**

- **Learn how to guide people through the Kalamazoo area's system for energy assistance**
- **Hear updates about current issues, resources and types of assistance**
- **All service providers and those involved in making referrals in any area of emergency assistance are encouraged to attend**



# *Community Housing Information Center*

**Every Wednesday 4-5 pm**

Hosted at the HRI /Goodwill Alcott Location  
420 E. Alcott St Kalamazoo, MI 49001

*Please join Community Agencies for information about your housing solutions.  
Agency staff and/or information available from:*

- *Department of Human Services*
- *Legal Aid*
- *Dispute Resolution Center*
- *Housing Resources Inc.*
- *Kalamazoo Community Mental Health SAS*
- *Kalamazoo Neighborhood Housing Services*
- *2-1-1*
- *Fair Housing*

## **Housing Information Available:**

- Housing search, current vacancies
- Private landlord and apartment complex information
- Preventing an eviction-understanding the process
- Resolving landlord/tenant disputes
- Emergency shelter referral
- Foreclosure and homeownership
- Weatherization and utility cost savings
- Budgeting, housing costs: What can I afford?
- Sample leases and move-in checklists
- Services and resources for tenants and landlords

***Please note: There will be NO financial resources  
available at this housing hour.***

# Community Housing Information Center

Every Wednesday of the  
Month

10:00 a.m. - 12:00 p.m.  
1000 E. Main Street, Room 100

Presented by the Housing Authority of the City of  
Chicago, in cooperation with the Chicago Housing  
Department

Open to all tenants of the  
Chicago Housing Department  
and the Chicago Housing  
Department  
and the Chicago Housing  
Department

For more information, contact  
the Chicago Housing Department  
at 312-744-3300 or visit our  
website at [www.chicago.gov](http://www.chicago.gov)  
or [www.chicagohousing.com](http://www.chicagohousing.com)

Chicago Housing Department  
Chicago Housing Department

### ***NATIONAL RED RIBBON PROCLAMATION***

- WHEREAS,** tobacco, alcohol and other drug usage among young people is a serious concern; and
- WHEREAS,** it is imperative that visible, unified prevention education efforts by community members be launched to reduce the demand for drugs; and
- WHEREAS,** the National Family Partnership, the Red Ribbon Coalition, Mothers Against Drunk Driving, Students Against Drunk Driving, Portage Public Schools and the Kalamazoo County Substance Abuse Task Force are sponsoring the National Red Ribbon Campaign offering citizens the opportunity to demonstrate their commitment to drug-free lifestyles; and
- WHEREAS,** the National Red Ribbon Campaign will be celebrated in communities throughout America during "**Red Ribbon Week,**" **October 22-30, 2011;** and
- WHEREAS,** business, government, law enforcement, schools, religious institutions, service organizations, youth, physicians, senior citizens, the military, sports teams, and individuals will demonstrate their commitment to drug-free, healthy lifestyles by wearing and displaying red ribbons during this week-long campaign; and
- WHEREAS,** the community of Portage further commits its resources to ensure the success of the Red Ribbon Campaign.
- NOW, THEREFORE, BE IT RESOLVED THAT** I, Peter J. Strazdas, Mayor of the City of Portage, Michigan, do hereby proclaim the week of October 22-30, 2011, as **RED RIBBON WEEK,** and encourage Portage citizens to participate in drug prevention education activities, showing our commitment to a drug-free community.
- BE IT FURTHER RESOLVED** that the **City Council of the City of Portage** encourages all citizens to pledge: **My choice.....Drug-Free.**

Signed this 18<sup>th</sup> day of October 2011

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Peter J. Strazdas, Mayor

