

Portage Senior Center December 2012 Program Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
				1 2:00 Cards, Coffee & Conversation
5:00 <i>Out to Dinner</i> Bennigan's on Gull Road Giving Tree Kickoff 3	*8:30 T'ai Ji 4	Loaves & Fishes Bag Collection 5 <div style="border: 1px solid black; padding: 2px; text-align: center;">An Olde Fashioned Christmas</div>	12:15-4:00 Foot Clinic by Appt. Loaves & Fishes Bag Collection 6	10:00 Loaves & Fishes Bag Sorting 7
1:15 Big Screen Movie, <i>The Christmas Shoes</i> (not closed captioned) 10	8:30 AM <i>Out to Breakfast</i> Poor Richard's Cafe 11 <div style="border: 1px solid black; padding: 2px; text-align: center;">Christmas at the Commons</div>	2:00 Readers Theatre 12 *7:00 PM QiGong	12:15-4:00 Foot Clinic by Appt. *1:00 I Want a Happy Healthy Memory Club 13	1:00 Sisterhood Holiday Lunch at the Olive Garden 14 15 2:00 Cards, Coffee & Conversation
1:30 <i>Cool Weekend Destinations</i> 17	8:00 Friends of the PSC 18 11:45 Holiday Lunch	2:30 PSC Advisory Board 19 <div style="border: 1px solid black; padding: 2px; text-align: center;">Radio City Rockettes Christmas Spectacular</div>	11:30 <i>Out to Lunch</i> Summer Tyme Cafe 12:15-4:00 Foot Clinic by Appt. 20	21
24	CLOSED FOR THE HOLIDAY 25 <i>Happy Holidays!</i>	2:00 Readers Theatre 26	12:15-4:00 Foot Clinic by Appt. 27	28

An asterisk (*) denotes the beginning of class session. Items in **bold** denote events or new items.

Portage Senior Center January 2013 Program Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>CLOSED FOR HOLIDAY 1</p> <p><i>Happy New Year!</i></p>	<p>AARP Tax Appointments Begin 2</p> <p>Loaves & Fishes Bag Collection</p>	<p>12:15-4:00 Foot Clinic by Appt. 3</p> <p>Loaves & Fishes Bag Collection</p>	<p>10:00 Loaves & Fishes Bag Sorting 4</p> <p>1:00 Diabetes Support Group</p> <hr/> <p>5</p> <p>2:00 Cards, Coffee & Conversation</p>
<p>*9:30 Strength & Stretch 7</p> <p>*10:00 Laptop Computer Fundamentals</p> <p>*11:30 Strength Training at St Catherine's of Sienna</p> <p>5:00 <i>Out to Dinner</i> Callahans</p>	<p>8:30 <i>Out to Breakfast</i> Tim Horton's 8</p> <p>*11:00 Silver Splash at the YMCA</p> <p>* 1:00 Yoga</p>	<p>*10:00 Laptop Introduction 9</p> <p>*10:30 Body Rebound</p> <p>*10:30 PS Writing Group</p> <p>2:00 Readers Theatre</p>	<p>10:30 New Member Orientation 10</p> <p>12:15-4:00 Foot Clinic by Appt.</p>	<p>1:00 Sisterhood General Meeting 11</p>
<p>*8:15 Enhance Fitness 14</p> <p>1:15 Big Screen Movie, <i>The Second Chance</i></p>	<p>Friends of the PSC 15</p>	<p>2:30 PSC Advisory Board 16</p>	<p>11:30 <i>Out to Lunch</i> Bob Evans Farms Restaurant 17</p> <p>12:15-4:00 Foot Clinic by Appt.</p>	<hr/> <p>18</p> <p>19</p> <p>2:00 Cards, Coffee & Conversation</p>
<p>*5:00 PM Zumba Gold 21</p>	<p>10:00 Membership Matters 22</p>	<p>2:00 Readers Theatre 23</p>	<p>12:15-4:00 Foot Clinic by Appt. 24</p>	<p>25</p>
<p>28</p>	<p>29</p>	<p>*7:00 PM QiGong 30</p>	<p>12:15-4:00 Foot Clinic by Appt. 31</p>	

An asterisk (*) denotes the beginning of class session. Items in **bold** denote events or new items.

This page is intended to give a brief look at all classes and activities occurring at the Portage Senior Center on a given day of the week this month. Classes are in bold print; all other items listed are activities. Please check the calendar page for the start date of classes and fees. Activities and classes are open to all members. Please check with the receptionist for further information.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>8:35 Enhance Fitness 9:30-11:30 Relaxed Pace Bridge 10:00 Trip Committee (3rd) 10:30 Body Rebound 11:30 Strength Training 11:45 Lunch 1:00 Art Club 1:15 Big Screen Movie (see calendar) 1:30 Cribbage 3:30-4:45 Ping-pong 5:00 Out to Dinner (1st) 5:00 Zumba Gold 6-9:00 Card Games</p>	<p>8:30 Out to Breakfast (2nd) 8:30-9:30 Tai Ji 12:30 4:30 Billiards 9:00 Mini Bus Shopping 9:30-2:30 Trip Office Open for business 10:00 Wii Bowling 9:30 Walkers w/Walkers (Crossroads Mall, Carousel at Food Court) 10:30-12N Recycled Cards (1st, 3rd, 4th) 11:00 Silver Splash 11:45 Lunch 12:30 Bridge 1:00 Mah-Jongg 1-2:30 Yoga 1-3:00 Woodcarving ** 1:00 Chair Volleyball 3-4:30 Band Practice 6-9:00 Card Games 7:00 Alzheimer's Association Support Group (3rd)</p> <p>** Woodcarving - PSC members Free/Non-Members \$3 per week</p>	<p>8:35 Enhance Fitness 9:30-11:30 Relaxed Pace Bridge 10:30 PSC Writers Group 10:30 Body Rebound 11:30 Strength Training 12N Portage Rotary, no lunch today 1:45-4:45 Euchre 2:00 Readers Theatre (2nd & 4th) 7:00 QiGong</p>	<p>9-11:00 Blood Pressure Clinic (2nd) 9-12N PSC Needlers 9:30 Choir Practice 9:00 Mini Bus Shopping 9:30 Walkers w/Walkers (Crossroads Mall, Carousel at Food Court) 11:00 Silver Splash 11:30 Out to Lunch (3rd) 11:45 Lunch 12:30 - 4:45 Billiards 12:15 - 4:00 Foot Clinic by appointment 1:00 Single Deck Pinochle 3:00 TOPS Club 3:40-4:45 Ping Pong</p>	<p>8:35 Enhance Fitness 10-12:00 Computer Tutoring w/Gordon Heikkila 9:30-2:30 Trip Office open for business 10:30 Body Rebound 11:45 Lunch 12:30-4:45 Billiards 1:00 Sisterhood (2nd) 1:00 Scrabble (1st & 3rd) 1:00 Project Enhance: Diabetes Education (1st) 1:00 Bridge 1:00 Dominoes (2nd & 4th) 1-4:00 Quilting (open)</p> <p style="text-align: center;">Saturday</p> <p>2:00 Cards, Coffee & Conversation (1st & 3rd)</p>
<p>Daily Walk: 8:30 AM at Crossroads Mall, Food Court entrance</p>				
<p style="text-align: center;">Wish List Cookies for the Senior Perks coffee bar New kitchen towels</p>				
<p style="text-align: center;">Thank you for donations of product: Coffee: Shirley Kury, Bette Anderton, Tom Hudson, Diane Schaeberle, Michael Johncock, Vickie Bird, and Pat Berninger Cards: Vickie Nower</p>		<p>Special Thanks go to the following two businesses which have enabled the Center to provide celebration lunches for our members. Only by partnering with and supporting our local businesses with our patronage can we continue to make these special times memorable.</p> <p>Halloween Lunch, underwritten by Adult Day Care Services at Oakland and Centre, <i>thank you</i> Dawn VanderPloeg and helpers Laura and Tim!</p> <p>Thanksgiving Lunch, underwritten by Absolute HealthCare, a hearty <i>thank you</i> to our loyal supporter, Kathy Coates!</p>		