

Portage Senior Center June 2012 Program Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
				1:00 Diabetes Education Loaves & Fishes Bag Folding 1
10:00 Computer Fundamentals* 4 5:00 Out-to-Dinner Logan's Roadhouse, Westnedge	5	12:00 Stuart Manor Tea 6 - Classic Mysteries* 1:30 Rubber Stamp Art* 2:00 Readers Theater	10-2:00 Hand & Foot 7 12:15 - 4:00 Foot Clinic by Appointment	1:00 Sisterhood, 8 <i>Classic Movie & Snack</i>
10:00 Free Legal Consultation by Appt. 11 10:30 Body Rebound* 1:15 Big Screen Movie, <i>My Girl</i>	8:30 Out-to-Breakfast LaRue's Stadium Drive 12	13	9-11:00 Blood Pressure Clinic 14 12:15 - 4:00 Foot Clinic by Appointment 3:00 Living Without Looking* - WMU Lifelong Learning Academy	10:00 Medicare & Social Security: What's at Stake? 15 1:00 Bronson, Health and Wellness Steering Committee
18	8:00 Friends of the PSC meeting 19 11:00 Silver Splash at the YMCA on Centre*	2:00 Readers Theater 20 2:30 Advisory Board Meeting	11:30 Out-to-Lunch TGI Friday's West Main 21 12:15 - 4:00 Foot Clinic by Appointment 3-5:00 Living Without Looking	8:35 Enhance Fitness* 22 24 <div style="border: 1px solid black; padding: 5px; text-align: center;">SUNDAY, June 24, Loretta Lynn Live</div>
11:30 Strength Training at St Catherine's of Sienna* 25	8:30 T'ai Ji* 26	10:00 Intro to Office* 27 10:30 PSC Writing Group	12:15 - 4:00 Foot Clinic by Appointment 28 <div style="border: 1px solid black; padding: 5px; text-align: center;">Just Because it's June</div>	29

An asterisk (*) denotes the beginning of class session. Items in **bold** denote events or new items.

Portage Senior Center July 2012 Program Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
5:00 Out-to-Dinner Schnauzer's Bar & Grill Schoolcraft 2	Loaves & Fishes Bag Collection 3	4 Closed in observance of Independence Day	10-2:00 Hand & Foot 12:15 - 4:00 Foot Clinic by Appointment Loaves & Fishes Bag Collection 5	1:00 Diabetes Education Loaves & Fishes Bag Folding 6
10:00 Free Legal Consultation by Appt. 9 10:00 Computer Fundamentals* 10:00 Fiction Writing Workshop* 1:15 Big Screen Movie, <i>March of the Penguins</i>	8:30 Out to Breakfast: Colonial Kitchen 10 Westnedge <div style="border: 1px solid black; padding: 5px; text-align: center;"> Sand Dunes, A Princess & Mansions </div>	7:00 pm Qi Gong* 11 2:00 Readers Theatre	9-11:00 Blood Pressure 12 Clinic 12:15 - 4:00 Foot Clinic by Appointment	2:00 Sisterhood, <i>Annual Birthday Party</i> 13
11:30 Strength Training* 16	8:00 Friends of the PSC 17 meeting 9-11:00 Hearing Clinic by Appt.	1:30 Grocery Bingo, 18 Bickford Assisted Living Hostess Karen Chaffee 2:30 Advisory Board Meeting	10:30 New Member 19 Orientation 11:30 Out-to-Lunch University Road House West Michigan 12:15 - 4:00 Foot Clinic by Appointment	12 Noon to 3:00 20 Free Stroke Risk Assessment <div style="border: 1px solid black; padding: 5px; text-align: center;"> 21 Osmond Brothers </div>
23	24	2:00 Readers Theatre 25	9:00 AARP Driver Safety* 26 12:15 - 4:00 Foot Clinic by Appointment	3-8:00 Red Cross 27 Blood Drive
30	31	<div style="border: 1px solid black; padding: 5px; text-align: center;"> Portage Pedalers meet Wednesday Mornings; please see the receptionist for a schedule </div>	<div style="border: 1px solid black; padding: 5px; text-align: center;"> Wish List Regular coffee Postage Stamps Dish Towels for Kitchen </div>	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <i>Due to limited space, please refrain from bringing your Loaves & Fishes bags in early</i> </div>

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This page is intended to give a brief look at all classes and activities occurring at the Portage Senior Center on a given day of the week this month. Classes are in bold print; all other items listed are activities. Please check the calendar page for the start date of classes and fees. Activities and classes are open to all members. Please check with the receptionist for further information.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>8:35 Enhance Fitness 9:30-11:30 Relaxed Pace Bridge 10:00 Trip Committee (3rd) 10:00 Computer Fundamentals 10:00 Free Legal Services (2nd) 10:30 Body Rebound 11:30 Strength Training 11:45 Lunch 12-3:00 Computer Tutoring 1:00 Art Club 1:15 Big Screen Movie (see calendar) 1:30 Cribbage 1:15 Canasta 3:30-4:45 Ping-pong 5:00 Out to Dinner (1st) 6:30 Pincochle/Cards</p>	<p>8:30 Out to Breakfast (2nd) 8:30-9:30 Tai Ji 8:30-4:30 Billiards 9:00 Mini Bus Shopping 9:30-2:30 Trip Office Open for business 10:00 Wii Bowling 9:30 Walkers w/Walkers (Bicentennial Trail) 10:30-12N Recycled Cards 11:00 Silver Splash 11-12:00 French Club (2nd) 11:45 Lunch 12:30 Bridge - Gallery 1:00 Mah-Jongg 1-3:00 Woodcarving ** 1:00 Chair Volleyball 3-4:30 Band Practice 3:30 Hand Chimers 6:30 Bid Euchre & Other Cards 6:30-9:30 Just for Fun Poker Night (2nd) 7:00 Alzheimer's Association Support Group (3rd)</p> <p>** Woodcarving - PSC members Free/Non-Members \$3 per week</p>	<p>8:30 Pedalers 8:35 Enhance Fitness 9:30-11:30 Relaxed Pace Bridge 10:00 Intro to Office 10:30 PSC Writers Group 10:30 Body Rebound 11:30 Strength Training 12N Portage Rotary, no lunch today 12-3:00 Computer Tutoring 12:30 - 4:45 Billiards 1:30 Rubber Stamp Art (June-August) 1:45-4:45 Euchre 2:00 Photography Club (3rd) 2:00 Readers Theatre (2nd & 4th) 7:00 QiGong</p>	<p>9:00 Social Golf League @ States Golf Course 9-11:00 Blood Pressure Clinic (2nd) 9-12N PSC Needlers 9:30 Choir Practice 9:00 Mini Bus Shopping 9:30 Walkers w/Walkers (Bicentennial Trail) 10 - 2 Hand & Foot (1st Thu) 11:00 Silver Splash 11:30 Out to Lunch (3rd) 11:45 Lunch 12:30 - 4:45 Billiards 12:15 - 4:00 Foot Clinic-by appointment 1-2:30 I Want a Happy & Healthy Memory (2nd) 1-3:00 Memory Matters (4th) 1:15 Line Dance - Beginner + 2:30 Line Dance - Beginner 3:15 TOPS Club 3:40-4:45 Ping Pong</p>	<p>8:35 Enhance Fitness 10-12:00 Computer Tutoring 9:30-2:30 Trip Office open for business 10:30 Body Rebound 11:45 Lunch 12:30-4:45 Billiards 1:00 Sisterhood (2nd) 1:00 Scrabble (1st & 3rd) 1:00 Project Enhance: Diabetes Education (1st) 1:00 Bridge 1:00 Dominoes (2nd & 4th) 1-4:00 Quilting (open)</p> <p>Saturday 2:00 Three C's: Coffee, Cards & Conversation (1st & 3rd)</p>
<p>Daily Walk: 8:30 AM at Crossroads Mall, Food Court entrance</p>		<p>Hearing Clinic will be held Tuesday, July 17. Call for appointment.</p>		