



<b>:20 Challenge</b>	<b>Exercise</b>	<b>Number of Completed</b>	<b>Exercise</b>	<b>Number of Completed</b>
	<b>Push-Ups</b>		<b>Side Lunches</b>	
	<b>Sit-Ups</b>		<b>Jumping Jacks</b>	
	<b>Mountain Climbers</b>		<b>Ab Crunches</b>	
	<b>Wall Sit</b>		<b>Plank</b>	
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