

# Portage Senior Center August 2012 Program Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<div style="border: 1px solid black; padding: 5px; margin: 0 auto; width: 80%;"> <p style="text-align: center;"><b>Friends of the Portage Senior Center Dining Out Fundraiser</b> August 13th, 4 PM - 7 PM • Culver's Restaurant 7262 S. Westnedge-Portage</p> </div>		2:00 Readers Theatre Loaves and Fishes, bag collection <span style="float: right;"><b>1</b></span>	12:15-4:00 Foot Clinic by Appointment <span style="float: right;"><b>2</b></span> Loaves and Fishes, bag collection	10:00 Loaves and Fishes <span style="float: right;"><b>3</b></span> Bag Folding 1:00 Diabetes Education  <span style="float: right;"><b>4</b></span>
		<b>Mississippi</b>		
5:00 Out to Dinner <span style="float: right;"><b>6</b></span> <i>Hunan Gardens</i>	Voting - Election Site <span style="float: right;"><b>7</b></span>	<b>*10:30 Body Rebound</b> <span style="float: right;"><b>8</b></span>	9-11:00 Blood Pressure <span style="float: right;"><b>9</b></span> Clinic 12:15-4:00 Foot Clinic by Appt. <b>*1:00 Happy Healthy Memory Club</b> <div style="border: 1px solid black; padding: 2px; text-align: center; margin-top: 5px;"><b>Detroit Tigers/New York Yankees</b></div>	1:00 Sisterhood PicNic <span style="float: right;"><b>10</b></span>
<b>Legal Services by appointment</b> <span style="float: right;"><b>13</b></span> 5:30 Potluck	8:30 <i>Out to Breakfast</i> Jo's West <span style="float: right;"><b>14</b></span>	2:00 Readers Theatre <span style="float: right;"><b>15</b></span> 2:30 Advisory Board Meeting <div style="border: 1px solid black; padding: 2px; text-align: center; margin-top: 5px;"><b>South Haven Maritime Museum/Sail</b></div>	11:30 <i>Out to Lunch</i> <span style="float: right;"><b>16</b></span> Pizza Yen 12:15-4:00 Foot Clinic by Appointment	<b>*10:00 Glass Art Dipping</b> <span style="float: right;"><b>17</b></span> Bowl  <span style="float: right;"><b>18</b></span> 1-4:30 Art Encounters
<b>1:15 Big Screen Movie,</b> <span style="float: right;"><b>20</b></span> <i>Letters to Juliet</i>	8:00 Friends Board <span style="float: right;"><b>21</b></span> Meeting <b>*8:30 T'ai Ji</b> <div style="border: 1px solid black; padding: 2px; text-align: center; margin-top: 5px;"><b>West Mich. Whitecaps/ Great lakes Loons</b></div>	<b>*10:00 Intro to Office</b> <span style="float: right;"><b>22</b></span>  <div style="border: 1px solid black; padding: 2px; text-align: center; margin-top: 5px;"><b>On Golden Pond</b></div>	12:15-4:00 Foot Clinic by <span style="float: right;"><b>23</b></span> Appointment <b>*1:00 Active Minds</b> <b>*1:15 Beginner Plus Line Dance</b> <b>*2:30 Beginner Line Dance</b> <b>4:30 Mini bus to LaCantina</b>	<b>24</b>
<b>27</b>	<b>28</b>	<b>*8:35 Enhance Fitness</b> <span style="float: right;"><b>29</b></span> <b>*7:00 PM QiGong</b>	12:15-4:00 Foot Clinic by <span style="float: right;"><b>30</b></span> Appointment	3-8:00 Red Cross Blood <span style="float: right;"><b>31</b></span> Drive

An asterisk (\*) denotes the beginning of class session. Items in **bold** denote events or new items.

# Portage Senior Center September 2012 Program Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <b>Wish List</b>                      Coffee                      Postage Stamps                      Dish Towels for Kitchen                 </div>	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <b>Portage Pedalers</b>                      Meet Wednesday mornings.                      Please see the receptionist for a schedule.                 </div>		<div style="border: 1px solid black; padding: 5px; text-align: center;"> <b>SATURDAY 1</b> </div>
<b>PSC CLOSED in Observance of Labor Day</b> <b>3</b> 5:00 <i>Out to Dinner</i> Applebee's	*1:00 Yoga <b>4</b>	*10:30 PSC Writing Group <b>5</b> *11:30 Strength Training 2:00 Readers Theatre <b>Loaves and Fishes bag collection</b>	<b>Loaves and Fishes bag collection</b> <b>6</b>	*8:15 Bridge Basics <b>7</b> 9:00 PATH Workshop <b>10:00 Loaves and Fishes Bag Folding</b> 1:00 Diabetes Education <b>8</b> <div style="border: 1px solid black; padding: 2px; text-align: center;"> <b>Marshall Historic Home Tour</b> </div>
9:30 Matter of Balance <b>10</b> 10:00 Legal Services by appointment *10:00 Computer Fundamentals <b>1:15 Big Screen Movie, Radio</b> *5:30 PM Zumba Gold (no class Mon, Sept 17)	8:30 <i>Out to Breakfast</i> Julianna's <b>11</b> *11:00 Silver Splash (YMCA)	*1:00 Painting with Acrylics <b>12</b> <div style="border: 1px solid black; padding: 2px; text-align: center; margin-top: 10px;"> <b>To Hell and Back</b> </div>	9-11:00 Blood Pressure Clinic <b>13</b> <b>10:30 New Member Orientation</b> 12:15-4:00 Foot Clinic by Appointment *1:00 Happy Healthy Memory Club	1:00 Sisterhood, Bunco <b>14</b>
<b>1:30 Bickford's Grocery Bingo</b> <b>17</b> <b>5:30 Potluck, no Zumba Gold tonight</b>	8:00 Friends Board Meeting <b>18</b> *1:00 When Generations Collide	11:30 <i>Out to Lunch</i> University Road House <b>19</b> *2:00 Splash/Bang/Boom 2:00 Readers Theatre 2:30 Advisory Board Meeting	*9:30 Why Llamas <b>20</b> 12:15-4:00 Foot Clinic by Appointment 1:00 Active Minds <b>4:30 Mini bus to Fisher Lake Inn</b>	<b>21</b> <div style="border: 1px solid black; padding: 2px; text-align: center; margin-top: 10px;"> <b>Ray Stevens Live</b> </div>
<div style="border: 1px solid black; padding: 2px; text-align: center;"> <b>SUNDAY 23</b>  <b>Detroit Tigers/Minnesota Twins</b> </div>	1:00 When Generations Collide <b>25</b>	2:00 Splash/Bang/Boom <b>26</b>	9:30 Why Llamas <b>27</b> 12:15-4:00 Foot Clinic by Appointment	9-12:00 Noon Flu Clinic <b>28</b>
*1:30 Amazing Tales of SW Michigan <b>24</b>				

An asterisk (\*) denotes the beginning of class session. Items in **bold** denote events or new items.

*This page is intended to give a brief look at all classes and activities occurring at the Portage Senior Center on a given day of the week this month. Classes are in bold print; all other items listed are activities. Please check the calendar page for the start date of classes and fees. Activities and classes are open to all members. Please check with the receptionist for further information.*

### Monday

8:35 **Enhance Fitness**  
 9:30-11:30 Relaxed Pace Bridge  
 10:00 Trip Committee (3rd)  
 10:00 **Computer Fundamentals**  
 10:00 Free Legal Services (2nd)  
 10:30 **Body Rebound**  
 11:30 **Strength Training**  
 11:45 Lunch  
 12N-1:00 Computer Tutoring  
 1:00 Art Club  
 1:15 Big Screen Movie (see calendar)  
 1:30 Cribbage  
 1:30 Canasta  
 3:30-4:45 Ping-pong  
 5:00 Out to Dinner (1st)  
 6:30 Pincochle/Cards

### Tuesday

8:30 Out to Breakfast (2nd)  
 8:30-9:30 **Tai Ji**  
 8:30-4:30 Billiards  
 9:00 Mini Bus Shopping  
 9:30-2:30 Trip Office Open for business  
 10:00 Wii Bowling  
 9:30 Walkers w/Walkers (Crossroads Mall, Carousel at Food Court)  
 10:30-12N Recycled Cards  
 11-12N French Club (2nd)  
 11:00 **Silver Splash**  
 11:45 Lunch  
 12:30 Bridge  
 1:00 Mah-Jongg  
 1-2:30 **Yoga**  
 1-3:00 Woodcarving \*\*  
 1:00 Chair Volleyball  
 3-4:30 Band Practice  
 3:30 Hand Chimers  
 6:30 Bid Euchre & Other Cards  
 6:30-9:30 Just for Fun Poker Night (2nd)  
 7:00 Alzheimer's Association Support Group (3rd)

\*\* Woodcarving - PSC members Free/Non-Members \$3 per week

### Wednesday

8:30 Pedalers, begin in May  
 8:35 **Enhance Fitness**  
 9:30-11:30 Relaxed Pace Bridge  
 10:00 **Intro to Office**  
 10:30 **PSC Writing Group**  
 10:30 **Body Rebound**  
 11:30 **Strength Training**  
 12N Portage Rotary, no lunch today  
 12N-1:00 Computer Tutoring  
 12:30 - 4:45 Billiards  
 1:30-3:30 Scrabble (1st & 3rd)  
 1:45-4:45 Euchre  
 2:00 Readers Theatre (2nd & 4th)

### Thursday

2-4:00 Computer Lab Open  
 7:00 **QiGong**  
 9-11:00 Blood Pressure Clinic (2nd)  
 9-12N PSC Needlers  
 9:30 Choir Practice will resume in September  
 9:00 Mini Bus Shopping  
 9:30 Walkers w/Walkers (Crossroads Mall, Carousel at Food Court)  
 10 - 2 Hand & Foot (1st Thu)  
 11:00 **Silver Splash**  
 11:30 Out to Lunch (3rd)  
 11:45 Lunch  
 12:30 - 4:45 Billiards  
 12:15 - 4:00 Foot Clinic by appointment  
 3:15 TOPS Club  
 3:40-4:45 Ping Pong

### Friday

8:35 **Enhance Fitness**  
 10-12:00 **Computer Tutoring** w/Gordon Heikkila  
 9:30-2:30 Trip Office open for business  
 10:30 **Body Rebound**  
 11:45 Lunch  
 12:30-4:45 Billiards  
 1:00 Sisterhood (2nd)  
 1:00 Scrabble (1st & 3rd)  
 1:00 Project Enhance: Diabetes Education (1st)  
 1:00 Bridge  
 1:00 Dominoes (2nd & 4th)  
 1-4:00 Computer Lab Open  
 1-4:00 Quilting (open)

### Saturday

2:00 Three C's: Coffee, Cards & Conversation (1st & 3rd)

## PSC Holiday Bazaar and Bake Sale

*Saturday, November 3*

**Vendor Registration begins Monday, August 13**

The PSC Holiday Bazaar and Bake Sale will have a little something for everybody. Interested PSC member crafters can get a table for only one donated craft item and two donated baked goods. Non-member crafters can also reserve a table for the one craft items and two baked goods plus a \$15 fee. All proceeds from the bake, lunch, and raffle ticket sales, as well as table rentals, go directly toward supporting older adult programs and services at the PSC. Interested vendors can pick up a registration form on August 13 at the front desk. **BOOTH SPACE WILL BE LIMITED TO ONE TABLE PER VENDOR.** General admission to the PSC Holiday Bazaar and Bake Sale is free to the public and does not require advance registration.

**Daily Walk:** 8:30 AM at Crossroads Mall, Food Court entrance

**Quarterly Hearing Clinic**  
 will be held Tuesday, October 16 (third Tuesday).  
 Call for appointment.