

Portage Senior Center October 2011 Program Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
				1 2:00 Three C's: Coffee, Cards & Conversation
10:00 Free Legal Consultation by Appointment 5:00 Out to Dinner Blue Dolphin 3	4	11:30 *Strength Training Loaves & Fishes Bag Drop Off 1:30 Scrabble Club 5	Loaves & Fishes Bag Drop Off 6 10-2:00 Hand & Foot 1-4:00 Foot Clinic Henry Ford Museum & Greenfield Village	9:00 Loaves & Fishes Bag Folding 7 1:00 Diabetes Support Group 1:30 Bingo
1:15 Big Screen Movie, <i>Soul Surfer</i> 10 3:30 Chair Massage by Appointment	8:30 Out to Breakfast Julianna's 11 6:30 PM Just For Fun Poker Night	2:00 Readers Theatre 12 October Mystery Trip	1:00 I Want a Happy & Healthy Memory! 13 1-4:00 Foot Clinic	1:00 Sisterhood, Lunch at Michelle's 14 15 2:00 Three C's: Coffee, Cards & Conversation
10:00*Computer Fundamentals 17	8:00 Friends of the PSC Board Mtg 18 9-11:00 Free Hearing Screenings by appointment 1:15 *Yoga @ St Catherine's	10:00 *Intro to Office 19 1:30 Scrabble Club 2:00 Photography Club 7:00 PM *QiGong	11:30 Out to Lunch Old Chicago 20 1-4:00 Foot Clinic *1:15 Line Dance, Beginner Plus 2:30 Advisory Board Mtg *2:30 Line Dance, Beginner No afternoon Ping Pong	21 9-1:00 FLU SHOT CLINIC
1:30 Trip Preview 24	11:45 Halloween Luncheon 25	2:00 Readers Theatre 26	*11:00 Silver Splash at YMCA 27 1-4:00 Foot Clinic Quaint, Quizzical & Quirky Journey	28
Halloween 31				

An asterisk (*) denotes the beginning of class session. Items in **bold** denote events or new items.

Portage Senior Center November 2011 Program Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
	1	*10:30 PSC Writing Group Loaves & Fishes Bag Collection 2 <div style="border: 1px solid black; padding: 5px; text-align: center;">Hull House and Driehaus Museum</div>	10-2:00 Hand & Foot 1-4:00 Foot Clinic Loaves & Fishes Bag Collection 3	9:00 Loaves & Fishes Bag Sorting 1:00 Diabetes Support 4 5 2:00 Three C's: Coffee, Cards & Conversation
5:00 Out to Dinner Finley's American Grill 7	Elections 8:30 Out to Breakfast Rykse's 6:30 PM Just For Fun Poker Night 8	2:00 Readers Theatre 9	1:00 I Want a Happy & Healthy Memory! 1-4:00 Foot Clinic 10	1:00 Sisterhood, Uno Attack 11 12 9-2:00 PSC Holiday Bazaar & Bake Sale
10:00 Free Legal Consultation by Appointment 1:15 Big Screen Movie, <i>Win Win</i> 1:30-3:00 Grocery Bingo 3:30 Chair Massage by Appointment 14	8:00 Friends of the PSC Board Mtg 11:45 Thanksgiving Luncheon 15	2:00 Photography Club 2:30 Advisory Board Mtg 16	11:30 Out to Lunch A Pizza Yen 1-4:00 Foot Clinic 17	<div style="border: 1px solid black; padding: 5px; text-align: center;">Museums & Coffee Concert Combo</div> 18 19 2:00 Three C's: Coffee, Cards & Conversation <div style="border: 1px solid black; padding: 5px; text-align: center;">Grandma Got Run Over by a WHAT?</div>
21	22	2:00 Readers Theatre 23	24 Closed in observance of the Thanksgiving Holiday HAPPY THANKSGIVING!	25 Closed in observance of the Thanksgiving Holiday
28	29	30	<div style="border: 1px solid black; padding: 10px; background-color: #f0f0f0;">Portage Senior Center is open Monday through Friday, 8:00 AM to 5:00 PM, evenings as scheduled for PSC events.</div>	

An asterisk (*) denotes the beginning of class session. Items in **bold** denote events or new items.

This page is intended to give a brief look at all classes and activities occurring at the Portage Senior Center on a given day of the week this month. Classes are in bold print; all other items listed are activities. Please check the calendar page for the start date of classes and fees. Activities and classes are open to all members. Please check with the receptionist for further information.

Monday

8:35 **Enhance Fitness**
 9:30-11:30 Relaxed Pace Bridge
 10:00 Trip Committee (3rd)
 10:00 **Computer Fundamentals**
 10:00 Free Legal Services (2nd)
 10:30 **Body Rebound**
 11:30 **Strength Training**
 11:45 Lunch
 1:00 Art Club
 1:15 Big Screen Movie (see calendar)
 1:30 Cribbage
 1:30 Canasta
 3:30 Ping Pong
 3:30-4:45 Chair Massage (2nd)
 5:00 Out to Dinner (1st)
 6:30 Pincochle/Cards

Tuesday

8:30 Out to Breakfast (2nd)
 8:30-9:30 **Tai Ji**
 8:30-4:30 Billiards
 8:45 Computer Club (1st & 3rd)
 9:00 Mini Bus Shopping
 9:30-2:30 Trip Office Open for business
 10:00 Wii Bowling
 10:00 Walkers w/Walkers (Bicentennial Trail)
 10:30-12N Recycled Cards (1st, 3rd, 4th)
 11:00 **Silver Splash**
 11:45 Lunch
 1:00 Bridge
 1:00 Mah-Jongg
 1:15 **Yoga**
 1-3:00 Woodcarving **
 1:00 Chair Volleyball
 3-4:30 Band Practice
 3:30 Hand Chimers
 6:30 Bid Euchre & Other Cards
 6:30 Just for Fun Poker Night (2nd)
 8-8:30 Alzheimer's Association Support Group (3rd)

** Woodcarving - PSC members Free/Non-Members \$3 per week

Wednesday

8:35 **Enhance Fitness**
 9:30-11:30 Relaxed Pace Bridge
 10:00 **Intro to Office**
 10:30 PSC Writers Group
 10:30 **Body Rebound**
 11:30 **Strength Training**
 12N Portage Rotary, no lunch today
 12:30 - 4:45 Billiards
 1:30-3:30 Scrabble (1st & 3rd)
 1:45-5:00 Euchre
 2:00 Photography Club (3rd)
 2:00 Readers Theatre (2nd & 4th)
 2-5:00 Computer Lab Open
 7:00 **QiGong**

Thursday

9-11:00 Blood Pressure Clinic (2nd)
 9-12N PSC Needlers
 9:30 Choir Practice
 10:00 Garden Club (2nd)
 10:00 Mini Bus Shopping
 10:00 Walkers w/Walkers (Bicentennial Trail)
 10 - 2 Hand & Foot (1st Thu)
 11:00 **Silver Splash**
 11:30 Out to Lunch (3rd)
 11:45 Lunch
 12:30 - 4:45 Billiards
 12:15 - 4:00 Foot Clinic by appointment
 1:15 Yoga
 1:15 **Line Dance - Beginner +**
 2:30 **Line Dance - Beginner**
 3:15 TOPS Club
 3:30 Ping Pong

Friday

8:35 **Enhance Fitness**
 10-12:00 Computer Tutoring w/Gordon Heikkila
 9:30-2:30 Trip Office open for business
 10:30 **Body Rebound**
 11:45 Lunch
 12:30-4:45 Billiards
 1:00 Sisterhood (2nd)
 1:00 Diabetes Education (1st)
 1:00 Bridge
 1:00 Dominoes (2nd & 4th)
 1-4:00 Computer Lab Open
 1-4:00 Quilting

Saturday

2:00 Three C's: Coffee, Cards & Conversation (1st & 3rd)

Portage Senior Center is open Monday through Friday, 8 AM to 5 PM, evenings as scheduled for PSC events.

Daily Walk: 8:30 AM at Crossroads Mall, Food Court entrance

Free Hearing Screenings will now be offered on a quarterly basis. The next screening is scheduled for October 18, 9-11:00 AM, call for an appointment.

PLEASE NOTE:
 Polling will take place in the Gallery on November 8 and all regularly scheduled programs in that room are canceled or re-located that day. See page 3 for more information.