

# Portage Senior Center April 2016 Program Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b>
				<i>Trip: Biloxi &amp; New Orleans</i>
Out-to-Dinner 5:00 PM, Michelle's on Romance <b>4</b>	<b>11:30 AM Easter Lunch,</b> <b>MediLodge of Portage</b> <b>Teen Tech Tuesdays</b> <b>3:30 - 4:30 PM in the Lobby 5</b>	Loaves and Fishes Bag Collection <b>6</b>	<b>9:30 - 11:00 AM 7</b> <b>Representative Brandt Iden,</b> <b>donuts &amp; coffee 11:45 AM</b> <b>Thursday</b> <b>Lunch Program begins</b> <b>1:30 PM Coffee with a Cop</b> Loaves & Fishes Bag Collection	Loaves & Fishes Bag Folding <b>8</b>
				<i>Trip: Magic of Neil Diamond</i>
<b>10:30 AM Garden Pal's 11</b> <b>Initial Meeting</b> <b>1:15 PM Big Screen Movie,</b> <b>The Miracle of the Cards</b>	8:30 AM Out-to-Breakfast at Yogi's on VW Ave. <b>12</b> 10:00 AM Volunteer Orientation 6:30 PM Garden Talks (Schram's Greenhouse)	<b>13</b>	9:00 - 11:00 AM Blood Pressure Clinic <b>14</b>	<b>15</b>
				<b>16</b> 9:00 AM - 2:00 PM <i>It's in the Bag! 2nd Annual Purse Sale</i>
<b>1:30 PM Spring Trip 18</b> Preview	8:00 AM Friends of the PSC Board Meeting <b>19</b> 6:30 PM Garden Talks (Schram's Greenhouse) 5:00 PM Evening Meal	2:30 PM Advisory Board Meeting <b>20</b>	<b>11:30 AM Something to Sing 21</b> About II, Choir & Lunch 11:30 AM Out-to-Lunch at Carrabba's on S. Westnedge 1:00 PM Healthy Living for Your Brain & Body: tips from the latest research, Alzheimer's Association	<b>22</b>
<i>Trip: Tulip Time River Cruise</i>				
<b>1:15 PM Grocery 25</b> <b>Bingo, by Absolute</b> <b>Homecare &amp; Medical</b> <b>Staffing</b>	<b>6:30 PM Presentation by 26</b> <b>Bronson Education</b> <b>Programs, Is Shoulder Pain</b> <b>Controlling Your Life?</b>	<b>27</b>	<b>1:00 PM Interesting &amp; 28</b> <b>Ordinary Destinations</b>	<b>9:00 AM PSC Bike 29</b> <b>Club's Initial Meeting</b>
		<i>Trip: A Step Back in Time</i>		

An asterisk (\*) denotes the beginning of class session. Items in **bold** denote events or new items.

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Monday	Tuesday	Wednesday	Thursday	Friday
<b>1:30 PM Oil &amp; Vinegar Tasting</b> courtesy of <b>The Pantry on Tap</b> 5:00 PM Out-to-Dinner at Hunan Gardens on West Q Ave. <b>2</b>	<b>3</b>  <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"><i>Trip: Spring into Grand Rapids</i></div>	Loaves & Fishes Bag Collection <b>4</b>	9:00-10:00 AM AAA IIIA Public Hearing <b>5</b> 1:00 PM Spring Flavors Cooking Demonstration 1:00 PM Hearing Loss Presentation Loaves & Fishes Bag Collection  <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"><i>Trip: Kentucky Derby</i></div>	Loaves & Fishes Bag Folding <b>6</b>
<b>1:00 PM Big Screen Movie, <i>Unsung Heroes</i></b> <b>9</b>	8:30 AM Out-to-Breakfast at Uncle Ernie's on Portage Road <b>10</b>	<b>11</b>  <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"><i>Trip: Meadowbrook Hall &amp; Theatre</i></div>	9:00 - 11:00 AM Blood Pressure Clinic <b>12</b> 11:30 AM Mother's & Father's Lunch	<b>13</b>
<b>15</b>  <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"><i>Trip: Historic Cities of the East</i></div>	8:00 AM Friends of the PSC Board Meeting <b>17</b> 10:00 AM iPad Discussion Group 5:00 Evening Meal	2:30 PM Advisory Board Meeting <b>18</b>	11:30 AM Out-to-Lunch at University Roadhouse on W. Michigan <b>19</b> 1:30 PM Coffee with a Cop and K9 Rocco	<b>20</b>
<b>16</b>	6:30 PM Presentation by Bronson Education Programs, Got Sleep? <b>24</b>  <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"><i>Trip: It's a Mystery!</i></div>	<b>25</b>	9:00 - 11:00 AM Bits of Business <b>26</b>	<b>27</b>
Friends of PSC Annual Golf Scramble at Gull Lake Country Club <b>23</b>				
<b>30</b>  CLOSED IN OBSERVANCE OF MEMORIAL DAY	<b>31</b>			

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*This page is intended to give a brief look at all classes and activities occurring at the Portage Senior Center on a given day of the week this month. Please check the calendar page for the start date of classes and fees. Activities and classes are open to all members. Please check with the receptionist for further information.*

Monday	Tuesday	Wednesday	Thursday	Friday
<p>8:10 Enhance Fitness            9:20 Drums Alive            9:30-11:30 Relaxed Pace                Bridge            10:00 Trip Committee (3rd)            10:00 Book Club (2nd)            10:00-12:00 Computer                Tutoring            10:30 Body Rebound            12:30 - 4:45 Massage (1st &amp;                3rd)            1:00 Art Open Session            1:15 Big Screen Movie (2nd)            1:30 Cribbage            1:00 Canasta            3:30-4:45 Ping Pong            5:00 Out to Dinner (1st)</p>	<p>8:30 Out to Breakfast (2nd)            8:30-9:30 Tai Ji            9:00 Van Shopping            9:30-2:30 Trip Office open                for business            9:45 Wii Bowling            9:30 Walkers with Walkers                PBCT (Portage                Bicentennial Trail)            10:30-12N Recycled Cards                (1st, 3rd, 4th)            11:00 SilverSneakers Splash            12:30-4:30 Billiards            12:30 Bridge            1:00 Mah-Jongg            1-2:30 Yoga            1-3:00 Woodcarving            1:00 Chair Volleyball            3-4:30 Band Practice            3:30-4:30 Teen Tech                Tuesdays            6:30 Bid Euchre &amp; Other                Cards            6-9:00 PM Just for Fun                Poker (2nd)            7:00 Alzheimer's Association                Support Group (3rd)</p>	<p>8:10 Enhance Fitness            8:30 PSC Bike Club starts in                May            9:00 Van Shopping            9:20 Drums Alive            9:30-11:30 Relaxed Pace                Bridge            10:00 Laptop Intro. To Office            10:30 Reminiscence Writing            10:30 Body Rebound            1:45-4:45 Euchre            2:00 Readers Theatre                (2nd &amp; 4th)            2:00 - 4:00 Computer                Tutoring</p>	<p>9-11:00 Blood Pressure Clinic                (2nd)            9-12:00 PSC Needlers            9:00 Van Shopping            9:30 Choir Practice            9:30 Walkers with Walkers            11:00 SilverSneakers Splash            11:30 Lunch at PSC            11:30 Out to Lunch (3rd)            12:30 - 4:45 Billiards            1:00 Pinochle Single Deck            1:00 Hand Chimes            1:00 Prevent Memory Loss                (2nd)            3:30-4:45 Ping Pong</p>	<p>8:10 Enhance Fitness            9:20 Zumba            9:30-2:30 Trip Office open                for business            10:30 Body Rebound            12:30-4:45 Billiards            1:00 Pinochle Double Deck                (1st, 3rd, 5th)            1:00 Sisterhood (2nd)            1:00 Scrabble (1st &amp; 3rd)            1:00 Bridge - Experienced            1:00 Dominoes (2nd &amp; 4th)            1:00-4:00 Quilting and More</p>
<p><b>Please note</b> that participants are asked to vacate the premises by 4:45, allowing staff time for site security, room and window checks, and alarm programming. Evening activities held at 5:00 or after do not alter daily activity end times.</p>				