

# Portage Senior Center April 2014 Program Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b>	Loaves & Fishes Bag Collection <b>2</b>	Loaves & Fishes Bag Collection <b>3</b>	9:00 AM Loaves & Fishes Bag Folding <b>4</b> 1:00 PM Diabetes Support 10:00 AM - Noon Kalamazoo Poetry Festival Workshop <b>5</b> 2:00 PM Cards, Coffee, & Conversation
<b>April 6 - 13 is National Volunteer Week!</b> <b>7</b> 5:00 PM Out-to-Dinner meets at Olive Garden	8:30 AM Out-to-Breakfast meets at Michelle's on Romence <b>8</b> 6:30 PM Schram's Greenhouse Garden Talk	2:00 PM Reader's Theatre <b>9</b>	9:00 AM Blood Pressure Clinic <b>10</b>	<b>11</b> <i>Trip: Thunder Over Louisville</i> <b>12</b> 9:00 AM - 3:00 PM Crafters Garage Sale
1:15 PM BSM Hachi: A Dog's Tale <b>14</b>	8:00 AM Friends of the PSC Meeting <b>15</b> 11:45 AM Easter Lunch	1:30 PM Motorized Wheelchair Maintenance Workshop <b>16</b> 2:30 PM Advisory Board Meeting	11:30 AM Out-to-Lunch meets at Grand Traverse Pie Company <b>17</b>	PSC Closes at Noon in observance of Good Friday <b>18</b> <b>19</b> 2:00 PM Coffee, Cards, & Conversation
<b>21</b>	<b>22</b>	2:00 PM Reader's Theatre <b>23</b>	<b>24</b>	<b>25</b>
1:30 PM Grocery Bingo by Absolute Home Care and Medical Staffing <b>28</b> <i>Trip: Magnificent M and M's</i>	6:00 PM All About Knee Replacement Surgery <b>29</b>	8:30 AM PSC Bike Club meets at PSC <b>30</b>		

An asterisk (\*) denotes the beginning of class session. Items in **bold** denote events or new items.

# Portage Senior Center May 2014 Program Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>9:00 AM PSC Social Golf League begins at States Golf Course</b> <b>1</b>  <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 0 auto;">Trip: Mystery Treasure Hunt</div>	1:00 PM Diabetes Support <b>2</b>  <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 0 auto;">Trip: TipToe Thru the Tulips</div>
<b>1:30 PM Interesting and Out-of-the-Ordinary Destinations</b> <b>5</b> 5:00 PM Out-to-Dinner meets at Main Street Pub	<b>11:45 AM Mother's &amp; Father's Day Lunch</b> <b>6</b>	<b>Loaves &amp; Fishes Bag Collection</b> <b>7</b>	<b>9:00 AM Blood Pressure Clinic</b> <b>8</b> Loaves & Fishes Bag Collection <b>10:00 AM iPad Demonstration</b> 10:30 AM New Member Orientation	2:00 PM Coffee, Cards, & Conversation <b>3</b>  <b>9:00 AM Loaves and Fishes Bag Folding</b> <b>9</b>
<b>1:15 PM BSM Saving Sarah Cain</b> <b>12</b>	<b>8:30 AM Out-to-Breakfast meets at Cracker Barrel on 9th Street</b> <b>13</b>  <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 0 auto;">Trip: Birds &amp; Bees at Fernwood Botanical Garden</div>	<b>14</b>	<b>11:45 AM Something to Sing About</b> <b>15</b> 11:45 AM Out-to-Lunch meets at A Pizza Yen on Vanderbilt Ave	<div style="border: 1px solid black; height: 20px; width: 100%;"></div> <b>16</b>  <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <b>17</b>  2:00 PM Coffee, Cards, Conversation
<b>Friends of the PSC Golf Scramble at Angels Crossing</b> <b>19</b> <b>1:30 PM Protect Yourself, Protect Your Future</b>	<b>8:00 AM Friends of the PSC Meeting</b> <b>20</b> <b>10:00 AM All About Bacon Cooking Demonstration</b>	<b>2:30 PM Advisory Board Meeting</b> <b>21</b>	<b>22</b>	<b>23</b>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<b>PSC Closed in observance of Memorial Day</b>			<div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 0 auto;">Trip: A Delicious Drive</div>	

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*This page is intended to give a brief look at all classes and activities occurring at the Portage Senior Center on a given day of the week this month. Please check the calendar page for the start date of classes and fees. Activities and classes are open to all members. Please check with the receptionist for further information.*

### Monday

8:10 Enhance Fitness  
 9:20 Strength & Stretch  
 9:30-11:30 Relaxed Pace Bridge  
 10:00 Book Club (2nd)  
 10:00 Trip Committee (3rd)  
 10:30 Body Rebound  
 11:45 Lunch  
 1:00 Art Club  
 1:15 Big Screen Movie  
 1:30 Cribbage  
 1:30 Canasta  
 3:30-4:45 Ping Pong  
 5:00 Out to Dinner (1st)

### Tuesday

8:30 Out to Breakfast (2nd)  
 8:30-9:30 Tai Ji  
 9:00 Van-Shopping  
 9:30-2:30 Trip Office Open  
 10:00 Wii Bowling  
 9:30 Walkers w/Walkers  
 (Crossroads Mall)  
 10:30-12 Recycled Cards  
 11:00 SilverSneakers Splash  
 11:45 Lunch  
 12:30 Bridge  
 12:30-4:30 Billiards  
 1:00 Mah-Jongg  
 1-2:30 Yoga  
 1-3:00 Woodcarving  
 1:00 Chair Volleyball  
 3-4:30 Band Practice  
 6:30 Bid Euchre & Other Cards  
 6:30 Just for Fun Poker (2nd)  
 7:00 Alzheimer's Association  
 Support Group (3rd)

### Wednesday

8:10 Enhance Fitness  
 9:00 Van-Shopping  
 9:20 Strength & Stretch  
 9:30-11:30 Relaxed Pace Bridge  
 10:00 Laptop Intro to Office  
 10:00 Computer Tutoring with  
 Paul  
 10:30 PSC Writers Group  
 10:30 Body Rebound  
 11:30 Strength Training  
 12 Portage Rotary, no lunch  
 today  
 1:45-4:45 Euchre  
 2:00 Readers Theatre (2nd &  
 4th)

### Thursday

9-11:00 Blood Pressure Clinic  
 (2nd)  
 9-12 PSC Needlers  
 9:00 Van-Shopping  
 9:20 Strength & Stretch  
 9:30 Choir Practice  
 9:30 Walkers w/Walkers  
 (Crossroads Mall)  
 11:00 SilverSneakers Splash  
 11:30 Out to Lunch (3rd)  
 11:45 Lunch  
 12:30 - 4:45 Billiards  
 12:15 - 4:00 Foot Clinic by  
 appointment  
 1:00 Pinochle Single Deck  
 3:30-4:45 Ping Pong

### Friday

8:10 Enhance Fitness  
 9:30-2:30 Trip Office Open  
 10-12:00 Computer Tutoring  
 w/Gordon  
 10:30 Body Rebound  
 11:45 Lunch  
 12:30 Bridge  
 12:30-4:45 Billiards  
 1:00 Pinochle Double Deck (1st,  
 3rd, 5th)  
 1:00 Sisterhood (2nd)  
 1:00 Scrabble (1st & 3rd)  
 1:00 Project Enhance: Diabetes  
 Education (quarterly)  
 1:00 Dominoes (2nd & 4th)  
 1-4:00 Quilting

### Saturday

2:00 Cards, Coffee &  
 Conversation (1st & 3rd)

**Daily Walk:** 8:30 AM at Crossroads Mall, Food Court Entrance

Please note that participants are asked to vacate PSC premises by 4:45, allowing staff time for site security, room and window checks, and alarm programming. Evening activities held at 5:00 or after do not alter daily activity end times.

#### Wish List

Coffee and cookies for the coffee bar  
 New kitchen towels

#### Donation of Products

Coffee Bar Supplies  
 Diane Schaeberle, Michael Johncock, Eleanor Burklow, Shirley Kury  
 Postage Stamps  
 Diane Schaeberle