

Portage Senior Center August 2011 Program Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
10:30 Body Rebound* 1 5 Out to Dinner, Outback	8:30 T'ai Ji* 2	8:30 Pedalers Loaves & Fishes Bag Drop-off 3	Loaves & Fishes Bag Drop-off 4 10-2 Hand & Foot 1-4 Foot Clinic <div style="border: 1px solid black; padding: 5px; text-align: center; margin-top: 10px;"> Travel: A Culinary Experience & Fish Boil </div>	9 Bag Folding 5 1 Diabetes Support <hr style="border: 0.5px solid black;"/> 2 Three Cs 6
10 Free Legal Consultation 8 by Appointment 1:15 Movie, <i>Sliding Doors</i>	8:30 Out to Breakfast, Bob Evan's 9 <div style="border: 1px solid black; padding: 5px; text-align: center; margin-top: 10px;"> Travel: Whitecaps </div>	8:30 Pedalers 10 11:30 Comparative Religion* 2 Reader's Theatre	9 AARP Car Fit 11 1-4 Foot Clinic 4 Mini Bus Trip, Bay Pointe on Gun Lake	1 Sisterhood Picnic 12 <hr style="border: 0.5px solid black;"/> 12N - 4 PM Art Encounters of a Worldly Kind 13
5:30 Potluck 15	8 Friends of the PSC 16	8:30 Pedalers 17 11:30 Strength Training* 2 PSC Photography Club 2:30 PSC Advisory Board <div style="border: 1px solid black; padding: 5px; text-align: center; margin-top: 10px;"> Travel: Ruthmere Mansion & St Joe River Cruise </div>	11:30 Out to Lunch, Hooters 18 1-4 Foot Clinic	<hr style="border: 0.5px solid black;"/> 2 Three C's 20
3:30 - 7:30 PM 22 Culver's Fund Raiser	1 Using Your Digital Camera * 23	8:30 Pedalers 24 1-3 Memory Matters* 2 Readers Theatre	1-4 Foot Clinic 25 1 Digital Picture Processing*	8:35 Enhance Fitness* 26
29	30	8:30 Pedalers 31 10 Intro to Office* Loaves & Fishes Bag Drop-off 2 Trip Preview: Danube River Cruise	<div style="border: 1px solid black; padding: 10px; margin: 10px auto; width: 80%;"> A gift to the PSC was received from Ellen and Joseph Comiskey, <i>In honor of Shirley Againeses</i> </div>	

An asterisk (*) denotes the beginning of class session. Items in **bold** denote events or new items.

Portage Senior Center September 2011 Program Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<div style="border: 1px solid black; padding: 5px; text-align: center;"> We extend a hearty thanks to all the cookie bakers and treat makers who so generously enrich the lives of our members with their culinary artistry. </div>			Loaves & Fishes Bag 1 Drop-off 10 - 2 Hand & Foot 1 Happy Healthy Memory* 1:15 Beginner Line Dance* 2:30 Beginner Plus Line Dance*	8:15 Bridge Basics* 2 9 Bag Folding 1 Diabetes Support <hr/> 2 Three Cs 3
5 CLOSED FOR LABOR DAY	5 Out to Dinner, University Roadhouse 6	8:30 Pedalers 7 10:30 PSC Writing Group*	1-4 Foot Clinic 8 4 Mini Bus Trip, McGillan's Crossing	1 Sisterhood, Show & Tell 9
10 Free Legal Consultation by Appointment 12 10 Computer Fundamentals*	8:30 Out to Breakfast, Nina's Café' & Carousel 13	8:30 Pedalers 14 1 Painting with Acrylics* 2 Readers Theatre <div style="border: 1px solid black; padding: 2px; text-align: center;"> Trip: Million Dollar Quartet - Chicago </div>	11:30 Out to Lunch, Robbys 15 1-4 Foot Clinic	16 17 2 Three Cs
12 New Lunch Program, Grand Opening! 19 5:30 Potluck	8 Friends of the PSC 20 1:15 Yoga*	8:30 Pedalers 21 2 PSC Photography Club 2:30 PSC Advisory Board	10:30 New Member Orientation 22 1-4 Foot Clinic <div style="border: 1px solid black; padding: 2px; text-align: center;"> Trip: Art Prize </div>	23
11:45 Lunch and a Movie, <i>The King's Speech</i> 26	27	8:30 Pedalers 28 10:30 Body Rebound* 2 Readers Theatre	1-3:00 Memory Matters 29 1-4 Foot Clinic	30 <div style="border: 1px solid black; padding: 5px; text-align: center;"> MRPA Senior Trip to the Grand Hotel </div>

An asterisk (*) denotes the beginning of class session. Items in **bold** denote events or new items.

This page is intended to give a brief look at all classes and activities occurring at the Portage Senior Center on a given day of the week this month. Classes are in bold print; all other items listed are activities. Please check the calendar page for the start date of classes and fees. Activities and classes are open to all members. Please check with the receptionist for further information.

Monday

8:35 **Enhance Fitness**
 9:30-11:30 Relaxed Pace Bridge
 10:00 Trip Committee (3rd)
 10:00 **Computer Fundamentals**
 10:00 **Fiction Workshop**
 10:00 Free Legal Services (2nd)
 10:30 **Body Rebound**
 11:30 **Strength Training**
 11:45 Lunch
 1:00 Art Club
 1:15 Big Screen Movie (see calendar)
 1:30 Cribbage
 1:30 Canasta
 3:30 Ping Pong
 5:00 Out to Dinner (1st)
 6:30 Pincochle/Cards

Something New!

For all of us who have not memorized our membership date, it now appears on the newsletter mailing label! You are welcome to renew your membership prior to its expiration, to ensure continual newsletter delivery. Your membership will be extended for a full 12 months from the date it was due, so you can pay ahead without fear of paying extra.

Free Hearing Screenings will now be offered on a quarterly basis. The next screening is scheduled for **October 18, 9-1100 AM**, call for an appointment.

Tuesday

8:30 Out to Breakfast (2nd)
 8:30-9:30 **Tai Ji**
 8:30-4:30 Billiards
 8:45 Computer Club (1st & 3rd)
 9:00 Mini Bus Shopping
 9:00 Pickleball: Lexington Green Park
 9:30-2:30 Trip Office Open for business
 10:00 Wii Bowling
 10:00 Walkers w/Walkers (Bicentennial Trail)
 10:30-12N Recycled Cards (1st, 3rd, 4th)
 11:00 **Silver Splash**
 11:45 Lunch
 1:00 Bridge
 1:00 Mah-Jongg
 1-3:00 **Computer Tutoring** w/Jim Hopper
 1-3:00 Woodcarving **
 1:00 Chair Volleyball
 3-4:30 Band Practice
 3:30 Hand Chimers
 5:30 Pickleball: Lexington Green Park
 6:30 Bid Euchre & Other Cards
 6:30 Just for Fun Poker Night (2nd)
 8-8:30 Alzheimer's Association Support Group (3rd)

**Woodcarving - PSC members Free/Non-Members \$3 per week

Wednesday

8:30 Portage Pedalers
 8:35 **Enhance Fitness**
 9:30-11:30 Relaxed Pace Bridge
 10:00 **Intro to Office**
 10:30 **PSC Writers Group**
 10:30 **Body Rebound**
 11:30 **Strength Training**
 12N Portage Rotary, no lunch today
 12:30 - 4:45 Billiards
 1:30 Rubber Stamp, pay one time \$5 fee for the summer
 1:45-5:00 Euchre
 2:00 Photography Club (3rd)
 2:00 Readers Theatre (2nd & 4th)
 2-5:00 Computer Lab Open
 7:00 **QiGong**

Thank you for donations of product to the coffee bar:

Diane Schaeberle
 Ingrid Johnson
 Betty Thomas
 Fran Essex
 Diane Schaeberle
 Eleanor Burklow
 Dorothy Criss

The family of Milly Lambe wishes to express their heartfelt thanks for the many donations to the Portage Senior Center in memory of Milly, as well as for the many cards and expressions of sympathy in the loss of Milly. Your kindness and generosity are greatly appreciated by all of us.

Daily Walk: 8:30am at Crossroads Mall - Door #3 - Food Court

Thursday

9-11:00 Blood Pressure Clinic (2nd)
 9-12N PSC Needlers
 9:00 Pickleball: Lexington Green Park
 9:00 Social Golf League: States Golf Course
 9:30 Choir Practice
 10:00 Garden Club (2nd)
 10:00 Mini Bus Shopping
 10:00 Walkers w/Walkers (Bicentennial Trail)
 10 - 2 Hand & Foot (1st Thu)
 11:00 **Silver Splash**
 11:30 Out to Lunch (3rd)
 11:45 Lunch
 12:30 - 4:45 Billiards
 1-3 **Computer Tutoring** w/Jim Hopper
 12:15 - 4:00 Foot Clinic by appointment
 1:15 **Yoga**
 1:15 **Line Dance - Beginner +**
 2:30 **Line Dance - Beginner**
 3:15 TOPS Club
 3:30 Ping Pong
 5:30 Pickleball: Lexington Green Park

Friday

8:35 **Enhance Fitness**
 10-12:00 **Computer Tutoring** w/Gordon Heikkila
 9:30-2:30 Trip Office open for business
 10:30 **Body Rebound**
 11:45 Lunch
 12:30-4:45 Billiards
 1:00 Sisterhood (2nd)
 1:00 Project Enhance: Diabetes Education (1st)
 1:00 Bridge
 1:00 Dominoes (2nd & 4th)
 1-4:00 Computer Lab Open
 1-4:00 Quilting (open play)

Saturday

2:00 Three C's: Coffee, Cards & Conversation (1st & 3rd)

Wish List:
 Coffee, regular and decaf

Portage Senior Center is open Monday through Friday, 8 AM to 5 PM, evenings as scheduled for PSC events.